

Weekly Contest

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AutoMatters & More

Red Bull Global Rallycross season finale at the Port of Los Angeles.

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Around Town

Jungle Jack Hanna, Int'l Music & Art Festival in Poway, Hamilton at the Civic Theatre, Jazz Jam.

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Navy Marine Corps Coast Guard Army Air Force

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FIFTY SEVENTH YEAR NO. 26
THURSDAY, JANUARY 4, 2018



Medical Center San Diego welcomes its first baby of year

SAN DIEGO - Naval Medical Center San Diego welcomed its first newborn of the year Jan. 2 at 12:34 a.m.

Weighing in at 7 pounds, 9 ounces, Wilson Quinn Anderson is 19 inches long. Baby Wilson was introduced to the world by his mother, Mindy F. Anderson, and father, Alan W. Anderson.

Naval Medical Center San Diego delivered 2,693 babies in 2017.

(top) Registered nurse Kathryn Banez, Naval Medical Center San Diego Maternal Infant Nursing Department (left), Alan Anderson (right), and Mindy Anderson (center), welcomed NMCS D's first newborn, Wilson Quinn (right). Official Navy photo



Navy's newest LPD is San Diego bound



GUANTANAMO BAY, Cuba (Jan. 2, 2018) - The soon-to-be commissioned San Antonio-class amphibious transport dock ship *USS Portland* (LPD 27) transits Guantanamo Bay during a brief fuel stop. The ship is currently on its way to home port in San Diego, and is scheduled to be commissioned in its namesake city of Portland, Ore., in April. Navy photo by MC1 John Philip Wagner, Jr.

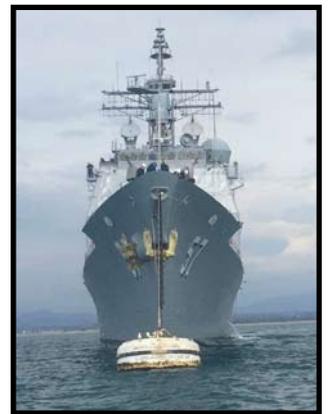
Lake Champlain deploys on WestPac

SAN DIEGO - The 30 officers and 300 enlisted crew of *USS Lake Champlain* (CG 57) left San Diego Jan. 4 for a regularly scheduled deployment to the Western Pacific.

The guided-missile cruiser will deploy as part of the *Carl Vinson* Strike Group. It completed a six-month deployment to the Indo-Pacific region last year.

Lake Champlain is led by Capt. Jen Ellinger who assumed command in September.

Commissioned on Aug. 12, 1988, the Ticonderoga-class guided-missile cruiser is operated by more than 350 Sailors and carries Tomahawk missiles, standard SM-2 surface to air missiles, two 5-inch dual purpose guns, and two SH-60 Seahawk helicopters.



USS Lake Champlain

Inside ...



... tour for the team.

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Defeat-ISIS coalition reflects on 2017, looks forward to 2018

SOUTHWEST ASIA (Jan. 1, 2018) - Today, the 70 nations and four organizations that comprise the coalition that's dedicated to the defeat of the Islamic State of Iraq and Syria reflect on progress made in 2017 and look forward to 2018, Combined Joint Task Force Operation Inherent Resolve officials reported today.

The defeat-ISIS campaign, which commenced in 2014, achieved its most significant progress in 2017 as key cities in Iraq and Syria, including Mosul, Hawijah, Qaim, Tal Afar, Raqqa and Tabqah, were systematically liberated from ISIS' so-called caliphate, officials said.

During 2017, over 61,500 square kilometers of territory was liberated from ISIS across Iraq and Syria, meaning "more than 98 percent of the land once claimed by the terrorist group has been returned to the people," said Army Lt. Gen. Paul E. Funk II, commanding general of Combined Joint Task Force Operation Inherent Resolve.

More than 4.5 million people were liberated from ISIS oppression in 2017, said Funk, who added this represents a "remarkable achievement by our partners leading to [the liberation of] a

grand total of 7.7 million people over the three years of Operation Inherent Resolve."

The coalition began 2017 with 67 member organizations, and concluded the year with 74, Funk said. This, he said, indicates the international resolve to defeat ISIS is "stronger than ever, and we will continue our efforts to prevent the resurgence of this perverse ideology."

ISIS' "repressive ideology continues," said the general. And, he said, the conditions remain present for ISIS to return.

"Only through coalition and international efforts can the defeat [of ISIS] become permanent," Funk said.

The coalition looks forward to further success in 2018, and those who made the ultimate sacrifice in the global effort to defeat ISIS in 2017 will be remembered, officials said. This includes hundreds of brave Iraqis and Syrians who gave their lives for their nations, service members from coalition nations and the many innocent Iraqis and Syrians who have died as a result of ISIS' terrorism, officials said.

As 2018 begins, the Iraqi gov-

ernment looks forward to continuing to help its people rebuild after the nation's complete liberation from ISIS, officials said. Syrian Democratic Forces remain engaged in the final phases of liberating the middle Euphrates River Valley, said officials.

Building on these accomplishments, the coalition's efforts are refocusing on supporting the international community's whole-of-government efforts to prevent the re-emergence of ideology-based terrorism and to assist partners in bolstering security that will enable stability in the region and around the world, officials said. The future success of non-military activity will be decisive in the defeat of ISIS, officials said.

The coalition's contribution will be largely through continued training of Iraqi security forces and the Syrian Democratic Forces, who will provide security for their people and their national borders, officials said. The coalition will build on the training that has already been delivered to over 126,500 Iraqis and more than 12,500 Syrians to date, said officials.

Support from the international community is vital to the defeat

of ISIS and achievement of stability in the region," said British army Maj. Gen. Felix Gedney, deputy commander of strategy and support for CJTF-OIR.

Despite a string of successes by ISF and SDF, much work remains to ensure the enduring defeat of ISIS, officials said. The terrorist group is still attempting to establish regional networks and remains a regional and global threat through its ability to organize or inspire acts of violence against innocent people around the world, officials added.

Coalition officials urge international governments and nongovernmental organizations to answer the call of the Iraqi and



Members of the Iraqi security forces provide security during rural combat training at Camp Taji, Iraq Nov. 18. Camp Taji is one of four Combined Joint Task Force Operation Inherent Resolve locations dedicated to training partner forces and enhancing their effectiveness on the battlefield. CJTF-OIR is the global coalition that's dedicated to the defeat of the Islamic State of Iraq and Syria. Army photo by Cpl. Rachel Diehm

Syrian people to build conditions that prevent the re-emergence of violent extremism, so that the people of Iraq and Syria can be permanently freed from the horrors of ISIS.

Colonels offered chance to voluntarily serve past 30 years

The Line of the Air Force Colonel Continuation Board will begin in January, allowing eligible members to voluntarily serve an additional three years past the active-duty retirement time of 30 years.

The continuation board will assess the records of the 50 Line of the Air Force colo-

nels who meet the mandatory retirement dates between Feb. 1, 2018 and Feb. 1, 2019. All eligible officers will be offered the opportunity to remain on active duty for an additional three years.

If the board selects an officer for continuation, the officer's chain of command will receive

the notification for consideration and present to the eligible colonel for acceptance.

All LAF Air Force specialty codes are eligible, and all continuation is voluntary. Eligible officers were notified by Dec. 31.

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Socom's HEROs combat human trafficking to save children around the globe

by Shannon Collins

WASHINGTON - January is National Slavery and Human Trafficking Prevention Month, and the Defense Department has teams who work year-round to combat these crimes worldwide.

The Human Exploitation Rescue Operative, or HERO, Child-Rescue Corps is a program developed by U.S. Special Operations Command, Warrior Care Program-Career Transition, the National Association to Protect Children and U.S. Immigration and Customs Enforcement, said Army Col. Kimberly Moros, chief of Socom's career transition initiatives.

"The HERO Child-Rescue Corps Program is designed for wounded, injured and ill transitioning service members and veterans who receive training in high-tech computer forensics and law enforcement skills to assist federal agents in the fight against online child sexual exploitation," she said. "Upon successful completion of the program, HERO interns will have the knowledge, skills and experience to apply for careers with federal, state and local police agencies and other organizations in the field of computer forensics."

Since 2013, more than 130 veterans and transitioning service members have entered the HERO program. Of the successful graduates, 74 have been offered careers in federal law enforcement and another 31 are in internships, Moros said.

"HEROs and HERO interns now make up over 25 percent of the Homeland Security computer forensics workforce," said Robert Kurtz, unit chief for HERO at Homeland Security Investigations.

"Human trafficking includes using force, fraud or coercion to compel a person to provide labor, services or sex. It's a violation of basic human rights," said Linda Dixon, DoD Combating Trafficking in Persons Office Program Manager. "Combating trafficking in persons is a duty that DoD takes seriously as we do in other situations that bring harm to our nation. It is a global concern, and our goal is to educate every member of DoD on how to recognize and report human trafficking in the U.S. as well as around the world."

The three most common forms of trafficking, according to DoD's Combating Trafficking in Persons office, are forced labor, sex trafficking, and child soldiering.

Moros said the idea behind the

HERO Corps is a simple one.

"When it comes to hunting those who prey on the innocent,



who better than our nation's most highly trained military veterans?" she said. "Much of today's human trafficking and child sexual exploitation is technology facilitated. Offenders utilize the internet and digital technologies to coordinate their activity, advertise, share information and hide evidence. HEROs receive training in coun-

U.S., French forces fortify longstanding partnership during Alligator Dagger

French navy amphibious assault ship LHD Tonnerre (L9014), with embarked U.S. Marines and Sailors from the 15th Marine Expeditionary Unit and Naval Amphibious Force, Task Force 51/5th Marine Expeditionary Brigade, and USS *Lewis B. Puller* (ESB 3) rehearsed amphibious operations and combat sustainment in the vicinity of Djibouti during Alligator Dagger recently.

This iteration of Alligator Dagger marked the first time where this recurring U.S. training exercise was expanded to include French military partners participating in both the at sea and ashore evolutions.

Approximately 1,000 U.S. and French troops trained together to hone critical skill sets that are essential to ensuring regional stability, freedom of navigation and the free flow of commerce in this dynamic and challenging environment. The exercise continued the close cooperation between the U.S. and French Forces deployed on Tonnerre and to rehearse possible contingency operations to provide a highly ready and capable force for crisis response and combat ops.

"As the only standing, forward deployed and fully integrated Navy/Marine Corps command,

ter-child exploitation as well as digital forensics and victim identification. And they are then embedded with federal law enforcement."

She said the HERO Child-Rescue Corps save children in several ways. "As law enforcement first responders, they are at every crime

scene, searching for critical clues that might provide evidence for an arrest or to find a victim," Moros said.

Back at the forensic lab, the HERO is the lead digital investigator, searching out clues that can lead to organized criminal rings, evidence of sexual assault or production of child abuse

imagery, she said.

"In many cases, it has been the relentless focus and military mindset that has allowed HEROs to go beyond the digging that might be done in traditional law enforcement to find a victim," she added.

Kurtz said federal law enforcement is just beginning to track rescues. In 2016, Homeland Security Investigations identified and rescued 820 known child victims from sexual exploitation.

"But the real number is undoubtedly many times greater," Moros said. "As a major segment of the digital forensic workforce, and one especially dedicated to combatting child sexual exploitation and trafficking, they have been instrumental in working hundreds of those cases."

TF 51/5 prides itself in its ability to synchronize forces afloat and ashore to provide immediate and robust crisis response options to the U.S. Central Command and the National Command Authority," said Col. Howard Hall, TF 51/5's director of operations. "While naval integration is the foundation of TF 51/5's effectiveness and success, partnering with French land and maritime forces in Alligator Dagger represents both a manifestation and expansion of naval integration to include our partners and allies."

The bilateral engagements focused on non-combatant evacuation operations; amphibious assaults; helicopter-borne raids; visit, board, search and seizure operations; air strikes; defense of the amphibious task force; integrated ground-and-air fires; tactical recovery of personnel; ground reconnaissance; medical casualty evacuations; combat marksmanship and quick reaction force and casualty evacuation rehearsals.

Alligator Dagger is the largest regional amphibious exercise to integrate and synchronize TF 51/5's warfighting capabilities with those of adjacent U.S. Naval Forces Special Operations Forces units to ensure they are postured and prepared to execute operations at sea, from the sea and ashore.

Lines blurring between special ops, conventional forces, Mattis says

by Jim Garamone

WASHINGTON - There is a blurring line that separates conventional operating forces from special operations forces and the defense secretary expects general purpose forces will eventually shoulder missions once the province of their special forces brethren.

Defense Secretary James Mattis told Pentagon reporters Dec. 29 that the experiences of war since 9/11 have blurred the lines. This change will not be enshrined in strategy, he said, but will come about as a result of policy and the growth of general purpose forces' capabilities.

Mattis said he expects more general purpose forces to take on missions in Iraq and Syria. "In the Trans-Sahel [region of Africa], many of the force supporting the French effort are general purpose forces," the secretary said.

If a mission comes up, the secretary said he'll determine the parameters of it and pass that to the chairman of the Joint Chiefs of Staff. The chairman will then determine what forces take on that mission. They may be special operations forces or general purpose forces with unique capabilities.

This is an evolution of the U.S. military spurred by the lessons of war, the secretary said.

Mattis said he doesn't want a force that is dominant in yesterday's challenges, but irrelevant in today's. The general purpose force, he said, is going to have to have the capabilities that were once associated only with special operations forces.

The secretary gave the example of remotely piloted vehicles. In 2001, he said, the only people who ran drones were special operations forces.

In 2007, an Army captain on one street was looking at a feed from a drone overhead with strike capabilities from the Navy and Army standing by, the secretary said. In the meantime, a "CIA guy was in his headquarters talking with one of his agents in an Army brigade," Mattis said. "That isn't what an Army brigade did in Desert Storm or the Fulda Gap [in what was then West Germany]. The change happened because war initiated those changes. Those are now common capabilities."

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FIND THE CONTEST ENTRY FORM ON PAGE 4.

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Chairwoman and new members appointed to VA Advisory Committee on Women Veterans

WASHINGTON - This week, the U.S. Department of Veterans Affairs announced the appointment of a new chairwoman and four new members to the Advisory Committee on Women Veterans, an expert panel that advises the VA Secretary on issues and programs of importance to women veterans, their families and caregivers.

"As VA continues to work toward modernization, the committee's guidance will assist the department in meeting the important and evolving needs of women veterans," said VA Secretary David Shulkin. "The new chairwoman and new appointees' deep and broad perspectives are invaluable in anticipating these needs."

Established in 1983, the committee provides policy and legislative recommendations to the Secretary.

Current member Octavia Harris, a retired Navy command master chief petty officer from San Antonio, Texas, is appointed as the new chairwoman of the committee. The following are new members of the Advisory Committee on Women Veterans:

- Moses McIntosh, of Hephzibah, Ga., is a retired Army chief warrant officer and immediate past national commander of the Disabled American Veterans, where he served as the official spokesman and provided leadership to the National Executive Committee.

- Yareli Mendoza, of Iowa City, Iowa, is a Air Force vet. She is pursuing a doctorate of philosophy degree in higher education and student affairs, with a specialization in higher education administration and policy.

- Keronica Richardson, of Gaithersburg, Md., is a Army veteran with deployments in support of operations Enduring Freedom and Iraqi Freedom. She serves as the assistant director for Women and Minority Veterans Outreach at the American Legion.

- Wanda Wright, of Tempe, Ariz., is a retired Air Force colonel, currently serving as the director of the Arizona Department of Veterans Services, where she is a state cabinet member, providing leadership and direction for administering benefits and services to veterans and their dependents.

In addition, committee mem-

bers Dr. Kailyn Bobb, a Air Force Veteran, from Plumas Lake, Calif., and Commander Janet West, of the U.S. Navy, are reappointed for an additional term.

For information about VA's benefits and services for women

veterans, visit www.va.gov/womenvet or contact the Women Veterans Call Center at 855-829-6636. The call center is available to address concerns of women veterans, their families and caregivers from Monday to Friday, 5 a.m. to 7 p.m. (PST), and Saturday, 5 a.m.-3:30 p.m. (PST).

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Through their weekly visits to the USO Neil Ash Airport Center, the Therapy Dog Team completes a void that a human can't fill. "Man's best friend" has done it again, by providing an unsaid comfort to active-duty service members and their families. Whether it's a child handling a tough good-bye or a service member gearing up for their flight to their next deployment, these trained and certified service dogs bring an element of sunshine to every room. They come in all shapes and sizes with one thing in common - the talent to turn a frown into a smile. USO San Diego has the local Therapy Dog Team as a partner in its mission to provide a touch of home for the military community.

Social Security Matters

by Russell Gloor

Ask Rusty - Estimated vs. Actual Benefits

Dear Rusty: I am going to stop working in October 2018 at age 62. I do not want to start drawing my Social Security then (at age 62 it would be \$1,005/month; normal retirement is 66 years, 4 months, \$1,454/month). I do not plan on taking another job. I plan to start taking my benefits at my normal retirement date. Will my benefits at normal retirement be reduced for each year I don't work or will they remain at the current amount? Is there a certain percentage they reduce them or a formula they use? Signed: Planning For Retirement



Dear Planning: Okay, so let's first tackle the question of your estimated retirement benefits at age 62 and also at age 66 + 4 months which is your "normal" or full retirement age (FRA). These benefit estimates, which you have gotten from your My Social Security account at the Social Security website, assume your current earnings level will continue until you reach your full retirement age. If you instead stop working at age 62, your actual benefit when you finally start collecting could be less than the estimates they gave you. This is because your benefits are based upon the highest earning years in your work history. If some of the years used to compute your estimates are the assumed earnings between now and when you reach FRA and if you instead have no earnings in those years, your actual benefit will be less than the estimate.

There is no simple percentage of reduction used when you have no earnings between age 62 and your FRA; rather, the standard 35 year benefit calculation formula is used. That formula takes your highest earning 35 years to arrive at your Average Indexed Monthly Earnings and then computes your benefit amount from that average. Since most people have their highest earnings in the latter years of their working career, continuing to work up to the point of collecting Social Security is often a good strategy because those higher earning years will be included in the benefit computation. (It's possible, but not usual, to have all of your highest earning 35 years earlier in your career, in which case stopping work at age 62 would not affect your FRA benefit).

