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FIFTY EIGHTH YEAR NO. 41
THURSDAY, MARCH 14, 2019

Military Tenant Bill of Rights

WASHINGTON - All four military services of the Department of Defense are preparing a joint Tenant Bill of Rights in an effort to ensure service members and their families have safe, quality homes and communities, and clear rights while living in them.

Tenant Bill of Rights is intended to increase the accountability of privatized housing companies by putting more oversight authority in the hands of local military leaders.

All three service secretaries have seen firsthand and reviewed problems in housing units, and the Tenant Bill of Rights is intended to help remedy them by both protecting and empowering service members and their families.

The Tenant Bill of Rights will be enforced through renegotiated leases with the privatized housing companies. The Tenant Bill of Rights will be implemented in the coming weeks.

For more information, contact Army Public Affairs at (703) 693-4723, Navy Public Affairs at (703) 697-5342, Marine Corps Public Affairs at (703) 614-4309 or Air Force Public Affairs at (703) 695-0640.

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- Capt. Brent Alfonzo, commanding officer, Naval Air Facility El Centro

Assistant secretary of the Navy resigns

WASHINGTON - The Assistant Secretary of the Navy (ASN) for Energy, Installations & Environment (EI&E), Phyllis L. Bayer, has submitted her resignation as she will retire from government and pursue other opportunities.

The Department of the Navy applauds her service and is grateful for her extraordinary efforts this past year.

While Navy leadership has been recently evaluating options with this portfolio due to competing priorities, the Secretary of the Navy remains fully committed to the role and responsibilities. The Department has begun an active search for an equally qualified candidate to become the next ASN EI&E.

Sexual assault reports up at service academies, but down servicewide

by David Vergun

WASHINGTON - It's "gravely concerning" that results of the most recent survey of the military service academies show another increase in sexual assault reports, the executive director of the Defense Department's Office of Force Resiliency told lawmakers March 7 at a hearing of the Senate Armed Services Committee's personnel subcommittee.

The service academies to which Elizabeth P. Van Winkle referred are the U.S. Military Academy in West Point; the Naval Academy in Annapolis, Md.; and the Air Force Academy in Colorado Springs, Colo. DOD doesn't oversee the Coast Guard Academy in Groton, Conn., or the U.S. Merchant Marine Academy in Kings Point, N.Y.

Also concerning is retaliation aimed at "an appreciable portion" of service members and service academy students who report sexual assault or harassment, Van Winkle said, who has a doctorate in applied experimental psychology.

"We have a profound sacred obligation to our service members and their safety," she said, adding she's "committed and dedicated to making this right."

Van Winkle was joined at the hearing by the service judge advocates general - Army Lt. Gen. Charles N. Pede, Marine Corps Maj. Gen. Daniel J. Lecce, Navy Vice Adm. John G. Hannink and Air Force Lt. Gen. Jeffrey A. Rockwell.

The last survey of the active force was conducted in 2016. It found that overall levels of sexual assault had decreased by a third for women and two-thirds for men over the previous decade, she said, which is when surveys were first conducted. The same survey found that rates of reporting had more than quadrupled, from 7 percent in 2006 to 32 percent in 2016.

DOD assesses efforts in a number of ways using a "robust" data surveillance system, Van Winkle said. Scientific surveys are conducted every other year to understand the scope of sexual assault and harassment in the force with focus groups in the survey's off years to detect emerging issues, and a study of sexual assault reporting data is conducted each year to understand more about those who made "the courageous decision to report," she said.

Measurable and sustained reductions require a strategic approach beyond the training that is currently conducted, Van Winkle said. There is no single solution to the problem of sexual assault, but "we are committed to this battle for the long run," she said.

Van Winkle said she's personally met with victims of sexual assault and seen the anguish it brings them, adding that for her, the battle against sexual assault is personal.

Pede told the senators that the military justice system is working for victims of sexual assault, noting that in Army courtrooms 10 years ago, sexual assault offenses made up 18 percent of all types of trials. Last year, that figure rose to 50 percent.

He and the other service representatives on the panel advocated that commanders remain in the