So in your specific case, since you wish to stop working at age 62 and delay Social Security until you have reached your full retirement age of 66 + 4 months, I suggest you first get your earnings statement from your Social Security account and review your earnings history (remember that your prior earnings will be adjusted for inflation before computing your benefit). From your earnings statement, determine if your 35 highest earning years will have already been attained by the time you are 62. If they have, your benefit when you apply at FRA should be close to the estimate; if they have not, and you stop working, your benefit at FRA will be a little less than the estimate. Keep in mind that your actual benefit amount will not be final until you actually apply. Note too that Social Security will start adding COLA to your estimated benefit amount once you reach 62 years of age even though you are not yet collecting, which means you'll get those COLA increases when you finally apply for benefits at FRA.

Russell Gloor is a certified Social Security advisor with the Association of Mature American Citizens. The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

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Fallbrook 2nd Fri. & 4th Wed. monthly 135 S Mission Road Phone: (760) 723-7570	Oceanside VA Clinic M-F: 8 a.m. - 4 p.m. 1300 Rancho Del Oro Dr. Phone: (760) 643-2049	Julian County Library Thurs. (by appt. only) Phone: (760) 765-0370

For a complete list of SD County offices, go to <https://www.calvet.ca.gov/VetServices/Pages/CVSO-Locations.aspx>.

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Career & Education

Navy seeks Spirit of Hope and Fisher Award nominations

Chief of Naval Personnel is seeking nominations for the 2017 Spirit of Hope Award and the Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award in NAVADMIN 312/17.

The awards are named in honor of legendary supporters of service members and their families. Navy is seeking worthy applicants who are either individuals or organizations who will be recognized for their accomplishments during calendar year 2018.

Criteria and instructions on how to submit nominations are detailed in the NAVADMIN. Those nominated will be considered for both awards.

Nominations will be reviewed by a selection committee and endorsed by Deputy Chief of Naval Operations (MPT&E) (OPNAV N1) and forwarded to the Secretary of the Navy.

The deadline to receive nominations is Feb. 9, 2018.

Additional information on the Spirit of Hope Award and the Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award at the following web links:

http://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/readiness/Pages/SpiritofHopeAward.aspx.

The Spirit of Hope Award is presented to individuals or organizations that embody the core values of Bob Hope, who gave generously to military men and women for five decades. The Fisher Award recognizes private sector individuals or organizations that demonstrate exceptional patriotism and humanitarian service for members of the U. S. Armed Forces or their families as inspired by Zachary and Elizabeth Fisher, founders of the Fisher Houses.

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.

INTERPERSONAL EDGE: Create workplace you deserve

by Dr. Daneen Skube

Q. Because of the sexual abuse scandals, my workplace has been discussing sexism, sexual misconduct and change in the workplace. Our office is divided on how to create real social progress. The current scandals almost have the energy of the witch hunt de jour. Men in our office are scared and women are enraged. How do you create real social progress on such a hot topic?

A. There is a saying attributed to Gandhi: "An eye for an eye only makes the whole world blind." Often what passes for social change is when individuals who were formerly prey just become the predator. Clearly, the workplace and world don't need more predatory or abusive energy.

When we are hurt it is normal to be passionate about getting revenge. The old idea of don't get mad gets even is seductive. Ironically what vengeful people are seeking is old fashioned empathy from the party that hurt them. When we go on the war path to hurt someone who has hurt us we just create more hurt and don't receive empathy.

Revenge is served cold because

we usually find the achievement of it hollow. The victory lacks the sweetness of having the party that harmed us understand our suffering and regret their actions. Revenge creates more victims in the world not more empathy.

Should people be held accountable for their actions? Absolutely! Is the increasingly transparency of people behaving badly a force for change? Absolutely! Should restitution be required when harm has been proven? Absolutely! Should people who have been harmed destroy the people they have been harmed by? Absolutely not!

The workplace gives us an opportunity to ask ourselves what kind of world we deserve to live in. We then get to make choices to create the world we want.

The national encouragement going on right now for all people to speak up is fantastic social progress. There is great truth that evil gets free reign when good people do and say nothing.

However, in our enthusiasm to punish the "bad" people we can end up trampling the more empathic world we seek. Going on a holy war over any cause just

creates more war. There is actually an effective middle speed between being the victim or the abusive punisher.

Giving ourselves and others room to be innocent in and out of the press until all the facts are known is a start. When we give time for facts to come out people they have behaved badly will still be accountable but innocent people won't be destroyed by the holy war.

Another benefit is we don't have to walk around scared of each other. Remember the witch hunt in Salem where everyone was terrified all the time? Do we want to create a climate in every workplace where everyone is scared of each other all the time?

Again, accountability and transparency benefit all workplaces. Conversation and negotiation about what we do and don't want is effective. Speaking up with clarity and kindness is important. Becoming abusive ourselves and waging a war of terror on anyone and everyone we believe harmed us just creates more terror in our world.

We don't need more isolation, more fear, more mistrust, more

abuse, and less empathy in our workplaces. None of us want to live in a workplace where these qualities are common place. In order to make our workplaces spaces we want to inhabit the change starts with not becoming what we hate in our passion for revolution.

Our society needs a revelation that we will all make mistakes more than a rage filled revolution. Living in a world where we can screw up, be revealed without being destroyed, learn, make restitution, and pull together is perhaps the most important challenge of our workplace and our times.

So on Monday ask yourself, What world do you want to live in, and what are you going to do yourself to create that world in your office today?

Q. I've been working on an important project that will protect the future of our company, but the change has made me very unpopular. Is there a way to shake things up without making enemies?

A. No, a person with zero enemies isn't doing anything very interesting!

On Base & On Board

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Daily Drop-In Games NAB, Community Recreation Center, Bldg. 337 Stop by to try one of our NEW daily drop-in games! PS4 virtual reality games, board games and more! Available daily 10 am-5 pm. Info: 619-437-3190

NASNI Bird Walks Friday, January 5, 8-9 am, FREE Enjoy a fun, guided, beach walk listening to the ocean sounds and indigenous birds chirping. Walk begins from the Navy Lodge lobby. Info: 619-435-0191

Clay Pot Pets Saturday, January 6, 2 pm, \$3 NBSD Waterfront Community Recreation Center, Bldg. 45 Get into the spirit for our Zovargo show next Saturday by transforming a clay pot into a fun, furry pet. All supplies included. Info: 619-556-9597

"How To" Tuesday: Anchor String Art Tuesday, January 9, 6 pm, \$8 (suggested age 10+) NAB Community Recreation Center, Bldg. 337 Make a beautiful anchor using nails, strings and rope. Then finish it off with sand and seashells. Check out our craft flyer or Facebook page for craft example. Registration required: 619-437-3190

Pathfinder Thursday, January 11, 6 pm, FREE NBPL, main base, The Club House, Bldg. 546 Embark on an epic quest of awesome! Gather your friends for a casual introduction to a fun pathfinder role-playing adventure. Register in advance to receive an in-game advantage. Info: 619-553-9138

GOLF

FREE Active Duty Golf Clinics Wednesday 5-6 pm and Friday 12-1 pm Improve your game with professional instruction! For more details contact the Naval Base Golf Performance Center at 619-556-7502.

Tee Time Golf Specials Pre-book tee times Monday-Thursday 9:30 am-1 pm for two golfers with cart and save \$3 on each golfer. Book your tee time using Promo Code: WW2WC. Not valid with any other promotions. Book online at www.navylifefsw.com or call Admiral Baker Golf Course at 619-487-0090 and Sea 'N Air Golf Course at 619-545-9659.

Junior Golf Clinics Every Saturday • 10-11 am • \$20 Kid's 6-17 years, learn fundamentals, etiquette and golf rules in a fun, friendly environment. For more details contact the Naval Base Golf

Performance Center at 619-556-7502 or Sea 'N Air Golf Course at 619-545-9659.

Winter Series 2017-18 Check-in from 7-7:45 am • 8 am Shotgun start • \$55 18-hole team formats TBD. Cost includes golf, cart and prizes. Food, awards and prizes follow golf. Sunday, January 21 Sunday, February 18 Contact the Golf Shop for complete details: 619-487-0090



Whale Hello There!

Monday, January 8, 11 am,

Info: 619-556-2174

FREE NBSD Waterfront Tickets & Travel Office, Bldg. 45 Whale watching season is back and tis class focuses on the trips offered by Hornblower and Flagship Cruises & Events. We'll cover departure time and what to expect while out on your whale watching adventure.

BOWLING

Cosmic Bowling Sea 'N Air Lanes, NASNI – Every Friday and Saturday night, 8 pm-midnight Admiral Robinson Recreation Center, NBSD – Saturday, 9 pm-midnight Visit one of MWR's Bowling Centers for "out-of-this-world" bowling. Everything glows under black lights while the fog rolls in and wild music blasts you to another dimension. Bring the whole family and enjoy the "cosmic" scene!

Roll & Grow Saturdays, 9:30 am, \$5/per week Admiral Robinson Recreation Center, NBSD

Monday Madness Bowling \$1.25 per game, shoe rental \$1.25,

hot dog \$1.25, soda \$1.25 Get great these great deals at Admiral Robinson Recreation Center, NBSD, and Sea 'N Air Lanes, NASNI. For more information call 619-556-7486 or 619-545-7240. **Tuesday Night BOGO** 5 pm-Close Join the fun! Buy one game and get one FREE at Admiral Robinson Recreation Center. For more information call 619-556-7486. **Thursday Red Pin Prize** Night Bowling 6 pm-Close Enjoy playing various non-skill based games where you can WIN great prizes! Available at Admiral Robinson Recreation Center, NBSD, and Sea 'N Air Lanes, NASNI. For more information call 619-556-7486 or 619-545-7240.

LIBERTY

Outreach Mondays 2nd Monday at NBPL, Main Base • 4th Monday at NBPL, Harbor Drive Annex 10:30 am-12:30 pm • FREE Sign up at your base Liberty Center today! Visit our booth to sign up for upcoming trips and events. Enjoy FREE activities and treats! Info: 619-524-6587

Game Night @ Liberty Hall Mondays • 6-8 pm • FREE Game Night every Monday -- what will it be this week! Board games, card games, video games and more! Info: 619-524-6587

Pool Tournament @ Liberty Hall Tuesdays • 6-8 pm • FREE Game play varies weekly. Always a chance to win prizes! Info: 619-524-6587

Weekly NFL Picks @ Liberty Hall Thursdays • Due by 5 pm • FREE Submit your picks each week before the start of Thursday Night Football. Person with the best record gets their name on our "Winner's Board" and a VIP seat at our Super Bowl Party Liberty Hall: 619-524-6587

Comedy Improv Theatre Friday, January 5 • 7 pm • \$15 Get ready for laughs! Info: 619-545-3331

San Diego Gulls Game Friday, January 5 • 6 pm • \$13 See the San Diego Gull take on the San Jose Barracuda. Cost includes ticket and transportation. Info: 619-437-3190

The Pitstop @ Bldg. 57, Harbor Drive Annex Thursdays • 3-5:30 pm • FREE January 5 – Moon Pies Info: 619-524-0961

Twilight Crabbing Saturday, January 6 • 5 pm • \$80 active/\$90 guest Are you game? The reward is in the eating of these succulent crustaceans. Info: 619-437-3190 **Twilight Crabbing** Saturday, January 6 • 5 pm • \$80 active/\$90 guest Are you game? The reward is in the eating of these succulent crustaceans. Info: 619-545-3331

Deep Sea Fishing Saturday, January 6 • 5 am • \$70 Boat out of San Diego Bay with H&M Landing, Point Loma Sportfishing and Fisherman's Landing! We'll visit the kelp beds near Cabrillo Monument. As a bonus, the scenery is awesome, especially for those seeing it for the first time. Info: 619-556-5085

About Your Health

Air Force antibody research could save lives during disasters

by Holly Jordan

Natural or man-made disasters can result in large-scale catastrophes for vast populations, but through a technology licensing agreement with local innovators, the Air Force Research Laboratory Materials and Manufacturing Directorate is looking to ease the burden and put bio-technology to use for humankind.

When large groups of people are suddenly cut off from electricity, shelter, and medical supplies, the initial crisis may be only the tip of the iceberg. Sanitation issues, disease and

physical fatigue are among the many widespread and lingering problems that may arise from poor conditions. AFRL, along with Dayton-based innovators, S.A. Wyze (Situational Awareness Wisdom) hope to help alleviate this suffering with the help of Ultra-Stable Antibody Liquids.

These unique antibodies, developed by an in-house team of AFRL researchers, are shelf-stable and easily transportable, which could translate to vast improvements to medical diagnostics and treatment in remote



AFRL project researchers Dr. Joseph Slocik (left), Dr. Rajesh Naik, and Dr. Patrick Dennis review the recently-signed licensing agreement that grants locally-based innovators S.A. Wyze exclusive rights to use AFRL-developed Ultra-Stable Antibody Liquids technology for human diagnostic work. U.S. Air Force photo by Kristi Singh

the protein liquids they were developing displayed some unique properties that could greatly improve the stability of antibodies as we know them.

"The biggest thing about these antibody liquids is that they're extremely stable, so you can heat them up to hundreds of degrees and they're still active and they still maintain their structure," said project researcher Dr. Joseph Slocik.

AFRL project researchers Dr. Joseph Slocik (left), Dr. Rajesh Naik, and Dr. Patrick Dennis review the recently-signed licensing agreement that grants locally-based innovators

S.A. Wyze exclusive rights to use AFRL-developed Ultra-Stable Antibody Liquids technology for human diagnostic work. U.S. Air Force photo by Kristi Singh

He explained that the AFRL team developed this material by removing all water from the antibodies, while preserving the protein structure and function. Doing so allowed the modified antibodies to retain the same binding properties as traditional antibodies, but without refrigeration. Slocik added that the antibodies displayed other useful characteristics as well. They are viscous in nature, so they can be stamped or printed for precise placement for use in biosensors or diagnostics.

Recognizing the vast potential of these unique materials, the AFRL Materials and Manufacturing Directorate Technology Transfer office, led by Sunita Chavan, coordinated with the project researchers to investigate its potential transition for real-world commercial use.

"Our goal is to take innovation beyond the laboratory. If we see a dual-use potential—meaning our technology can be used not only for military purposes, but for commercial uses as well—we will pursue that," Chavan said. She explained that through cooperative partnerships with commercial researchers, the capabilities of AFRL technologies can be fully unleashed, leading to better products for both military and commercial purposes.

Healthy Living

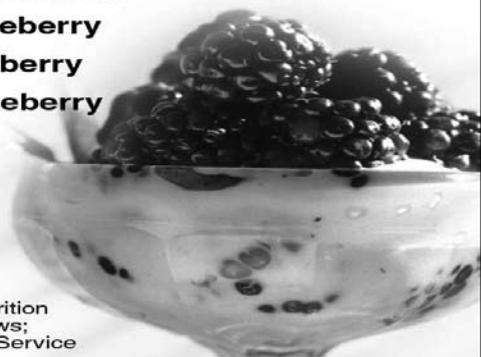
Think purple

Purple berries contain antioxidants called anthocyanins, which have anti-inflammatory properties that can protect blood vessels.

The darker the berry ...

... The higher its anthocyanin content; here are some to choose

- Blackberries (shown here)
- Black currant
- Chokeberry
- Elderberry
- Gooseberry



Source: Nutrition Science News; TNS Photo Service

and disaster-stricken areas.

Traditional antibodies—proteins that are the vital component in vaccinations, therapeutics, and medical diagnostics—are extremely sensitive to temperature and can quickly degrade and become ineffective if not refrigerated properly. In fact, some types of antibodies are so sensitive that they require very precise sub-zero Celsius stor-

age temperatures. This volatility makes them extremely difficult to transport, store and deploy in the field, particularly in remote or isolated areas.

While working on an unrelated biological materials project funded by the Air Force Office of Scientific Research, the AFRL research team of Dr. Rajesh Naik, Dr. Patrick Dennis and Dr. Joseph Slocik discovered



Places of Worship



Bayview Baptist Church

6126 Benson Avenue, SD 92114 (619) 262-8384
 Sunday 7:00 am, 9:00am and 11:00 am Worship Service
 2nd Wednesday's 6pm YLoV and YMoV
 Wednesday Night Live (WNL) 7pm
 "A Multi-Cultural, Multi Ethnic, Multi Generational Church"
www.bayviewbc.org

Canyon View Church of Christ

"Love God, Love People, Serve the World"
 Sunday Bible Classes for all ages 9:00 am
 Sunday Worship 10:00 am, 6:00 pm
 Wednesdays: Pizza and Fellowship 6:30 pm, Bible Study 7:00 pm
 4292 Balboa Avenue, San Diego 92117 (Located near the corner of Balboa Avenue and Clairemont Drive) (858) 273-5140
www.canyonview.org Email: cvoffice@canyonview.org

Christ Community Church

Helping people love God and each other more!
 Sundays at 8:45 am & 10:30 am with Children's Ministries for All Kids!
 Small Groups for Teens and Adults of all Ages!
 9535 Kearny Villa Rd., Mira Mesa 92126; Located just off Miramar Rd. & I-15
www.gotoChrist.com or (858) 549-2479
 @gotochrist or facebook.com/ccscsd

City of Faith Family Worship Center

6265 University Avenue, San Diego CA 92115, (619) 265-2921
www.cityoffaithFWC.org
 Join us on Sunday for Christian Education 9am, Morning Worship at 10 am
 Wednesday - Bible Study 7pm -8 pm

City of Praise

The Perfect Place for Imperfect People to Mature in Christ!
 A place to belong with exciting life related messages for everyday living.
 See you at Sunday School - 9:00am & Sunday Morning Celebration-10:30am
 Tues Bible Connection-7pm Location: 2321 Dryden Rd., El Cajon, CA 92020
 619.749.1767 visit us at www.thecityofpraise.org & [twitter@citybishop](https://twitter.com/citybishop)
 Bishop Stephen M. Brunson, Senior Pastor, USN, Retired

First Baptist Church

"Reach Up, Reach Out, Reach the World"
 Interim Pastor Jim Baize www.fbcoronado.com
 Sunday Bible Study 8:45 am, Sunday Worship Service 10 am
 Friday's Women's Bible Study 9:30-11:30 am
 445 C Ave, Coronado, CA 92118 (619) 435-6588
ariel@fbcoronado.com FB: First Baptist Church of Coronado

New military families are moving to San Diego every day. Invite them to worship with you in the Dispatch Church Directory. (619)280-2985

Lighthouse Baptist Church

"Where the Shout has not Died Out"
 1345 Skyline Dr, Lemon Grove, CA 91945
 Sunday School and Adult Bible Classes: 9:30 am
 Sunday Morning Service 11am, Sunday Evening at 5:30pm
 Midweek Service and Teen Church, Thursdays at 7pm
www.lighthousebaptist.com (619) 461-5561

Lakeside Community Presbyterian Church

"Where the Word of God is Living and Active"
 Sunday Worship at 9:30 AM
 Sunday School for all ages at 11AM
 Enrollment in our Preschool currently available.
 9908 Channel Road (One Block North of Woodside)
 Lakeside, CA 92040 (619) 443-1021
www.lakesidepc.org

Mesa View Baptist Church

Dr. Darrow Perkins, Jr., Th.D. Pastor/Servant
 Seeking Sinners; Saving Souls, Strengthening Saints
 Sunday Church School at 8:45 am
 Morning Worship at 10 am
 Wednesday Night Bible Study 7 pm
 13230 Pomerado Rd, Poway CA 92064
www.mesaview.org (858) 485-6110

Mt. Moriah Christian Church

"Purpose Driven" Gospel Church
 Multi-Cultural, Non-Denominational
 Services on Sunday at 9 a.m. and 11 a.m. Near Miramar Base
 L.J. Thomas - Sr. Pastor
 7055 Carroll Rd, San Diego CA 92121
 (858) 335-5795 www.mtmoriahcc.org

Santee United Methodist Church

"A Place To Be Loved, A Place To Belong"
 Rev Christian DeMent Pastor
 Sunday Worship at 8:15 & 10am
 Children's Sunday School at 10am, Youth Group at 11:30am
 8964 N. Magnolia Ave., Santee (Near Mission Gorge)
www.santeeumc.org/619.448.4456

St. Luke's Lutheran Church

5150 Wilson Avenue, La Mesa, CA 91942
 Phone: 619-463-6633
 website: www.st-lukes-la-mesa.org
 Worship: 9:00 am
 Pastor: Mark Menacher, PhD.
 We thank you for your service!

The Kid's Doctor: Keeping your baby calm at the doctor's office

by Sue Hubbard, M.D. www.kidsdr.com

I imagine that you have heard the saying, "Motherhood is the necessity of invention." It seems I must use this saying often, as I can overhear my nurses quoting me and using the phrase as well.

There are many times I find myself in an exam room with a young patient and his or her mother when the mother says, "I forgot the..." Sometimes it is a diaper (easily available in any pediatrician's office), maybe a bottle (we have those too), a child's favorite "lovie" (dirt), and in many cases a pacifier. Getting through the office visit without some of these necessities may make not only the child miserable, but also the parent.

Just the other day an adorable 5-month-old and her mother came in because the baby had a cold and some eye drainage. Her mother was concerned that she might have an ear infection.

The first part of my exam was easy, and the baby had a clear chest and no respiratory distress. She let me look at her nose and throat as well. Then it was time for the ear exam; the ear canals were waxy and I could not see her ear drum. This means I had to use an instrument to remove the wax from the ear canal to get a good look at her ear drum.

The first ear was cleaned out and her ear drum was clear! But the second ear was more difficult to clean and the baby started to wail. Her mother looked frantically for something to soothe the baby, but she had forgotten her diaper bag.

Once the ear canal was cleaned, the baby was pronounced ear infection free. While this was great news for the mother, the baby continued to cry loudly and angrily.

I was trying to discuss the cold with the mother, but it was difficult for either of us to hear with the baby screaming. What to do? The only thing I had in the exam room was the basket of lollipops and stickers that we offer to children at the end of their exam. I tried making a "sticker pop" on a tongue depressor to entertain and distract the baby; no such luck. The mother then looked at the lollipops, took out a grape one, unwrapped it and put in the baby's mouth. Instant calm and smile on her face! There was hysterical laughter from both of us as we took a picture to send to the father with the caption, "Baby's first food!" Priceless.

Motherhood really is the necessity of invention!

Dr. Sue Hubbard is an award-winning pediatrician, medical editor and media host. "The Kid's Doctor" TV feature can be seen on more than 90 stations across the U.S. Submit questions at <http://www.kidsdr.com>. The Kid's Doctor e-book, "Tattoos to Texting: Parenting Today's Teen," is now available from Amazon and other e-book vendors.



"It just didn't work out between Roy and me. I'm Wall Street Journal and he's BuzzFeed."

Battling millennials and military brats



by Lisa Smith Molinari

"You guys are SO loud," our 19-year-old daughter whined, loping downstairs into the kitchen where my husband and I were chatting. Her hair was a rat's nest. One sock was half off, the excess flapping with each step. She was wearing the sweater she'd had on the day before and had slept in.

The clock read twelve-thirty-five in the afternoon.

"I'm sorry, Anna, did we wake you?" I said with enough sarcasm to curl the wallpaper. She yawned and poured herself a cup of coffee, tsking when she realized the pot had gone cold. Anna stood with the refrigerator door open for what seemed like eons, before selecting eggs and the fresh avocado I had bought for taco night.

There was a half avocado beginning to brown on the edges but perfectly usable, sitting right beside the new one. But after a

semester of college fashion design classes, sorority functions, and weekend tailgate parties, Anna felt fully entitled to our hospitality while on winter break. That included laundry service, use of a vehicle, gas money, free wifi, home-cooked meals, the right to steal our phone chargers, and apparently, fresh avocado for her breakfast... or lunch, as it were.

up the tuition we were paying for her to pursue a degree in fashion.

"Pick your battles," I thought. "She's artistic."

Suddenly, I was startled by the presence of our 22-year-old son in the hall.

"Oh, Hayden, you're up?" I said, genuinely surprised. While

we asked of him with, "I don't know."

"Pick your battles," I thought. "He'll talk to us some day."

"Hayden, will you walk the dog please," I requested.

In bare feet and pajama pants with bits of pillow fuzz in his beard, he sighed. "Well, I'm about to eat lunch." Hayden did take the dog on a long walk, but not until he polished off the rest of the good deli meat and expensive cheese. In his pajama pants. At three in the afternoon.

As military brats, our kids know that their father's 28 years of active duty service paved and paid the way for their college educations. They respect that I stayed home to manage our family. Having lived overseas, they know the importance of worldliness, adaptability, and lasting friendships. Living on a military family budget, they understand the value of a hard-earned dollar.

But ironically, our resilient military brats are also self-absorbed Millennials who were forced to move every few years. Self-absorbed Millennials who gave up friends, homes, and schools many times. Self-absorbed Millennials who are now away at college most of the year.

"Pick your battles," I thought. It's okay if they can finally take home for granted.

the meat and potatoes of life

"Pick your battles," I thought. "We'll survive without the avocado."

Thirty minutes later, there was a knock at the door. "Taylor and I are going for a walk on the beach. Should I take the dog?" Anna called from the front hall.

"That would be great," I replied, relieved to scratch the task off my To-Do list. "Just remember to keep him on a leash," I warned.

"Oh," Anna reconsidered, "never mind then." Without brushing her pillow-head out, she pulled on her thigh-high boots, grabbed the fluorescent orange camouflage hunting jacket she'd recently bought from a thrift store, and propped a pink pair of reflective sunglasses on the end of her nose.

I watched as she pranced off in the odd outfit, silently totaling

home on winter break from college, Hayden's natural waking time was two in the afternoon and it was barely one-o'clock. "Why didn't you come into the kitchen to chat with Dad and me?"

"I don't know."

Hayden was a few months shy of graduating from a major research institution with a degree in Computer Science. He was earning As and Bs in intensive courses such as Cryptography and Network Security, Linear Algebra, Graph Theory, Data Mathematics, and Parallel Programming. He had already accepted a job offer to be a Software Engineer after graduation, at a starting salary that took my husband over a decade to attain in the Navy.

But, invariably, Hayden answered almost every question

'Tis the season for ticks; Seven tips to protect yourself

Sure, it's the holiday season. But did you know that here in San Diego County it's also tick season?

That's right. Ticks. Those little, eight-legged, bloodsucking parasites that creep you out when you find them latched onto you, your kids or your pets.

So, before you take advantage of the cooler weather to run outside and venture into nature, you might want to arm yourself with some simple protection tips — starting by wearing insect repellent and using flea and tick control products on pets.

Protecting yourself is important because even though tick-borne illnesses are rare in San Diego County, ticks can potentially spread a bunch of diseases, including Lyme disease, tularemia (also known as rabbit fever) and spotted fever illnesses.

Ticks aren't insects, they're actually arachnids — related to spiders, scorpions and mites. They have hard, flat external skeletons and they feed on blood. You're probably not go-

ing to run across them in urban or suburban areas, but you can find them — or rather, they can find you — if you like to walk into canyons or backcountry areas.

Ticks "quest" to find hosts by crawling up onto blades of grass or brush, perching and thrusting their hook-like front legs out into the air. When a person or animal brushes by the tick latches on and looks for a place to bite.

Here are seven tips to help keep ticks away:

1. Wear Insect Repellent

First thing, if you're heading outside, wear insect repellent — the national Centers for Disease Control and Prevention (CDC) recommend using repellents approved by the Environmental Protection Agency (EPA): one that contains DEET, picaridin, IR3535, Oil of Lemon Eucalyptus, or 2 undecanone.

2. Stay on Designated Pathways

If you're hiking or walking in open space or canyon areas, stay

on designated pathways. Choose wide trails and walk in the center. Remember, ticks "quest" for people and pets by crawling on leaves of grass or brush, waiting to latch on to passers-by.

3. Avoid Grass and Brush; Don't Handle Rodents

Try to stay out of grassy or brushy areas. And do not handle wide rodents. Yes, squirrels are cute! But they can come with their own menagerie of critters. Ticks, for one. Fleas that can carry plague for another.

4 Frequently Check Your Clothing, Body and Companions for Ticks

Check yourself and your companions to make sure ticks haven't hitched a ride. Dress for success. Ticks are small. Wear light clothing so they're easier to spot. Tuck shirts into pants and pants into socks to keep ticks away from skin.

5. Leave Pets at Home or Keep Them Leashed

Ticks love pets. Leaving them at home solves the problem. But if you can't, keep them leashed

and on the trail. If your pets haven't already been treated with a tick and flea regimen, use insecticide powders or sprays labeled for tick control.

6. When You Get Home, Check Clothes, Gear and Pets

Before you head back inside, double-check your clothes, gear and pets for ticks. Ticks can hitchhike into your home on clothes and pets — and bite you later.

7. If a Tick Bites You or Your Pet, Don't Panic

Just carefully and immediately remove it. Ticks burrow partway into the skin to feed. The CDC recommends removing ticks by grabbing the tick with tweezers as close to the tick's head as possible and pulling out steadily and firmly.

For more information about ticks go to the County of San Diego Department of Environmental Health's Tick Web page at <http://www.sandiegocounty.gov/content/sdc/deh/pests/ticks.html>

Local Military

CNO and MCPON visit USS Theodore Roosevelt

by MC1 John Hetherington
ARABIAN GULF-The Chief of Naval Operations (CNO) Adm. John Richardson and Master Chief Petty Officer of the Navy (MCPON) Steven Giordano got underway aboard aircraft carrier USS *Theodore Roosevelt* (CVN 71) Dec. 29-30, following the ship's scheduled port call in Jebel Ali, Dubai.

While aboard *Theodore Roosevelt*, Richardson reenlisted 60 Sailors and recognized them for their dedication and resolve while forward deployed to the 5th Fleet Area of Operations.

"To all the Rough Riders, I just wanted to tell you how much I appreciate and respect everything that you're doing, particularly deployed," said Richardson. "You've come together as a TR family. You're executing your mission. The words of this oath, words like faith and allegiance, bind us all together. We're all one team bounded by our commitment of this oath."

Richardson and Giordano toured several of the ship's spaces and spoke with senior leaders in the Chiefs' Mess and Wardroom.

"These platforms are noth-

ing without each and every one of our Sailors operating and doing extremely well," said Giordano. "To all the Sailors deployed including those here operating forward deployed on the *Theodore Roosevelt*, thank you. Thank you for being there, Shipmates."

The CNO also addressed the crew over the ship's general announcement system and commended their efforts and sacrifices supporting the nation's mission in the U.S. 5th Fleet area of operations.

"*Theodore Roosevelt* Strike Group is here in the gulf, contributing to strikes that will be the final death blow to ISIS," said Richardson. "You have done a magnificent job and everybody is grateful and completely impressed with the level of warfare that you have demonstrated. There should be no safer place in the world than to be a member of the *Theodore Roosevelt* strike group and there should be more dangerous place in the world than to be on your target list."

More than 5,000 Sailors and Marines serve aboard *Theodore Roosevelt* with embarked staff from Carrier Strike Group (CSG) 9, Destroyer Squadron

(DESRON) 23, and the squadrons and staff of Carrier Air Wing (CVW) 17.

CVW-17 squadrons include the "Stingers" of Strike Fighter Squadron (VFA) 113, the "Mighty Shrikes" of VFA-94, the "Fighting Redcocks" of VFA-22, the "Checkerboards" of Marine Fighter Attack Squadron (VMFA) 312, the "Cougars" of Electronic Attack Squadron (VAQ) 139, and the "Sun Kings" of Carrier Airborne Early Warning Squadron (VAW) 116.

The *Theodore Roosevelt* Strike Group's deployment to the 5th Fleet area of operations supports Operation Inherent Resolve and signals the continued commitment to defeat and destroy ISIS. In addition to anti-ISIS missions, the strike group is conducting maritime security operations to reassure allies and partners, preserve freedom of navigation and maintain the free flow of commerce.

Theodore Roosevelt left its homeport of San Diego Oct. 6, for a deployment to the 7th and 5th Fleet areas of operations. *Roosevelt's* last deployment to U.S. 5th Fleet was in 2015 during the ship's homeport shift from Norfolk.

Replenishment at sea aboard USS San Diego

by 1st Lt. Maria Arnone
5TH FLEET AREA OF OPERATIONS - A single bead of sweat dripped from the furrowed brow of a Marine's forehead, travelling down the rest of his face in a single, straight line, mirroring the line that Marines and Sailors of USS *San Diego* (LPD 22) and embarked 15th Marine Expeditionary Unit had formed to begin resupplying the ship during a replenishment at sea, Dec. 22.

A replenishment at sea, also known as an underway replenishment, is a method of transferring fuel, munitions and stores from one ship to another while underway. While this is a common occurrence for San Diego, this particular RAS was unique.

Usually an underway replenishment is done as a vertical replenishment, where helicopters deliver pallets of food from one ship to another, or a connected replenishment where liquids such as fuel and fresh water, along with ammunition and break bulk goods are exchanged. San Diego pushed the boundaries by doing both.

"This RAS was varsity level," said Navy Lt. Sam MacAvoy, supply officer aboard *San*

Diego. "It was a CONREP and a VERTREP. Not only did we do both methods of at-sea replenishments, but the Washington Chambers replenished three ships at the same time. This was



Marines and Sailors with USS *San Diego* and embarked 15th Marine Expeditionary Unit pass boxes during a replenishment at sea. Marine Corps photo

the big leagues."

The USNS *Washington Chambers* delivered over 160 pallets of food, mail and ship store supplies along with 80,000 gallons of fuel to the *San Diego*. While the delivery is an arduous task, the unloading and transfer of pallets within the ship can be just as complex.

"When everyone works together like the Marines and Sailors on this ship do, that's when a job is done best," said Senior Chief Culinary Special-

ist Richard O'Connell, lead chief petty officer of the supply department aboard *San Diego*, and a Bristol, R.I., native. "The teamwork is what makes it a successful evolution."

Working an assembly line of sorts, the Marines and Sailors passed boxes of beets, blueberries and buns with mechanic efficiency hour after hour until all the pallets were broken down and properly stored on ship.

"We were like a well-oiled machine passing boxes so fast," said Cpl. Aaron Anthony, from Hattiesburg, Miss., and a mortarman with the Battalion Landing Team, 1st Battalion, 5th Marine Regiment. "Everyone was working together. There were no frowns on the entire line of people working."

The enormous supply of frozen food, fruits, vegetables and equipment was unloaded to the ship all before lunch.

"What I love to see about RASes is the integration," said O'Connell. "Seeing hundreds of Marines and Sailors out there in line, listening to music, having a good time, all while unloading boxes shows how much everyone cares about our ship."

Business & Service Directory

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USS Essex hosts Holiday Bowl and tour

By MC2 Irwin Sampaga
SAN DIEGO - USS *Essex* (LHD 2) hosted the 2017 San Diego County Credit Union (SDCCU) Holiday Bowl and tour in the ship's hangar bay Dec. 26.

The Holiday Bowl is a post-season NCAA Division I Football Bowl Subdivision college football game that has been played annually since 1978 at SDCCU Stadium in San Diego. Since the 2014 game, it has featured a matchup of Pac-12 and Big Ten teams.

The teams playing this year's game on Dec. 28 will be the Washington State University Cougars and the Michigan State University Spartans.

More than 300 football players, coaches, sponsors and Sailors gathered in the hangar bay to kick off the event and honor the recipients of the Admiral U.S. Grant Sharp trophy as well as two *Essex* Sailors who were named as honorary team captains: Aviation Electronic's Technician 3rd Class Tyrese Jamison for the Spartans and Hospital Corpsman 3rd Class Hajen Gwyn for the Cougars.

The Holiday Bowl committee

also presented tickets to Thursday's game to the ship as a show of their appreciation.

Essex Commanding Officer, Capt. Jason Burns, personally thanked each coach for the opportunity to host the event and for the *Essex* Sailors to meet players and coaches.

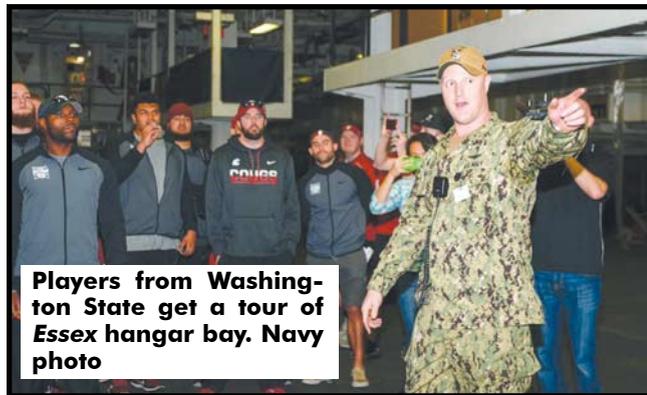
"We encourage the teams to interact and ask questions because our Sailors are very proud of their ship," said Burns.

Sailors were given the opportunity to demonstrate operational capabilities and shipboard-life by giving tours to coaches, players and sponsors.

"There was a lot of mutual respect between our Sailors and the players," said Aviation Boatswain's Mate (Handling) 1st Class James Timanus. "You could tell that the players were very interested and appreciative of what we do."

Essex last took part in the Holiday Bowl in 2014, when they hosted the Trojans of the University of Southern California and the Cornhuskers of the University of Nebraska.

Essex is currently homeported in San Diego, preparing for it's Board of Inspection and Survey (INSURV) inspection following an extensive maintenance period and trial and evaluation cycle.



Players from Washington State get a tour of Essex hangar bay. Navy photo



Aviation Support Equipment Technician 1st Class Philip Reeve speaks to college football players from Michigan State about self contained breathing apparatus (SCBA) bottles on the flight deck of USS *Essex* (LHD 2) during the recent Holiday Bowl shipboard event.

Navy photo by MC2 Irwin Sampaga

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INDIAN OCEAN (Dec. 28, 2017) - Aviation Boat-swain Mate (Handling) Airman Ryan Sharland directs a UH-1Y Venom helicopter assigned to Marine Medium Tiltrotor Squadron (VMM) 161 (reinforced) on the flight deck of amphibious transport dock ship *San Diego*. *San Diego*, part of the USS *America* Amphibious Ready Group, with embarked 15th MEU, is operating in the Indo-Asia Pacific region. photo by MC3 Justin A. Schoenberger

ARABIAN GULF (Dec. 31, 2017) - Sailors move an F/A-18C Hornet assigned to VMFA 312 on the flight deck of *Theodore Roosevelt* (CVN 71). photo by MC3 Victoria Foley



SAN DIEGO (Dec. 28, 2017) - Sailors assigned to aircraft carrier *Carl Vinson* prepare to hook the aircraft support crane called "Tilly" to an aircraft during a crash and salvage drill on the flight deck. *Carl Vinson* is currently preparing for an upcoming deployment. Photo by MC3 Elton Charles Wheeler



ARABIAN GULF (Dec. 19, 2017) - Electrician's mate Patrick Myers navigates through a smoke-filled passageway during a general quarters drill aboard *Theodore Roosevelt*. Navy photo by MCSA Bill M. Sanders



USS *America* (LHA 6) pulls in to RSS Singapura-Changi Naval Base, Singapore during a regularly scheduled port visit. *America*, part of the *America* Amphibious Ready Group, with embarked 15th Marine Expeditionary Unit, is operating in the Indo-Asia Pacific region to strengthen partnerships and serve as a ready-response force for any type of contingency. Navy photo by MC3 Christopher A. Veloicaza

U.S. 5TH FLEET AREA OF OPERATIONS (Dec. 17, 2017) - A Marine assigned to the Marine Expeditionary Unit (MEU) 15, stands watch on the bow of USS *San Diego* (LPD 22). *San Diego*, with the embarked 15th Marine Expeditionary Unit, is deployed to the 5th Fleet area of operations in support of maritime security operations to reassure allies and partners and preserve the freedom of navigation and the free flow of commerce in the region.



Navy photo by MC3 Justin A. Schoenberger

USS *America* departs Singapore after holiday visit

by **MCSN Daniel Pastor**

SINGAPORE - USS *America* (LHA 6) with the embarked 15th Marine Expeditionary Unit (MEU) concluded a port visit to Singapore, Dec. 28.

During the first port visit after their return to 7th Fleet, the crew had the opportunity to embark on tours and events organized by the ship's afloat recreation program similar to the ones held during the ship's first visit back in August, to include Universal Studios, majestic arts at the Lion

City, a night safari at the zoo and many others.

"There was so much to see the first time we were here that I didn't get to do some of the things I really wanted to," said Information Systems Technician 2nd Class Shaka Harvey, assigned to *America*.

Sailors and Marines also participated in organized athletic events to include soccer, basketball and flag football games.

"We all had a great time playing flag football with the Sailors assigned to Changi Naval Base," said Personnel Specialist 1st Class Jonerik Flake, *America's* flag football team captain. "It's always great when things like this come together."

Not only did Sailors and Marines get the chance to decompress and enjoy a healthy outlet through these recreational events, some of the crew also participated in a community service project organized by the command religious ministries department. During the project, they helped serve meals at the

Willing Hearts Soup Kitchen.

"Giving back to those that need extra help around the holidays, no matter where you are in the world, is always a good thing to do," said Aviation Ordnanceman 2nd class Rio Fields, from USS *America's* weapons department. "We had a good time helping the locals that were also there taking time out of their day to give a little back to those that need it."

On Christmas, the *America* culinary staff helped bring Sailors and Marines a piece of home by providing a special holiday dinner. The meal consisted of favorite holiday dishes such as ham, turkey, mashed potatoes, eggnog and various others. For many on board, this was their first Christmas away from home.

"It was really great that we were able to be in port for the holidays," said Cpl. Emmanuel Carrera, assigned to the 15th MEU. "It gave us time to relax, make phone calls to family and friends back home, and enjoy all (Singapore) has to offer."

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3rd MarDiv staff NCO barracks renamed after Vietnam war hero

by Lance Cpl. Josue Marquez

CAMP COURTNEY, Okinawa -- Colonel Giles R. Boyce, the commanding officer for Headquarters Battalion, 3rd Marine Division, renamed the staff non-commissioned officer barracks on Camp Courtney, Okinawa, Japan, Dec. 22, 2017. The barracks were named after Vietnam war hero, Staff Sgt. Claude H. Dorris, a former squad leader and advisor for Combined Action Platoon H-6, 3rd Combined Action Group, III Marine Amphibious Force, in the Republic of Vietnam.

Dorris, a native of Louisville, Kentucky, was one of the many Marines who were killed in action against the Viet Cong force after unhesitatingly exposing himself to ensure his Marines would have enough time to get to their positions. Despite his position in the firefight, Dorris saw an injured Vietnamese boy and managed to perform first aid on him. Shortly after, Dorris was killed by an enemy rocket round. He was posthumously awarded the Navy Cross for his heroic actions that day.

Eric Schregardus, Dorris' son, said his father was a courageous man who took every opportunity to help the Vietnamese people.

"He never forgot that we were in Vietnam to help the South



Col. Giles R. Boyce renames the staff non-commissioned officer barracks on Camp Courtney, Okinawa. Dorris Hall is named after the Navy Cross recipient, Staff Sgt. Claude Dorris, a squad leader with the Combined Action Program during the Vietnam War.

Vietnamese, and had actually written to my mom about how hard it was to see villagers treated badly," Schregardus said. "So, when the chance to work in close concert with the Vietnamese, teaching them to protect their own village, came up, he jumped at the chance."

Not only did Dorris fight for people overseas, he fought to save lives in his hometown, too.

"He once stopped on the way home from work at a car accident and helped render first aid before the ambulance arrived, resulting in quite a shock to my mom when he came home covered in

blood," Schregardus said.

Boyce decided to rename the barracks after Dorris because of his initiative and complete devotion to saving people, on and off duty. The barracks will ensure Dorris' courageous actions in Vietnam never be forgotten - something that Schregardus said he finds important.

"I am sad to have lost my father at such a young age, but proud of the sacrifice he made for the men in his unit and the village boy he saved," Schregardus said. "So, in the simplest terms, I am glad that somewhere that sacrifice will be memorialized."

MOVIES AT THE BASES

Have you ever gone to the movie theater and wished you could hear the show more clearly? MWR offers Assistive Listening Systems at the Lowry & Naval Base Movie Theaters. Stop by the concession stand to check out a system at tonight's movie! MWR Movies are always FREE! Movies are open to active duty, family members, retirees, DoD civilians and all other eligible MWR patrons.

Lowry Theater - NASNI, 619-545-8479, Bldg. 650

Thursday, January 4
5:50 PM Coco (PG) 109 min
8:10 PM Murder on The Orient Express (PG 13) 114 min
Friday, January 5
6:00 PM Just Getting Started (PG 13) 91 min
8:00 PM Roman J. Israel (PG 13) 122 min
Saturday, January 6,
1:00 PM Coco (PG) 109 min
3:10 PM Justice League (PG 13) 119 min
6:00 PM Just Getting Started (PG 13) 91 min
8:00 PM Daddy's Home 2 (PG 13) 100 min
Sunday, January 7
1:00 PM Coco (PG 13) 109 min
4:30 PM ** ADVANCED SCREENING ** Join Paddington himself for photos, before our 6:00pm Advanced Screening of Paddington 2. Door will open at 4:30pm and the movie starts at 6:00pm. Bring your camera to take pictures while you wait for the show to start.
6:00 PM Paddington 2 (ADVANCE SCREENING) (PG 13) 103 min

8:20 PM Coco (PG) 109 min
Monday, January 8
5:50 PM Roman J. Israel (PG)
8:20 PM Just Getting Started (PG 13) 91 min
Tuesday, January 09, 2018
6:00 PM Daddy's Home 2 (PG 13) 100 min
8:10 PM Wonder (PG 13)
Wednesday, January 10
6:00 PM Coco (PG) 109 min
8:10 PM Roman J. Israel (PG 13)
Thursday, January 11
5:50 PM Coco (PG) 109 min
8:10 PM Justice League (PG 13) 119 min

Naval Base Theater - NBSD, 619-556-5568, Bldg. 71

Thursday, January 04
5:50 PM Coco pg 109 min
8:00 PM Last Flag Flying r 125 min
Friday - January 05, 2018
5:50 PM Just Getting Started pg13 91 min
7:50 PM Roman J. Israel pg13 122 min
Saturday - January 06, 2018
12:00 PM Wonder pg 113 min
2:10 PM Just Getting Started pg13 91 min
5:50 PM Advance Screening! Doors open at 4:30PM min
5:50 PM Den of Thieves (ADVANCE SCREENING) r 137 min
8:30 PM Roman J. Israel pg13 122 min
Sunday - January 07, 2018
12:50 PM Wonder PG
3:10 PM Coco PG
5:50 PM Roman J. Israel PG13
8:20 PM Last Flag Flying R
Monday - January Closed
Tuesday - January 09, 2018
5:50 PM Just Getting Started pg13 91 min

7:40 PM Roman J. Israel pg13 122 min
Wednesday - January 10, 2018
5:40 PM Three Billboards Outside Ebbing, Missouri r 115 min
8:00 PM Last Showing** min
8:00 PM Justice League pg13 119 min
Thursday - January 11, 2018
5:50 PM Just Getting Started pg13 91 min
7:40 PM Last Flag Flying r

Q-Zone Theater - NAB, 619-437-5487, Bldg. 337

Thursday - January 04, 2018
11:00 AM The Jungle Book (NDVD - Free Admission) pg
5:00 PM Annabelle: Creation (NDVD - Free Admission) r
Friday - January 05, 2018
5:00 PM Blade Runner 2049 (NDVD - Free Admission) r
Saturday - January 06, 2018
2:00 PM Only The Brave (NDVD - Free Admission) pg13 134 min
5:00 PM Jigsaw (NDVD - Free Admission) r 92 min
Sunday - January 07, 2018
5:00 PM Moneyball (NDVD - Free Admission) pg13 133 min
Monday - January 08, 2018
5:00 PM Mrs. Doubtfire (NDVD - Free Admission) pg13 125 min
Tuesday - January 09, 2018
11:00 AM My Little Pony (NDVD - Free Admission) pg 104 min
5:00 PM T2: Trainspotting (NDVD - Free Admission) r 117 min
Wednesday - January 10, 2018
5:00 PM Suffragette (NDVD - Free Admission) pg13 106 min
Thursday - January 11, 2018
11:00 AM The Good Dinosaur (NDVD - Free Admission) pg
5:00 PM Alien: Covenant (NDVD - Free Admission) r 123 min
11am The Jungle Book (PG) 106 min.
5pm Annabelle: Creation (R)

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VARIETY: 'Westworld's' Leonardo Nam says seeing Asian actors in 'Star Wars' 'feels normal'

by Matt Fernandez

The Asian-American community celebrated a memorable night on Saturday at the 16th Annual Unforgettable Gala in Los Angeles.

The event celebrates prominent members of the Asian-American community whose work has helped advance their culture in Hollywood and beyond. This year, the celebration honored actors Daniel Dae Kim and Grace Park with the BMW Ultimate Drive award, actress and rapper Awkwafina with the female breakout award, and Ross Butler with the male breakout award. Actor Justin Chon and Dr. Mike Hong were honored, as well as snowboarder Chloe Kim and agency and marketing executive Ted Chung. Leonardo Nam and Maggie Q were named actor and actress of the year.

On the red carpet, Butler said that Asian-Americans in Hollywood are on the "edge of something great as far as representation."

"We have Asian-Americans playing non-stereotypical roles and roles that were not written for Asians, and this has just been happening in the past two or three years," Butler said. "We need to stick to who we are and not compromise and play something that we're not based on who the culture thinks we are. The next few years is going to define that and everything is going to change."

The upcoming "Star Wars: The Last Jedi" film and last year's "Rogue One" were noted for featuring Asian-Americans cast in prominent roles. Awkwafina recognized how important it is to see a "face that looks like you in such a far-reaching series like 'Star Wars,'" while Nam

said it "feels normal," voicing the night's overarching sentiment that Asians in the media should not be considered out of the ordinary.

The night took an unexpectedly raucous turn after Chung spoke about how the film "Dragon: The Bruce Lee Story" impacted him. He had never seen "a strong Asian male having sex on screen and...[that film had] real sensuality and real sexuality represented for the first time when I was in high school and that was really impactful for me."

Awkwafina kept the irreverent energy going when she spoke about how she was fired from her job after making a music video for her song "My Vag." The song went on to become a viral hit because "no one had ever seen anyone like me and Asian-American women had never seen anyone like them. I don't think that progress is necessarily sprinkling in Asian people to create the illusion of diversity, I think that progress is giving them the ability to tell our own stories."

The night's special performances ranged in energy from

Judith Hill's elegantly powerful singing and piano playing to the fast-paced dance moves of Kinjaz. South Korean hip-hop group Epik High made a splash when they swore during their songs and sprayed the crowd with water bottles, despite being asked to refrain by the organizers. "Tonight is about celebrating doing what you're told not to do."

During Maggie Q's speech, she relayed a story about how she was offered a role as "the chink" and spoke about defying people's expectations and valuing one's own worth. When Kim took the stage, he joked about the progress Hollywood has made with films that had infamously cast white actors in Asian roles, like "Ghost In the Shell," "The Great Wall," "Doctor Strange," and "Aloha."

"Inclusion and diversity are popular buzzwords, but what I challenge everyone in this room to do is to move beyond these notions of simply being included - to lead... If you're a leader, you never have to beg for a place at the table because you're the one hosting the dinner."



Rey (Daisy Ridley) in "Star Wars: The Last Jedi."

Pala to host Paint and Sip, Feb. 3, in underground cave

Pala Casino Spa & Resort will host a Paint and Sip art event from 1 p.m. to 3:30 p.m., Saturday, Feb. 3, in the underground wine cave,

Tickets, \$40 per person, are available at the Pala box office, by calling 1-877-946-7252, or by visiting www.startickets.com. To charge by phone, call 1-800-585-3737.

The ticket price includes all art materials including paint, brushes and a canvas so participants can duplicate the featured painting, "Walking in the Woods." Selected wines will be available at the Happy Hour price of \$5 per glass. Happy Hour drinks also will be available, including domestic beer, \$3; imported beer, \$4; selected craft beer, \$5; premium cocktails, \$5, and signature cocktails, \$8. The signature cocktails include a truffle martini, macaroon

martini, nutty martini, classing mojito and a Washington red apple lemon cream martini. Art instruction will be provided by the Paint and Sip Temecula Studio in Temecula, CA.

About Pala Casino Spa & Resort

Pala Casino Spa & Resort includes a Las Vegas-style casino with 2,000 slot machines, 80 table games and 15 poker tables; a 507-room hotel; a 10,000-square-foot, full-service spa and salon that features 14 treatment rooms; a state-of-the-art fitness center; swimming pool with 12 private poolside cabanas, and dual-temperature outdoor whirlpool hot tub. Pala also offers 11 restaurants and 40,000 square feet of meeting and convention space. Pala Casino Spa & Resort is an AAA Four-Diamond Award winner for 12 consecutive years. The new Pala RV Resort opened May 23, 2016, and of-

fers 100 parking sites for RVs and trailers from 55 to 70 feet and full-service amenities for RVers. Pala RV Resort is rated a perfect 10/10*10 by Good Sam, the national RV Resort rating publication. Trailer Life and Motorhome magazines awarded Pala RV Resort its Gold Awards for 2016 as Best RV Resort Casino and Best Campground Resort. Its state-of-the-art Pala Spa was named the number three spa in North America and the number one spa in the State of California and the entire casino industry for 2016. The ranking marked the eleventh consecutive year that Pala Spa has been ranked in the Top 100 and Top 10. Pala Casino Spa & Resort was voted Best Casino in San Diego by the public in the 10News.com annual A-List poll sponsored by KGTV-TV 10 News in San Diego. For more information, visit <http://www.palacasinoc.com>.

Maritime Museum of San Diego hosts 7th annual waterfront Chocolate Festival April 29

The Maritime Museum of San Diego, home to one of the world's largest collections of historic vessels from sail to steam to submarine, hosts the 7th annual Chocolate Festival Sunday, April 29, 2018. Guests will experience the delicious range of tastes from dozens of vendors while boarding and exploring a range of historic maritime vessels including the National Historic Landmark Ferry boat Berkeley, the world's oldest working sailing ship Star of India and Surprise, legendary replica of 18th century Royal Navy frigate Rose. Kids and adults can make their own chocolate pizza or observe live baking and cooking with chocolate demonstrations. Tickets and event information are available at www.sdmartitime.org.

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by Jan Wagner

With sailboats in the harbor, the scenic 2017 season finale of the Red Bull Global Rallycross Championship took place once again by the water at the Port of Los Angeles.

Red Bull GRC combines the high-flying thrills of supercross with rallying and wheel-to-wheel, fender-to-fender, bumping and banging racing. Red Bull GRC drivers compete in one of two distinct classes – SUPERCARS and GRC Lites – in high-powered, specially prepared, Honda, Volkswagen and Subaru racing spec rally cars adorned with colorful graphics and sponsors' logos.

The drivers hail from a wide variety of popular, worldwide action sports including NASCAR, Formula 1, rallying, motocross, BMX and skateboarding.

To maintain a high level of excitement and competition, the Red Bull GRC format consists of several short races. First, following qualifying, there are three heat races of five laps each and with three to five cars. Seven points are up for grabs.

Next, the drivers from those races compete in two semifinal groups, based on their results in their first heat. These semifinal races are six laps each, with a total of ten points on offer.

The top four finishers from each semifinal race transfer into the ten lap main event but, before they race, the remaining drivers have one last chance to join them. They compete in a four-lap, last chance qualifier to round out the ten available spots in the main event.

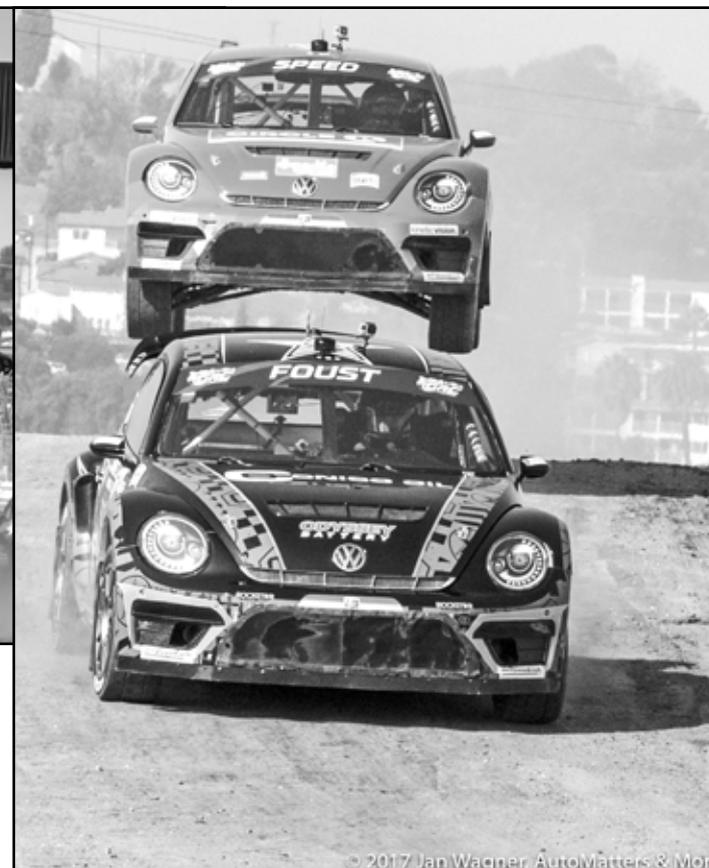
The tracks – each measuring between half a mile and a mile in length, present a varied set of challenges, and are contested on a combination of dirt and pavement. Each course features a 70-foot jump, which requires a skill not common to most other forms of motorsports. Failure to get the timing just right can end with the car nosing hard into the dirt and getting damaged. Adding to the challenge, the races are sometimes run in the rain (see #411 – the 2015 season finale – “Stormy Weather in Las Vegas”).

The course for each race includes what is called the “Joker Lap.” Each driver must divert to the Joker section of the track once and once only. Sometimes the Joker Lap extends the lap time, and sometimes it is quicker. Strategy comes into play. In racecourses where the Joker Lap



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Green means go



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extends the course, drivers may try to take their Joker Lap late in the race, in an attempt to build up enough of a lead to maintain their position.

If all these rules and twists and turns sound complicated, don't worry about it. The bottom line for spectators is that there is continual, very close competition on the track. Close contact often results in the shedding of paint, bodywork and car parts. In between races the crews try their best to put the cars back together, although sometimes they do not succeed.

While some contact is inevitable, given the close racing, there are rules. Violations of them result in time outs in the penalty box – a 50-meter lane to the side of the track. A track official will hold violators while they serve their penalty. If the infraction occurs too late in the race to serve a time out in the penalty box, a time penalty will be assessed. Examples of possible infractions include jumping the start, rough driving and failing to take the Joker Lap correctly.

For those who cannot make the races in person, they are televised.

In Los Angeles, with only 30 points separating Tanner Foust and Scott Speed at the beginning of the weekend, Foust did all he could do and won the SUPER-

CARS event, but Speed repeated victory in the Series Championship for the third consecutive year. Both raced for Team Andretti in dominant VW Beetles, also taking the Manufacturer's Championship.

Speed's performance throughout the season proved the importance of consistency – doing well at a majority of events and not too badly at the others. He raced smart, kept out of trouble and gave up only five points to Foust in LA to take the Championship. Steve Arpin finished in third place.

In GRC Lites, Cyril Raymond had dominated the season, clinching the Lites title at the previous round in Seattle. However Conner Martell went out fighting. In LA he was absolutely unbeatable in his DirtFish Motorsports entry, sweeping every session and winning his third event of the year.

For more information, visit <http://redbullglobalrallycross.com>.

Send your comments and suggestions to AutoMatters@gmail.com. To see more photos go to www.drivetribe.com/search/Automatters/tribes and click on the “AM” icon.

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Tanner Foust leads Scott Speed in the event but not for the Series Championship

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TV Listings

WEEKDAY MORNING/AFTERNOON

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30	
KFMB (8)	CBS This Morning			Let's Make a Deal		The Price Is Right		CBS News 8 at 11AM		Inside Edition	Bold/Beautiful	The Young and the Restless		The Talk		Dr. Phil		Judge Judy		Judge Judy
KFMB2 (8.2)	News 8 Morning Extra			The 700 Club		Maury		Dr. Phil		Judge Faith	Judge Faith	Judge Mathis		The Robert Irvine Show		Paternity Court	Paternity Court	Couples Court	Couples Court	
KGTV (10)	Good Morning America			Live with Kelly and Ryan		The View		10News Midday		The Chew		General Hospital		Pickler & Ben		Dateline		10News: The Now San Diego		
KPBS (15)	Cat in the Hat	Nature Cat	Curious George	Curious George	Daniel Tiger	Daniel Tiger	Splash and Bubbles	Sesame Street	Super Why!	Dinosaur Train	Peg Plus Cat	Sesame Street	Splash and Bubbles	Curious George	Arthur	Nature Cat	Wild Kratts	Wild Kratts	Odd Squad	
KNSD (69)	Today			Megyn Kelly Today		Today With Kathie Lee & Hoda		NBC 7 News Midday		Days of our Lives		Access Live		Steve		The Ellen DeGeneres Show		NBC 7 News at 4		
DISN	Transylvania	Mickey Mouse	Varied Programs	The Lion Guard	Mickey Mouse	Roadster Racers	Puppy Dog Pals	Vampirina	PJ Masks	Puppy Dog Pals	Elena of Avalor	Doc McStuffins	Sofia the First	Bunk'd	Jessie	Stuck in the Middle	Liv and Maddie	Raven's Home	Stuck in the Middle	
ESPN	First Take			SportsCenter		Outside the Lines		NFL Live		NBA: The Jump	SportsNation	Questionable		Around the Horn	Pardon the Interruption	SportsCenter With Michael and Jemele		Varied Programs		
ESPN2	SportsCenter		SportsCenter		First Take		Paul Finebaum Show		Varied Programs		NFL Live	Varied Programs		Intentional Talk	Coll. Football Live	Varied Programs	Around the Horn	Pardon the Interruption	College Basketball	Varied Programs
TLC	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Varied Programs								Hoarding: Buried Alive		My 600-Lb. Life		Varied Programs		Say Yes to the Dress	Say Yes to the Dress	
USA	Varied Programs									Law & Order: Special Victims Unit		Varied Programs		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		

MOVIE TIME Playing at theatres near you! Mark your calendars!

1/12 **ACTS OF VIOLENCE**
1/12 **THE COMMUTER**



When his fiancée is kidnapped by human traffickers, Roman and his ex-military brothers set out to track her down and save her before it is too late.

Genre: Action, Thriller -
Cast: Cole Hauser, Bruce Willis, Sophia Bush

The Commuter

Insurance salesman Michael is on his daily commute home, which quickly becomes anything but routine. After being contacted by a mysterious stranger, Michael is forced to uncover the identity of a hidden passenger on the train before the last stop. As he works against the clock to solve the puzzle, he realizes a deadly plan is unfolding, and he is unwittingly caught up in a criminal conspiracy that carries life and death stakes for everyone on the train.

Genre: Action, Mystery, Thriller - PG-13
Cast: Liam Neeson, Vera Farmiga, Patrick Wilson

THURSDAY EVENING

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB (8)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N) (CC)	Big Bang Theory (N) (CC)	Young Sheldon	Mom (N) (CC)	Life in Pieces (N) (CC)	S.W.A.T. "Blindspots" (N) (CC)	News	Late Colbert		
KFMB2 (8.2)	The Dr. Oz Show The sugar industry. (N) (CC)	Judge Judy (N) (CC)	Judge Judy (N) (CC)	News 8 at 7 (N) (CC)	Seinfeld (N) (CC)	Supernatural "The Bad Place" (N) (CC)	Arrow "Thanksgiving" (N) (CC)	News 8 at 10 (N) (CC)	Ent. Tonight (N) (CC)	Seinfeld (N) (CC)	2 Broke Girls (N) (CC)			
KGTV (10)	10News at 5pm (N) (CC)	10News at 6pm (N) (CC)	World News (N) (CC)	10News at 7pm (N) (CC)	The List (N) (CC)	The Middle (N) (CC)	American Housewife (N) (CC)	Truth and Lies: Waco Seige on the Branch Davidian compound. (N) (CC)	Midsomer Murders A sleepwalking teacher.	Midsomer Murders (N) (CC)	Start Up (N) (CC)			
KPBS (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Ken Kramer's (N) (CC)	A Growing Passion (N) (CC)	1915 Expo Cen (N) (CC)	Crossing South (N) (CC)	Chicago Fire "A Man's Legacy" (N) (CC)	NBC 7 News	Tonight Show		
KNSD (69)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N) (CC)	Wheel of Fortune (N) (CC)	Jeopardy! (N) (CC)	Superstore (N) (CC)	The Good Place (N) (CC)	Will & Grace (N) (CC)	Great News (N) (CC)	Chicago Fire "A Man's Legacy" (N) (CC)	NBC 7 News	Tonight Show		
DISN	Andi Mack	Bizaardvark (N) (CC)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N) (CC)	Andi Mack	Stuck in the Middle (N) (CC)	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Bunk'd (N) (CC)	Jessie (N) (CC)	Andi Mack	Stuck in the Middle (N) (CC)
ESPN	College Basketball		College Basketball Arizona at Utah. From Huntsman Center in Salt Lake City. (N) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter With Scott Van Pelt (N) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)	
ESPN2	High School Football		College Basketball Cincinnati at Temple. From the Liacouras Center in Philadelphia.		Basketball		30 for 30 Shorts (N) (CC)		Jalen & Jacoby		E:60		Jalen & Jacoby	
TLC	Say Yes, Dress	Say Yes, Dress	Four Weddings "... And a Porta Potty" (N) (CC)	My 600-Lb. Life "Angel's Story" (N) (CC)	My 600-Lb. Life "Supersized: Steven & Justin Asanti" Steven's drug habit spirals. (N) (CC)	Dr. Pimple Popper (N) (CC)		My 600-Lb. Life (N) (CC)						
USA	Law & Order: Special Victims Unit (N) (CC)		Law & Order: Special Victims Unit (N) (CC)		Law & Order: Special Victims Unit (N) (CC)		Law & Order: Special Victims Unit (N) (CC)		Law & Order: Special Victims Unit (N) (CC)		Damnation "The Goodness of Men" (N) (CC)		Law & Order: Special Victims Unit (N) (CC)	

JANUARY 4, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB (8)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N) (CC)	MacGyver "Mac & Jack" (N) (CC)	Hawaii Five-0 "Ka Hupu Nui 'Ana" (N) (CC)	Blue Bloods A journalist goes missing.	News	Late Colbert				
KFMB2 (8.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N) (CC)	Judge Judy (N) (CC)	News 8 at 7 (N) (CC)	Seinfeld (N) (CC)	Crazy Ex-Girlfriend (N) (CC)	Penn & Teller: Fool Us (N) (CC)	News 8 at 10 (N) (CC)	Ent. Tonight (N) (CC)	Seinfeld (N) (CC)	2 Broke Girls (N) (CC)			
KGTV (10)	10News at 5pm (N) (CC)	10News at 6pm (N) (CC)	World News (N) (CC)	10News at 7pm (N) (CC)	The List (N) (CC)	Child Support (Series Premiere) (N) (CC)	Marvel's Agents of S.H.I.E.L.D. (N) (CC)	20/20 (N) (CC)	10News at 11pm	Jimmy Kimmel				
KPBS (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Washington Week	Roundtable (N) (CC)	Doc Martin "Ever After" (N) (CC)	Doc Martin "Sickness and Health" (N) (CC)	Live at the Belly Up				
KNSD (69)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N) (CC)	Wheel of Fortune (N) (CC)	Jeopardy! (N) (CC)	2018 U.S. Figure Skating Championships Ladies' Free Skate. From SAP Center in San Jose, Calif. (N Same-day Tape) (N) (CC)	NBC 7 News	Tonight Show						
DISN	Andi Mack	Bizaardvark (N) (CC)	Stuck in the Middle (N) (CC)	Andi Mack	K.C. Undercover (N) (CC)	Raven's Home (N) (CC)	★ ★ ★ 16 Wishes (2010) Debby Ryan, Jean-Luc Bilodeau. (N) (CC)	Stuck in the Middle (N) (CC)	Bunk'd (N) (CC)	Jessie (N) (CC)	Andi Mack	Stuck in the Middle (N) (CC)		
ESPN	NBA Basketball Minnesota Timberwolves at Boston Celtics. (N) (Live)		NBA Basketball Washington Wizards at Memphis Grizzlies. From the FedEx Forum in Memphis, Tenn. (N) (Live)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)	
ESPN2	College Basketball Wisconsin at Rutgers.		College Basketball Northern Kentucky at Oakland. (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		E:60		NFL Live (CC)		NBA Basketball: Wizards at Grizzlies			
TLC	Untold Stories of the E.R. "I'm So Dead"		Untold Stories of the E.R. "Out of Control"		Untold Stories of the E.R. "Don't Push It!"		Untold Stories of the E.R. "Drama Mama"		Untold Stories of the E.R. "Shark!" (N) (CC)		Untold Stories of the E.R. "Rear Ended" (N) (CC)		Untold Stories of the E.R. "Shark!" (CC)	
USA	Law & Order: Special Victims Unit (N) (CC)		Modern Family (N) (CC)		Modern Family (N) (CC)		Modern Family (N) (CC)		Modern Family (N) (CC)		Modern Family (N) (CC)		Modern Family (N) (CC)	

FRIDAY EVENING

JANUARY 5, 2018

SATURDAY MORNING/AFTERNOON

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30
KFMB (8)	Dr. Chris: Pet Vet	Innovation Nation	The Inspectors	Lucky Dog "Cleo"	The Open Road	College Basketball Florida at Missouri. From Mizzou Arena in Columbia, Mo. (N) (Live) (CC)		To Be Announced		Bull Riding		Paid Program		Inside Edition	Laura McKenzie	To Be Announced	The NFL Today (N)		
KFMB2 (8.2)	Dog Whisperer	Dog Whisperer	Dog Whisperer	This Old H.	Hidden Heroes (N)	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Impractical Jokers	Impractical Jokers	James Brown	RaceWeek (N) (CC)	Sports Stars	Hiring America (N) (CC)	Military Make-over
KGTV (10)	Good Morning	10News This 8am Saturday (N) (CC)	Jack Hanna	Ocean Treks	Sea Rescue (N) (CC)	The Wildlife Docs	NFL Champ. Chase: Wild Card Weekend	To Be Announced		NFL Football AFC or NFC Wild-Card Game: Teams TBA. (N) (Live) (CC)								10News at 5pm	
KPBS (15)	Daniel Tiger	Daniel Tiger	Splash and Bubbles	Curious George	Nature Cat (N) (CC)	The Energy Weight Loss Solution With Neal R. Steves' Barnard, MD (N) (CC)	Europe	This Old House (N) (CC)	Ask This Old House	Kimball's Milk Street (N) (CC)	Simply Ming (N) (CC)	Cook's Country (N) (CC)	Martha Bakes (N) (CC)	Pati's Mexican Table	Family Ingredients	Rick Steves Special: European Festivals (CC)			
KNSD (69)	NBC 7 News To	The Voyager	Wilderness Vet (N) (CC)	Journey-Dreyer	The Champion Within	High School Football U.S. Army All-American Bowl. (N) (Live) (CC)	2018 U.S. Figure Skating Championships Pairs Free Skate. From SAP Center in San Jose, Calif.		Try Yoga		Paid Program (N) (CC)		Open House (N) (CC)		Give (CC) (DVS)				
DISN	Vampirina (N) (CC)	Transylvania	Tangled: The Series	Stuck in the Middle	Stuck in the Middle	Andi Mack (N) (CC)	Andi Mack (N) (CC)	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Raven's Home (N) (CC)	Raven's Home (N) (CC)	K.C. Undercover (N) (CC)	K.C. Undercover (N) (CC)	Bunk'd (N) (CC)	Bunk'd "Gone Girl" (N) (CC)	Jessie (N) (CC)	Jessie (N) (CC)	Stuck in the Middle	Stuck in the Middle
ESPN	SportsCenter (N)	SportsCenter (N) (Live) (CC)	Postseason NFL Countdown (N) (Live) (CC)	College Basketball North Carolina at Virginia. From John Paul Jones Arena in Charlottesville, Va. (N) (Live) (CC)	30 for 30 (CC)		Morningside 5 (CC)		Baltimore Boys (CC)		SportsCenter (N)								
ESPN2	NFL Live (CC)	NFL Champ. Chase: Wild Card Weekend	College Football NCAA FCS Championship -- North Dakota State vs James Madison. (N) (Live)	College Basketball Notre Dame at Syracuse. From the Carrier Dome in Syracuse, N.Y. (N) (Live)		College Basketball Indiana at Minnesota. From Williams Arena in Minneapolis. (N) (Live)		College Basketball											
TLC	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress (N) (CC)	Say Yes to the Dress "The Shay Way" (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress "Love is Love" (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress "Love is Love" (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)
USA	Love Your Hair! (CC)	Try Yoga	Paid Program (CC)	Chicago P.D. Two teenage girls disappear. (N) (CC)	Chicago P.D. Voight is attacked and abducted.	Chicago P.D. "Prison Ball" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)	Chicago P.D. "Assignment of the Year" (N) (CC) (DVS)

JANUARY 6, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30		
KFMB (8)	NFL Football AFC Wild Card: Teams TBA. (N) (Live) (CC)												To Be Announced		News	Blue Bloods
KFMB2 (8.2)	Don't Blink	Engagement	The King of Queens	Mike & Molly (N) (CC)	2 Broke Girls (N) (CC)	2 Broke Girls (N) (CC)	American Ninja Warrior (CC)	American Ninja Warrior (CC)	Seinfeld (N) (CC)	Access Chargers	Impractical Jokers	Just for Laughs				
KGTV (10)	10News at 5pm	The List (N) (CC)	10News at 6pm	RightThisMinute (N) (CC)	Rookie Blue "You Are Here" (N) (CC)	The Good Doctor "Mount Rushmore"	Ten Days in the Valley "Day 9: Re-Cast"	Ten Days in the Valley (Series Finale) (N) (CC)	10News at 11pm	Sports XTRA						
KPBS (15)	NewsHour Wk	KPBS Spectrum	The Lawrence Welk Show (N) (CC)	Antiques Roadshow	Antiques Roadshow	The Doctor Blake Mysteries (N) (CC)	Pavlo Live in Kastoria Pavlo performs old and new music. (N) (CC)	R. Steves' Europe	Globe Trekker (N) (N) (CC)							
KNSD (69)	Champ Within	Nightly News	NBC 7 News at 6	Paid Program	Wheel of Fortune	Jeopardy! (N) (CC)	2018 U.S. Figure Skating Championships Men's Free Skate. From SAP Center in San Jose, Calif. (N Same-day Tape) (N) (CC)	NBC 7 News	Saturday Night Live							
DISN	Andi Mack	Andi Mack	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Alexander and the Terrible, Horrible, No Good, Very Bad Day (N) (CC)	Alexander and the Terrible, Horrible, No Good, Very Bad Day (N) (CC)	Andi Mack	K.C. Undercover	Walk the Prank (N) (CC)	MECH-X4 (N) (CC)						
ESPN	College Basketball Teams TBA. (N) (Live)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		NFL PrimeTime (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		SportsCenter (N) (Live) (CC)			
ESPN2	College Basketball		College Basketball Kansas at TCU. (N) (Live)		College Basketball Live (N) (Live) (CC)		SportsCenter (N) (Live) (CC)		30 for 30 A look at the Chicago Bears on the 30th anniversary of their Super Bowl XX win.							
TLC	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress (N) (CC)	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown	Say Yes to the Dress: Countdown		
USA	★ ★ ★ Ocean's Twelve (2004) George Clooney, Brad Pitt. Indebted criminals plan an elaborate heist in Europe.				★ ★ ★ Ocean's Eleven (2001) George Clooney. A suave ex-con assembles a team to rob a casino vault.				Falling Water "Shadowman"				Damnation "The Goodness of Men"			

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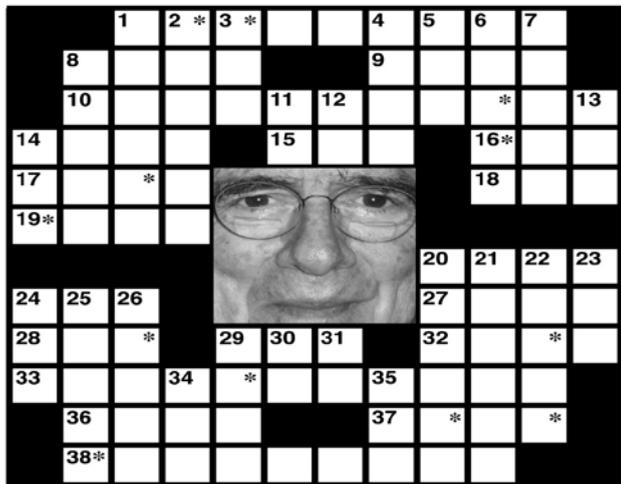
TV Listings

SUNDAY MORNING/AFTERNOON

JANUARY 7, 2018

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30
KFMB	CBS News Sunday Morning (N) (CC)	Face the Nation (N)	To Be Announced										College Basketball Michigan State at Ohio State. (Time tentative). (N) (Live) (CC)			CBS Week-end News	60 Minutes (N) (CC)		
KFMB2	Paid Program	Mark T. Barclay	Catholic Mass	Face the Nation (N)	Paid Program	San Diego Luxury	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Make: Television (N)	HouseCalls	Designing Spaces	P. Allen	Small Town Big Deal (N)	Great Escapes	Raw Travel (N) (CC)	Raw Travel (N) (CC)
KGTV	Good Morning 10	10News This Morning at 8am Sunday (N) (CC)	This Week With George Stephanopoulos (N)	Joel Osteen (CC)	Intrn'l Fellowship	Rock the Park (E) (L)	Vacation Creation	World of X Games (N) (CC)	Football Playoff	Football Playoff	Football Playoff	Football Playoff	To Be Announced						Paid Program
KPBS	Daniel Tiger	Daniel Tiger	Splash and Bubbles	Curious George	Nature Cat (CC)	Washington Week (N)	KPBS Roundtable	Growing Bolder (N)	Over 90 and Loving It (N) (CC)	Aurora - Fire in the Sky (N) (CC)	NOVA Hubble Space Telescope's discoveries. (N)	Nature "Snow Monkeys" Snow monkeys in Japan.	Ken Kramer's S.D.	1915 Expo Centennial					
KNSD	NBC 7 News To	Meet the Press (N) (CC)	Football Night in America (N) (Live) (CC)	NFL Football AFC or NFC Wild-Card Game: Teams TBA. (N) (Live) (CC)									2018 U.S. Figure Skating Championships Free Dance. (N) (Live) (CC)	Golden Globes	Golden Globes	Nightly News	Golden Globes		
DISN	Vampirina (N) (CC)	Transylvania	Tangled: The Series	Stuck in the Middle	Stuck in the Middle	Andi Mack (N) (CC)	Andi Mack "Mama" (N) (CC)	Bizaardvark (N) (CC)	Bizaardvark (N) (CC)	Raven's Home (N) (CC)	Raven's Home (N) (CC)	K.C. Undercover (N) (CC)	K.C. Undercover (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Jessie (N) (CC)	Jessie (N) (CC)	Stuck in the Middle	Stuck in the Middle
ESPN	Postseason NFL Countdown (N) (Live) (CC)					PBA Bowling World Tour Finals. From Reno, Nev. (Taped)			Football Playoff	Football Playoff	High School Football Under Armour All-America Game.			SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)				
ESPN2	SportsCenter (N)	SportsCenter (N) (Live) (CC)	Women's College Basketball Crisler Center in Ann Arbor, Mich. (N)	Ohio State at Michigan. From Women's College Basketball From Mizou Arena in Columbia, Mo. (N)	South Carolina at Missouri. From Wells Fargo Arena in Tempe, Ariz. (N)														College Basketball Southern Methodist at Cincinnati. From BB&T Arena in Highland Heights, Ky. (N)
TLC	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Sister Wives "Maddie Gets Married" Madison Brown is getting married. (N) (CC)			Sister Wives "Another Catfishing" Meri revisits the catfishing situation. (N) (CC)					Sister Wives "A Shocking Revelation" (CC)	
USA	David Jeremiah (N)	In Touch	Joel Osteen (CC)	Damnation "The Goodness of Men"	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit "Rage" (N)	Law & Order: Special Victims Unit "Authority"	Law & Order: Special Victims Unit "Swing" (N)	Law & Order: Special Victims Unit "Lunacy"	Law & Order: Special Victims Unit "Ballerina"							

CROSSWORD PUZZLE



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- "American ___"
- Talk back
- "Did You ___ About the Morgans?"; Hugh Grant film
- Role on "Zoo" (2)
- "The ___"; Anderson Cooper game show series
- "___, Dear"
- "Love ___ Many Splendored Thing"
- Ending for Barb or Nan
- "Orange Is the ___ Black"
- Author Uris
- "___ City" (1996-2002)
- "Leah Remini: ___ All Relative"
- Relinquish
- Natalie Cole's dad
- King Kong, for one
- ___ up; delayed
- Actor on "Salvation" (2)
- "Be there ___ square"
- Unlike Eton and Morehouse
- Role on "NCIS: Los Angeles" (2)
- Suffix for class or mess
- Ron Moody's role in "Oliver!"
- Clear the slate
- Struck hard
- Initials for comedian Henny
- "___, Myself and I"
- Slangy reply
- Tillis or Tormé
- "Old ___"; 2003 Will Ferrell movie
- Paul Reubens' character (hyph.)
- Did nothing
- "___ and Stacey"
- Abbr. at the end of many business names
- Lake near Reno
- Last name for a Beatle
- Sir ___ Guinness
- "Magnum, ___" (1980-88)
- Suffix for boot or trust
- Batter's stat.
- TV maker of old

DOWN

- "___ the Chief"; short-lived 1985 Patty Duke sitcom
- Televangelist Joel
- John Ritter's alma mater, for short
- "___ the Boss?"



SUNDAY EVENING

JANUARY 7, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Weekend News	News	60 Minutes (N) (CC)	Wisdom of the Crowd "Root Directory" (N)	NCIS: Los Angeles "Under Pressure" (N)	Madam Secretary "Mitya" (N) (CC)	News	Blue Bloods					
KFMB2	Don't Blink	Engagement	The King of Queens	Mike & Molly (N)	2 Broke Girls (N)	2 Broke Girls	Forensic Files (N)	Forensic Files (N)	Forensic Files (N)	Forensic Files (N)	Seinfeld (N) (CC)	Just for Laughs	Impractical Jokers	Impractical Jokers
KGTV	10News at 5pm	World News	10News at 6pm	RightThisMinute (N)	America's Funniest Home Videos (N)	America's Funniest Home Videos (N)	America's Funniest Home Videos (N)	Shark Tank Kitchen tool; men's garment.	Shark Tank (N) (CC)	Shark Tank (N) (CC)	10News at 11pm	Sports XTRA		
KPBS	NewsHour Wk	SciTech Now	Father Brown "The Truth in the Wine" (N)	A Place to Call Home (N) (CC)	Arthur & George on Masterpiece	Arthur & George on Masterpiece	Arthur & George on Masterpiece	Arthur & George on Masterpiece	Arthur & George on Masterpiece	Arthur & George on Masterpiece	Secrets of Underground London (CC)			
KNSD	The 75th Annual Golden Globe Awards Celebrating the best in TV and film. (N) (Live) (CC)												NBC 7 News	Sportswrap
DISN	Andi Mack	Andi Mack	Bizaardvark (N)	Bizaardvark (N)	*** Princess Protection Program (2009) Selena Gomez. (N)		Andi Mack	Stuck/Middle	K.C. Undercover	Andi Mack	Stuck/Middle	Bunk'd (N) (CC)	Bunk'd (N) (CC)	
ESPN	NFL PrimeTime (N) (Live) (CC)		SportsCenter (N) (Live) (CC)				SportsCenter (N) (Live) (CC)			SportsCenter (CC)			NFL PrimeTime (CC)	
ESPN2	Championship Drive: Countdown to Kickoff (N)		Football Playoff	Football Playoff	E:60 (CC)		ESPN FC (N) (CC)		E:60				SportsCenter (N) (CC)	
TLC	Sister Wives "A Shocking Revelation"	Sister Wives: Countdown to the New Season Reliving dramatic moments; sneak peek. (N)	Sister Wives "Meri Moving?" (Season Premiere) Mykelti brings Tony's family home. (N)	Unexpected "Baby Bumps" (N)	Sister Wives "Meri Moving?" (Season Premiere) Mykelti brings Tony's family home. (N)	Unexpected "Baby Bumps" (N)	Sister Wives "Meri Moving?" (Season Premiere) Mykelti brings Tony's family home. (N)	Unexpected "Baby Bumps" (N)	Sister Wives "Meri Moving?" (Season Premiere) Mykelti brings Tony's family home. (N)	Unexpected "Baby Bumps" (N)	Sister Wives "Meri Moving?" (Season Premiere) Mykelti brings Tony's family home. (N)	Unexpected "Baby Bumps" (N)	Sister Wives "Meri Moving?" (Season Premiere) Mykelti brings Tony's family home. (N)	
USA	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	

MONDAY EVENING

JANUARY 8, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	NCIS: Los Angeles "Imposters" (N) (CC)	News	Late-Colbert						
KFMB2	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	Supergirl Villains from Earth-X attack. (CC)	Arrow Villains from Earth-X attack. (CC)	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N)				
KGTV	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	The Bachelor (N) (CC)		The Good Doctor "Islands Part One" (N)	10News at 11pm	Jimmy Kimmel				
KPBS	Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Antiques Roadshow "Harrisburg" (CC)	Antiques Roadshow "Knoxville" (CC)	Great Continental Railway Journeys (N)	Independent Lens "Unrest" (N) (CC)					
KNSD	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	The Wall "Victor and Evelyn" (N) (CC)	Better Late Than Never (N) (CC)	The Brave Dalton and team process a loss.	NBC 7 News	Tonight Show				
DISN	Andi Mack	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Bizaardvark (N)	Bunk'd (N) (CC)	Jessie (N) (CC)	Andi Mack	Stuck/Middle
ESPN	CFP National Championship Teams TBA. (N) (Live) (CC)							Postgame (N) (CC)	SportsCenter With Scott Van Pelt (N)	SportsCenter (N) (Live) (CC)				
ESPN2	2018 CFP National Championship (N) (Live) (CC)							College Football Final (N) (Live) (CC)	NFL Live (CC)					
TLC	Say Yes, Dress	Say Yes, Dress	Say Yes to the Dress (N) (CC)	My 600-Lb. Life "Ashley D.'s Story" (CC)	My 600-Lb. Life "Teretha's Story" (CC)	My 600-Lb. Life "Teretha's Story" (CC)	My 600-Lb. Life "Teretha's Story" (CC)	My 600-Lb. Life "Cynthia's Story" Cynthia loses weight for her children. (N) (CC)	My 600-Lb. Life "Cynthia's Story" Cynthia loses weight for her children. (N) (CC)	My 600-Lb. Life "Cynthia's Story" Cynthia loses weight for her children. (N) (CC)	My 600-Lb. Life "Cynthia's Story" Cynthia loses weight for her children. (N) (CC)	My 600-Lb. Life "Cynthia's Story" Cynthia loses weight for her children. (N) (CC)	My 600-Lb. Life "Cynthia's Story" Cynthia loses weight for her children. (N) (CC)	
USA	Law & Order: Special Victims Unit (N)	Modern Family (N)	Modern Family (N)	Modern Family (N)	Modern Family (N)	Modern Family (N)	Modern Family (N)	WWWE Monday Night RAW (N Same-day Tape) (N) (CC)	Football Fanatic	Football Fanatic				

TUESDAY EVENING

JANUARY 9, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	NCIS: Los Angeles "Identity Crisis" (N)	News	Late-Colbert						
KFMB2	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	The Flash Villains from Earth-X attack.	DC's Legends of Tomorrow (N) (CC)	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N)				
KGTV	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	The Middle (N) (CC)	Fresh Off the Boat (N) (CC)	blackish (N) (CC)	The Mayor (N) (CC)	Kevin (Probably) Saves the World (N)	10News at 11pm	Jimmy Kimmel		
KPBS	Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	American Experience "Influenza 1918" (N)	American Experience "Into the Amazon" Expedition into the rainforest. (N) (CC) (DVS)	Red Metal: Copper Country Strike						
KNSD	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	Ellen's Game of Games (N) (CC)	This Is Us The Pearsons come together.	Chicago Med "Ties That Bind" (N) (CC)	NBC 7 News	Tonight Show				
DISN	Andi Mack	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Bizaardvark (N)	Bunk'd (N) (CC)	Jessie (N) (CC)	Andi Mack	Stuck/Middle
ESPN	College Basketball Teams TBA. (N) (Live)		College Basketball Teams TBA. (N) (Live)				SportsCenter (N) (Live) (CC)	SportsCenter With Scott Van Pelt (N)	SportsCenter (N) (Live) (CC)					
ESPN2	College Basketball Teams TBA. (N) (Live)		College Basketball Teams TBA. (N) (Live)				Hoop Scoop	NFL Live (CC)			30 for 30 (CC)			
TLC	Say Yes, Dress	Say Yes, Dress	My Big Fat Fabulous Life (N)	My Big Fat Fabulous Life (N)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	I Am Jazz "Weighty Issues" (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	My Big Fat Fabulous Life "Ghosed" Whitney uncovers a dark truth. (N) (CC)	
USA	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	WWWE SmackDown! (N Same-day Tape) (N) (CC)	Chrisley Knows	Chrisley Knows	Modern Family (N)	Modern Family (N)	Modern Family (N)	

WEDNESDAY EVENING

JANUARY 10, 2018

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
KFMB	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	The Amazing Race (N) (CC)	SEAL Team "Containment" (N) (CC)	Criminal Minds "Full-Tilt Boogie" (N) (CC)	News	Late-Colbert				
KFMB2	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	The 3rd Annual Howie Mandel Stand-Up Gala (N) (CC)	Animal Crackers	News 8 at 10 (N)	Seinfeld (N) (CC)	2 Broke Girls (N)				
KGTV	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	The Goldbergs (N)	Speechless	Match Game (N) (CC)	10News at 11pm	Jimmy Kimmel				
KPBS	Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Nature "Yosemite" (N) (CC) (DVS)	NOVA "Black Hole Apocalypse" Janna Levin explores black hole science. (CC) (DVS)	Eric Idle's The Entire Universe (N) (CC)						
KNSD	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	The Blacklist "The Informant" (N) (CC)	Law & Order: Special Victims Unit (N) (CC)	Chicago P.D. "Confidential" (N) (CC)	NBC 7 News	Tonight Show				
DISN	Andi Mack	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Bizaardvark (N)	Bunk'd (N) (CC)	Jessie (N) (CC)	Andi Mack	Stuck/Middle
ESPN	NBA Basketball Oklahoma City Thunder at Minnesota Timberwolves. From the Target Center in Minneapolis. (N)		NBA Basketball Los Angeles Clippers at Golden State Warriors. From Oracle Arena in Oakland, Calif. (N) (Live)				SportsCenter With Scott Van Pelt (N)	SportsCenter (N) (Live) (CC)						
ESPN2	College Basketball Duke at Pittsburgh.	College Basketball Georgia at Missouri. From Mizou Arena in Columbia, Mo. (N)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	NFL Live (CC)			NBA Basketball: Clippers at Warriors						
TLC	My 600-Lb. Life "Doug's Story" (CC)	My 600-Lb. Life: Countdown to the New Season Twins get help; with insider facts. (N) (CC)	My 600-Lb. Life "Rena & Lee's Story" Lee and Rena battle anger issues. (N)	Family by the Ton (Series Premiere) (N)	My 600-Lb. Life "Rena & Lee's Story"									
USA	*** Superbad (2007) Jonah Hill. Co-dependent teens hope to score booze and babes at a party.		*** Mean Girls (2004, Comedy) Lindsay Lohan, Rachel McAdams, Tina Fey.	*** Easy A (2010, Comedy) Emma Stone, Penn Badgley, Amanda Bynes.				Chrisley Knows						

9	4	5	7	6	1	3	2	8
3	2	1	8	5	4	9	6	7
7	6	8	3	2	9	5	4	1
6	9	2	1	8	5	4	7	3
8	5	3	4	7	6	2	1	9
4	1	7	9	3	2	8	5	6
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2	7	4	6	9	8	1	3	5

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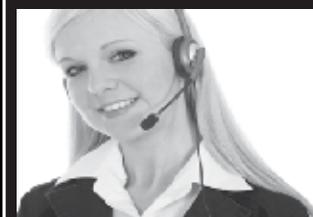
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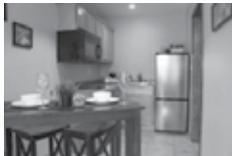
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Videoview

by Jay Bobbin

STARTING THIS WEEK: "IT": For a while, it seemed as if a movie based on a Stephen King story was released almost every month ... and though it had been some time since then, the response to this adaptation of one of his most popular novels has proven he's still a major force at the box office. Several young Maine friends are pitted against the sinister clown Pennywise (played by Bill Skarsgard), who preys upon their deepest fears as they try to locate other youths who have disappeared, evidently under vicious circumstances. Though the film's younger stars generally are relative unknowns, two of them are Finn Wolfhard ("Stranger Things") and Jaeden Lieberher ("Masters of Sex"). DVD extras: three "making-of" documentaries; deleted scenes. *** (R: AS, P, V) (Also on Blu-ray and On Demand)

"THE FOREIGNER": In this first movie since receiving an honorary Oscar, Jackie Chan meets - or, perhaps more accurately, collides - with another action star, Pierce Brosnan, in this revenge tale. Chan plays a grieving and very resourceful businessman determined to even the score for his daughter's death in a terrorist bombing. His main target becomes a politician (Brosnan) with ties to the IRA and a vast network of resources of his own. Notably, the movie reunites Brosnan with the director who introduced him as James Bond in "GoldenEye" (and also set Daniel Craig on his 007 start in "Casino Royale"), Martin Campbell. Orla Brady also appears. *** (R: AS, P, V) (Also on Blu-ray and On Demand)

"MARSHALL": The title refers to Thurgood Marshall, the first African-American member of the U.S Supreme Court, in director Reginald Hudlin's fine biographical drama. Chadwick Boseman ("42") has the title role as the script focuses on Marshall's earlier years as an attorney dedicated to fighting racial injustice - and experiencing some of it himself, particularly while handling the case of a chauffeur ("This Is Us" Emmy winner Sterling K. Brown) accused of assault by his employer (Kate Hudson). Josh Gad plays Marshall's courtroom colleague, with Dan Stevens ("Downton Abbey"), James Cromwell, Keesha Sharp ("Lethal Weapon"), Sophia Bush, Jussie Smollett ("Empire") and singer Rozonda "Chili" Thomas also in the noteworthy cast. *** (PG-13: AS, P, V) (Also on Blu-ray and On Demand)

"AMERICAN MASTERS: THIS IS BOB HOPE": The PBS series' recent profile of one of the top entertainers of the 20th century covers the breadth of his careers in vaudeville, radio, movies and television. Though Hope mostly speaks for himself in the wealth of archival material included, some of his writings are voiced by Billy Crystal. Expectedly included are clips from Hope's television specials, Oscars-hosting stints, USO tours and screen teamings with Bing Crosby. Hope's daughter Linda is among those interviewed, along with Conan O'Brien, Tom Selleck, Brooke Shields, Kermit the Frog (really), Dick Cavett, Connie Stevens and film critic and historian Leonard Maltin. *** (Not rated)

"MARK FELT: THE MAN WHO BROUGHT DOWN THE WHITE HOUSE": If you're not familiar with all the details of the 1970s Watergate scandal, you may not recognize Felt's name - but if you are, you'll know that he was the informant commonly referred to as "Deep Throat." Hal Holbrook played him in "All the President's Men," but here, the role goes to Liam Neeson as writer-director Peter Landesman traces the risks Felt took in steering Washington Post reporters Bob Woodward and Carl Bernstein in the right direction - and the price he paid in keeping his identity concealed for more than three decades. Stars also include Diane Lane, Tony Goldwyn ("Scandal"), Josh Lucas, Wendi McLendon-Covey ("The Goldbergs"), Michael C. Hall ("Dexter"), Bruce Greenwood, Noah Wyle and Kate Walsh. DVD extras: "making-of" documentary; audio commentary by Landesman; deleted and extended scenes. *** (PG-13: AS, P) (Also on Blu-ray and On Demand)

"NOVEMBER CRIMINALS": Two young friends, en route to college, end up united by more than their mutual romantic interest in this drama. Chloe Grace Moretz ("If I Stay") and Ansel Elgort ("Baby Driver") have the central roles as the characters become determined to solve the murder of a classmate (Jared Kemp) in the nation's capital, even if that means going against the police investigation and putting their own lives at risk. Based on a Sam Munson novel, director and co-screenwriter Sacha Gervasi's ("Hitchcock") film also features Catherine Keener, David Strathairn and Terry Kinney. DVD extra: "making-of" documentary. *** (PG-13: AS, P, V) (Also on Blu-ray and On Demand)

COMING SOON: "BLADE RUNNER 2049" (Jan. 16): The 35-years-later sequel finds another futuristic police detective (Ryan Gosling) questioning his existence; Harrison Ford returns. (R: AS, N, P, V)

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You can visit these animals and their many other friends at our Central County Shelter, 5480 Gaines Street, San Diego between the hours of 9:30AM to 5:30PM, Tuesday through Saturday. Visit <http://www.sddac.com> for more information and contact the shelter with questions and for holiday hours.

Love is a four legged word



by Cathy M. Rosenthal

Reader takes right steps toward dog, cat introductions

Dear Cathy,

We just took in a five-year-old dog from a family friend who could not keep him anymore. All is going somewhat well, but he does not get along with my three-year-old cat at all. We have tried to introduce them with him being held back on a leash, but he constantly keeps going after the cat. The cat pays the dog no mind. But the dog doesn't seem to be improving at all. It has only been about three weeks, but some of my research suggests this may never change. Are there any tips or suggestions you may have on how to get the dog to just be able to live in the same house with my cat? - Graig, West Babylon, NY

Dear Graig,

I applaud you for keeping the new dog on the leash these last few weeks. I know it's inconvenient to "walk" the dog around the house, but it gives the dog and cat time to get to know each other without the dog chasing and scaring the cat.

In addition, use a baby gate around the house to keep the dog from chasing the cat. The baby gate provides the dog and cat some much-needed nose-to-nose time, which can help further cement their friendship. Animals learn a lot through scent.

At the same time, reinforce "sit" and "stay" commands with your new dog all throughout the day, so he learns to listen to you. He doesn't have to love the cat (and vice versa), they just need to respect each other.

Once they are comfortable together, keep the leash on the collar for a few more days, so you can grab it, if needed. If after all this, the dog is still acting like he wants to hurt the cat, then you may have to re-home the dog. But generally, if the dog is just anxious and highly-interested in the cat, and not growling and showing signs of aggression, they should eventually learn to get along.

Dear Cathy,

We have a three-year-old domestic cat. She has always had a picky appetite, and has times of affection and aloofness. We recently acquired a rag doll kitten. For the last month, our older cat's appetite and playfulness have diminished appreciably. The two of them interact very minimally; the older cat seems to allow the kitten to have the run of the house. Basically, we would just like to bring back her personality. Any tips? - Mike, Newington, CT

Dear Mike,

If the new kitten got the run of the house from the start, the older cat may be feeling stressed by the new household dynamics. Cats are very territorial, and it would be easy for a dominate personality to change the mood

of the entire household. Introductions go best when cats have time to adjust to each other more slowly.

Go back to making proper introductions by putting the new kitten in a room with a litter box and toys for a few days, giving your older feline the chance to relax and roam the house again. During this time, take turns sitting on each side of the door, using a feather toy under the door to play with whichever cat is on the other side. Fingers crossed they will connect each other's scent with something fun, and reintroductions will go easier.

Once they are around each other again, make sure there are at least two litter boxes. Also, don't feed them near each other until you are sure they are friends. They need to have their separate spaces.

Dear Cathy,

I have a cat who is five years

old that we rescued from the Humane Society. He is a Russian Blue and a great cat, except he will not eat any wet foods. The only thing he will eat is dry food. My vet has no answer. He is very healthy, but wonder what we would do if he needs a pill or other oral medication. We have tried all kinds of food, including tuna and chicken, and he will only drink the juice. - Harry, Marana, Arizona

Dear Harry,

Even cats who eat wet foods know how to eat around their pills. If you ever need to give your cat a pill, use a pill popper, available online and at pet stores. It looks intimidating, but is easy to use. Ask your veterinarian or watch an online video tutorial to learn how to use it.

(Cathy M. Rosenthal is a longtime animal advocate, author, columnist and pet expert who has more than 25 years in the animal welfare field. Send your pet questions, stories and tips to cathy@petpundit.com. Please include your name, city, and state. You can follow her @cathymrosenthal.)

Weekly Inspiration
from Colette

Unless you love and accept yourself fully and completely, true long term happiness will continue to elude you. -Jennifer Grant

Omarr's weekly Astrological forecast

♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ ♈

ARIES (March 21-April 19): During the week ahead, you can develop a worthy New Year's resolution that is built on an inspiring idea or fantasy. You will have ample energy to put your plans into motion, but must be methodical in the execution.

TAURUS (April 20-May 20): Enjoy the best of both worlds in the week to come. You can enjoy being spoiled and pamper a loved one, too. You may gain knowledge or discover information that gives you the upper hand in a delicate situation.

GEMINI (May 21-June 20): You might possess loads of ambition but may hesitate to take necessary steps because you are afraid of making a mistake. In the week ahead don't hesitate to give your best effort, as practice makes perfect.

CANCER (June 21-July 22): The week to come could cause you to question whether you are being thrifty or miserly. You will know that money is well-spent if it makes someone happy. A new person might not be what he or she seems.

LEO (July 23-Aug. 22): Finding ways to become more efficient and organized might be at the top of your "to do" list in the week ahead. Although you may be disappointed in someone, or something, you will learn a valuable lesson.

VIRGO (Aug. 23-Sept. 22): If you're feeling like you're not doing what you're supposed to be doing maybe it is time to organize your visions of success into a priority list. This week develop your ambitions and make some sensible resolutions.

LIBRA (Sept. 23-Oct. 22): Harness your energies and use them wisely in the week ahead. Follow through on an inspiring thought, whether it comes through a friend or mentor or from reading material, but keep a tight rein on your wallet.

SCORPIO (Oct. 23-Nov. 21): An eagerness to take risks might be at odds with shrewd business tactics during the upcoming week. Focus your enthusiasm instead on making a good impression on the people you meet at social gatherings.

SAGITTARIUS (Nov. 22-Dec. 21): Ringing out the old might have more significance for you than for others. Saturn is no longer in your sign, so you will find you have more freedom to plan for the year ahead as this first week of the year unfolds.

CAPRICORN (Dec. 22-Jan. 19): In the week ahead change the word "me" into "we." You might think that your wants and needs are the most important, but other people count just as much. Focus on ways to include your loved ones in your plans.

AQUARIUS (Jan. 20-Feb. 18): You may enjoy a series of magical moments in the week ahead because you know how to make a great impression on others. Use your networking skills to make new contacts and widen your sphere of influence.

PISCES (Feb. 19-March 20): Get ready to go out on the town. This is the day to celebrate new beginnings with those in your social circle. You are in good standing with your loved ones and will be able to make new friends in the week ahead.

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT FIVE-LETTER MAMMALS in the grid of letters.

Y	H	A	O	M
E	D	O	L	S
N	S	R	T	T
H	A	L	E	H
W	P	R	U	M

Around Town

Los Angeles Clippers vs. Oklahoma City Thunder at Staples Center, Jan. 4, 7:30pm. www.nba.com/clippers

Cal State San Marcos Cougars vs. San Francisco Gators Women's Basketball at Cal State San Marcos, Jan. 5, 5:30pm. www.csusmcougars.com

UC San Diego Tritons vs. Humboldt State Women's Basketball at UC San Diego, Jan. 5, 5:30pm. www.ucsdtriton.com

San Diego Gulls vs. San Jose Barracudas at Valley View Casino Center, Jan. 5-6, 7pm. www.valleyviewcasinocenter.com

Los Angeles Lakers vs. Charlotte Hornets at Staples Center, Jan. 5, 7:30pm. www.nba.com/lakers

UC San Diego Tritons vs. Humboldt State Men's Basketball at UC San Diego, Jan. 5, 7:30pm. www.ucsdtriton.com

Cal State San Marcos Cougars vs. Chico State Wildcats Men's Basketball at Cal State San Marcos, Jan. 5, 7:30pm. www.csusmcougars.com

San Diego Spring Home Show at San Diego Convention Center. Jan. 5-7 www.homeshowsandiego.com

Pygmalion at Patio Playhouse Theatre. www.patioplayhouse.com

Scholastic Surf Series: San Diego High School Divisions 3 & 4 at Ponto Beach in Carlsbad. www.surfsss.org

Los Angeles Clippers vs. Golden State Warriors at Staples Center, 12:30pm. www.nba.com/clippers

Cal State San Marcos Cougars vs. Humboldt State Lumberjacks Women's Basketball at Cal State San Marcos, 5:30pm. www.csusmcougars.com

UC San Diego Tritons vs. Chico State Women's Basketball at UC San Diego, 5:30pm. www.ucsdtriton.com

Jungle Jack Hanna at California Center for the Arts, Escondido, Jan. 6, 6:30pm. www.artcenter.org

San Diego Chinese Art & Cultural Society presents 2018 International Music & Art Festival at Poway Center for the Performing Arts, Jan. 6, 7pm. www.powayonstage.org

UC San Diego Tritons vs. Chico State Men's Basketball at UC San Diego, Jan. 6, 7:30pm. www.ucsdtriton.com

Cal State San Marcos Cougars vs. Humboldt State Lumberjacks Men's Basketball at Cal State San Marcos, Jan. 6, 7:30pm. www.csusmcougars.com

csusmcougars.com

Willie Nelson & Family at Harrah's Resort SoCal, Jan. 6, 8pm. www.caesars.com/harrahs-socal

Jan. 6-7 NFL Wild Card Playoffs. www.nfl.com

Broadway San Diego presents Hamilton at San Diego Civic Theatre. Jan. 6-28 www.sandiegoteatres.org

Scholastic Surf Series: San Diego High School Division 5 at Ponto Beach in Carlsbad. Jan. 7 www.surfsss.org

San Diego Sockers vs. Turlock Express at Valley View Casino Center, Jan. 7, 5:05pm. www.valleyviewcasinocenter.com

Los Angeles Lakers vs. Atlanta Hawks at Staples Center, Jan. 7, 6:30pm. www.nba.com/lakers

College Football Playoff National Championship in Atlanta, Ga. Watch on ESPN at Jan. 8 5pm. www.ncaa.com

Los Angeles Clippers vs. Atlanta Hawks at Staples Center, Jan. 8, 7:30pm. www.nba.com/clippers

Twin Lakes Hiking Series for non-beginners at Blue Sky Ecological Reserve, Jan. 8-29, 9am, every Monday. www.poway.org

John Bennett & Friends at Le Papagayo. Jan. 8 www.lepapagayoleucadia.com

Los Angeles Lakers vs. Sacramento Kings at Staples Center, Jan. 9, 7:30pm. www.nba.com/lakers

San Diego State Aztecs vs. San Jose State Spartans Men's Basketball at Viejas Arena, Jan. 9, 8pm. www.goaztecs.com

San Diego Gulls vs. Chicago Wolves at Valley View Casino Center, Jan. 10, 7pm. www.valleyviewcasinocenter.com

Markiplier's Your Welcome Tour at Copley Symphony Hall, Jan. 10, 8pm. www.sandiegosymphony.org

I Am My Own Wife at Laguna Playhouse. Jan. 10-28 www.lagunaplayhouse.com

Twin Lakes Hiking Series for beginners at Blue Sky Ecological Reserve, Jan. 10-31, 9am, every Wednesday. www.poway.org

Around the World in Eighty Days at North Coast Repertory Theatre. Jan. 10-2/4 www.northcoastrep.org

Los Angeles Lakers vs. San Antonio Spurs at Staples Center, Jan. 11, 7:30pm. www.nba.com/lakers

PGA Sony Open at Waialae Golf Course in Hawaii Jan. 11-14

San Diego Symphony presents It's About Time: A Festival of Rhythm. Sound. And Place. at locations throughout San Diego County. Jan. 11-2/11 www.sandiegosymphony.org

Premiere of Lego Ninjago Master of the 4th Dimension at Legoland California Resort. Jan. 12 www.legoland.com

Fun Friday Nites at San Marcos Community Center & San Elijo Recreation Center. Jan. 12, 6-10pm. www.san-marcos.net

San Diego Sockers vs. Tacoma Stars at Valley View Casino Center, Jan. 12 7:35pm. www.valleyviewcasinocenter.com

Winter Festival at Poway Community Park. Jan. 12-13 www.poway.org

Jay Cain at Le Papagayo. Jan. 12 www.lepapagayoleucadia.com

The Fab Four: The Ultimate Tribute at Pechanga Resort & Casino, Jan. 12-13 8pm. www.pechanga.com

Epic Series Obstacle Course Race and Glow Party Cost: \$65 - \$95. Saturday, January 6, 8 a.m. to 7 a.m. Participate in the Epic Series Obstacle Challenge at a discounted rate. Epic Series is an all levels obstacle course race consisting of a less-than-two-mile sprint and 28+ obstacles and challenges. There will also be a glow party in the evening, consisting of making your own glow-in-the-dark shirts, a dance party, and black-light fun run. The code is EPICREADER. Entry includes: Custom Epic finisher medal, Epic T-shirt, prizes for top finishers, free photos, and discounts from Epic partners. Info: matt.mayfield@epicseriesocr.com. Chula Vista Elite Athlete Training Center 2800 Olympic Parkway, Chula Vista, 91915.

San Diego Scavenger Hunts Cost: \$40 - \$50. Ongoing until Friday, Sept. 28, Mon- Sun, 8am-8pm. Participate as a team, family, couple, or individual. Complete the adventure as quickly as possible or meander along aimlessly. The goal is to have fun outdoors and hopefully learn some interesting things along the way. All you need to play is a mobile device with web access. Tours are self-guided, so you can play any time you want. One price per team, not per person. Begins in the Organ Pavilion Parking Lot. Spreckels Organ Pavilion, 1549 El Prado, San Diego, 92101.

Portraits, People, Pets, & Beyond Cost: \$55 - \$66. Saturday, January 6, 9 a.m. to noon. Find out how you can improve your people, pet, and nature photography in just one day. We will be in the classroom discussing camera functions, then move to the garden and apply what we have learned. Instructor: Sandy Zelasko, Sandra Lee Photography. San Diego Botanic Garden, 230 Quail Gardens Drive, Encinitas, 92024.

Farm Animal Encounter. Fridays, Dec. 29, Jan 26, Feb. 23, March 30, April 27, May 25. 10:30 a.m. \$8. Join San Diego Children's Discovery Museum on the last Friday of every month and meet some farm animals. The hands-on workshop includes a special storytime, meeting animals, and a themed craft or activity. Each of the workshops has a different theme and features different farm animals. San Diego Children's Discovery Museum, 320 N. Broadway, Escondido.

Youth Fishing Clinic at Chollas Lake. Saturdays & Sundays 10 a.m.-2 p.m. thru Dec. 2018. Free. Kids-only fishing clinic is open to children 15 years and under, Saturday and Sunday year-round. No experience or equipment necessary. Fishing lessons, bait, and fun provided. Chollas Lake, 6350 College Grove Drive, San Diego, 92115

Global Winter Wonderland. Thru Sun., Jan 7. Mon.-Fri., 4:30-10 p.m. \$19-\$22. International celebration w/largest display of traditional Chinese lanterns outside of China, "Cirque du Soleil-level acrobatics," 35+ carnival rides, holiday-themed activities and games, international food and shopping. The luminescent, hand-crafted lanterns are inspired by international landscapes from around the world such as the Taj Mahal and the Eiffel Tower, many of which are newly designed for San Diego. SDCCU Stadium. 9449 Friars Rd, Mission Valley.

Epic Lacrosse Pick-Up Games, Sundays, 6-8 p.m. thru June 17. \$10. Epic Box Lacrosse pick-up games held every other Sunday night. Age 18+, full gear required. Sportsplex USA, 12349 McIvers Court, Poway.

Informal Walk, Mondays, 9:30, thru Feb. 12. Free. On Mondays, group walkers meet and begin walking, taking the weather into consideration (if it's raining, indoor walking is the norm). Info: 619-392-4299. Bonita-Sunnyside Library, 4375 Bonita Road, Bonita, 91902

JCompany Youth Theatre presents Les Misérables at David & Dorothea Garfield Theatre. Jan. 12-28 www.sdjc.org

Kids' Marathon Mile at Legoland California Resort, Jan. 13 8am. www.carlsbadmarathon.com

Second Saturday Arts & Culture Experiences at California Center for the Arts, Escondido. Jan. 13 www.artcenter.org

Opening of Niki de Saint Phalle's Mythical California exhibit at California Center for the Arts, Escondido museum, Jan. 13 10am. www.artcenter.org

Winter Festival for the special needs community at Poway Community Park, Jan. 13 11am-1pm. www.poway.org

Los Angeles Clippers vs. Sacramento Kings at Staples Center, Jan. 13 12:30pm. www.nba.com/clippers

San Diego State Aztecs vs. Boise State Broncos Women's Basketball at Viejas Arena, Jan. 13 1pm. www.goaztecs.com

KinderNights at San Diego Zoo, Jan. 13 6-7:30pm. www.sandiegozoo.org

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Se Habla Espanol

New California gun laws in effect for new year

Important new gun laws will come into effect in California on January 1, 2018, pursuant to Proposition 63, which was coauthored by Lt. Governor Gavin Newsom and the Law Center to Prevent Gun Violence, and subsequently approved by voters on November 2016's statewide ballot.

The Proposition 63 provisions coming into effect on January 1, 2018 are new laws for convicted criminals to turn over their firearms and tighter controls for internet ammunition sales, and are detailed below:

Criminal Relinquishment of Firearms:

Beginning on January 1, 2018, Proposition 63 introduces and implements a clear, mandatory, and enforceable process for criminal offenders to give up their firearms upon their conviction.

Until now, a major gap in California law is that the state has no mechanism to ensure that individuals who have been convicted of a serious criminal offense—including domestic violence crimes—actually turn over possession of their firearms upon conviction.

According to the California Department of Justice (DOJ), thousands of such individuals illegally retain possession of firearms every year. More than 7,700 armed prohibited persons ("APPS") were added to this database in 2014, of which at least 42%—more than 3,200 people—were individuals who illegally retained firearms after a new criminal conviction.

Instead of implementing a standard, enforceable process that proactively ensures prohibited offenders give up their firearms prior to sentencing in a criminal case, California currently requires teams of law enforcement officers to go door-to-door to recover convicted criminals' weapons. This process imposes an extraordinary manpower and financial burden on law enforcement, and in many cases proves too little too late to prevent prohibited offenders from using firearms to perpetrate violence in California.

Proposition 63, beginning on January 1, 2018, implements a clear, mandatory, and enforceable process for the relinquishment of firearms by prohibited criminal offenders. It provides by far the most detailed, comprehensive, and enforceable state law anywhere in the country to proactively ensure that prohibited criminal offenders comply with existing law and relinquish their firearms after conviction.

Defendants convicted of firearm-prohibiting crimes, such as felonies, or misdemeanors involving violence, domestic abuse, or illegal weapon use, must provide proof that they sold or transferred their firearms within specified time periods after conviction. Probation officers and courts must verify that the defendant complied with this requirement before final disposition of the defendant's case and shall take further enforcement action to recover firearms from offenders who fail to do so.

Ammunition Sales

Beginning on January 1, 2018,

Proposition 63, ammunition sales must be conducted by or processed through licensed vendors. It will serve to prevent certain convicted criminals from purchasing ammunition once the new law for background checks for ammunition sales come online in July 2019.

Sales of ammunition by unlicensed individuals must be processed through a licensed ammunition vendor, in a manner similar to private party firearms transactions, and ammunition obtained over the Internet or from out of state must be initially shipped to a licensed ammunition vendor for physical delivery to the purchaser pursuant to a background check.

It means that, beginning January 1, 2018, online or catalogue ammunition purchases will need to be shipped to a licensed vendor for transaction, instead of having ammunition directly to the home. It expands throughout California similar local ordinances prohibiting direct mail of ammunition, already in place in some California cities.

The license requirements apply to individuals who sell more than 500 rounds of ammunition in any month. Those vendors must obtain an ammunition vendor license and conduct ammunition sales only at specified business locations. It means gun dealers must obtain a DOJ certificate of eligibility from employees who handle ammunition, verifying that they passed a background check.

PROPOSITION 63 IMPLEMENTATION TO DATE November 9, 2016 Ammunition:

It became illegal for a person to sell or transfer ammunition to a straw purchaser with knowledge or cause to believe that the straw purchaser would subsequently provide that ammunition to a prohibited person.

Gun dealers must now report the theft or loss of ammunition to local law enforcement, in addition to firearm thefts/losses.

Firearm Theft:

The theft of a firearm can be charged as a felony, no matter the firearm's market value.

Individuals convicted of misdemeanor firearm theft are prohibited from possessing or purchasing a firearm for 10 years after conviction.

July 1, 2017

Lost/Stolen Firearms:

Firearm owners must notify local law enforcement regarding the theft or loss of a firearm within five days after the owner discovered or reasonably should have discovered the theft or loss.

Ammunition Seller License

DOJ started accepting applications for ammunition vendor licenses; licensed gun dealers automatically considered licensed ammunition vendors.

Ammunition vendors must report the theft/loss of ammunition to law enforcement and obtain a DOJ certificate of eligibility from employees who handle ammunition, verifying that they passed a background check.

Strengthening Federal

Background Checks

DOJ is required to continue sharing records with the FBI containing the name, date of birth, and physical description of individuals who become legally prohibited from possessing a firearm.

DOJ is required to continue to maintain its own state-run background check systems so that firearm background checks in California examine both the FBI's records and California's more comprehensive databases.

January 1, 2018

Firearm Relinquishment:

Defendants convicted of firearm-prohibiting crimes, such as felonies, or misdemeanors involving violence, domestic abuse, or illegal weapon use, must provide proof that they sold or transferred their firearms within specified time periods after conviction; probation officers and courts must verify that the defendant complied with this requirement before final disposition of the defendant's case and shall take further enforcement action to recover firearms from offenders who fail to do so.

Gun Dealers:

Gun dealers must obtain a DOJ certificate of eligibility from employees who handle ammunition, verifying that they passed a background check.

Ammunition:

Individuals who sell more than 500 rounds of ammunition in any month must obtain an ammunition vendor license and conduct ammunition sales only at specified business locations.

Subject to certain exceptions, ammunition sales must be conducted by or processed through licensed vendors. Sales of ammunition by unlicensed individuals must be processed through a licensed ammunition vendor, in a manner similar to private party firearms transactions, and ammunition obtained over the Internet or from out of state must be initially shipped to a licensed ammunition vendor for physical delivery to the purchaser pursuant to a background check.

Non-sale transfers of ammunition must occur either in a face-to-face transaction or through a licensed vendor.

July 1, 2019

Ammunition Sale Records and Background Checks:

Ammunition vendors must record, maintain, and submit ammunition sale records to DOJ, in a manner similar to dealer's records of sales (DROS) for firearms purchases.

Before selling or transferring ammunition, ammunition vendors must first conduct a background check to verify that the person receiving the ammunition is a lawful purchaser.

Largae-capacity magazines

Possession of large capacity magazines (LCMs) that hold more than 10 rounds was scheduled to become prohibited on and after July 1, 2017. Individuals who own previously grandfathered magazines must dispose of their magazines as specified. This provision is currently subject to litigation.

Concerts

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

January

The Fremonts. Wed, Jan 3, 4 & 7pm. FREE. Jazz/R&B. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Blue Oyster Cult. Thurs, Jan 25, 8pm. Rock. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

The Killers, Tues, Jan 30, 7:30pm. Rock. Valley View Casino Center (Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

February

The Killers. Feb 1-2, 8pm. Rock. Staples Center, 1111 S. Figueroa St, Los Angeles, 90015. www.staplescenter.com

Shakira. Tue, Feb 6, 7:30pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. www.hondacenter.com

The Oak Ridge Boys. Age 21+. Sat, Feb 3, 5 & 8 p.m. Country. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon, 92019. (619) 445-6002.

Jessica Ficht. Wed, Feb 7, 4 & 7pm. FREE. World. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Night with Janis Joplin. Wed & Thurs, Feb 7 & 8, 8pm. Covers. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Shakira. Fri, Feb 9, 7:30pm. Latin/pop. Valley View Casino Center (Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

Lana del Rey. Thurs, Feb 15, 7:30pm. Pop. Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

Miranda Lambert. Thurs, Feb 17, 7:30pm. Country. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Cameron Carpenter. Sat, Feb 17, 8pm. Classical/Pop. Organist. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Beth Hart. Sun, Feb 18, 7pm. Folk. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

International Guitar Night. Sun, Feb 18, 7:30pm. \$30-\$40. Acoustic. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Boomshaka Music Festival. Mon, Feb 19, 3pm. Reggae/Ska/Rock. Tribal Seeds, Stick Figure,

The Original Wailers, Don Carlos, Hirie, The Expanders, more!! Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

Black Violin. Thur, Feb 22, 7:30pm. \$25-\$45. Classical/Hip-hop/Rap/Jazz. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Alsarah & The Nubatones. Thurs, Feb 22, 8-11pm. World. \$25. UCSD Price Center, 9500 Gilman Dr, San Diego 92023. (858) 534-6467.

Six String Society: Sounds of the Big Easy. Sat, Feb 24, 8pm. Jazz/World. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Jesse Cook. Sat, Feb 24, 7:30pm. \$35-\$60. Jazz/Latin/Nuevo Flamenco. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Demi Lovato. Mon, Feb 26, 7:30pm. Hip-hop/Rap/Pop. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

New Breed Brass Band. Wed, Feb 28, 2018. 8-11pm. Hip-hop/Rap/Jazz/World. \$30. UCSD Price Center, 9500 Gilman Dr, San Diego 92023. (858) 534-6467

March

Pierre-Laurent Aimard. Thurs, March 1, 8pm. Classical piano. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Tokio Hotel. Thurs, March 1 8pm. Electro pop quartet. City National Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. citynationalgroveofanaheim.com

Celebrating David Bowie. Tues, March 6, 7:30pm. Covers. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Brogue Wave. Wed, March 7 4 & 7pm. FREE. Celtic Rock/World. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Herbie Hancock. Wed, March 7, 7pm. Jazz/Pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Bria Skonberg. Fri, March 9, 7:30pm. \$25-\$40. Jazz/World. Trumpeter & singer. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

The Ten Tenors. Sat, March 10, 7:30pm. Classical. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

George Kahumoku Jr. Sun, March 11, 7:30pm. \$32-\$42. Folk/

World/Slack Key Guitar. Hawaii's Renaissance Man. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Lorde. Wed, March 14, 7pm. Staples Center, 1111 S. Figueroa St, Los Angeles, CA 90015. www.staplescenter.com

Los Lobos. Fri, March 16, 8pm. Latin/Rock. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Michael Schenker Fest. Sun, March 25, 8pm. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.grove-of-anaheim.com

Future

Martin Luther King, Jr. Community Choir. Wed, April 4, 7pm. FREE. Standards., California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Berkley Hart: Wreck 'N' Sow. Sat, April 14, 8pm. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Nightwish. Sat, April 14, 8pm. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.grove-of-anaheim.com

Tao: Drum Hart. Fri, April 27, 8pm. Acoustic/World. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Joey Alexander Trio. Sat, April 28, 7:30pm. Jazz. 13-year-old Grammy nominated pianist. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Lisa Sanders & Karen "Brown Sugar" Hayes. Wed, May 2, 4 & 7pm. FREE. Blues/Country. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Kamelot. Sat, May 5, 8pm. Hard Rock. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.grove-of-anaheim.com

Lise Lindstrom & Greer Grimsley. Sat, May 5, 7:30pm. Classical/Opera/Standards. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Priti Gandhi. Sun, May 13, 3pm. Classical/Opera/Soprano sensation. \$13-\$40. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Celtic Woman: Homecoming Tour. Fri, May 18, 7:30pm. Folk/World. Civic Theatre, 1100 Third Ave, downtown San Diego. (619) 570-1100.

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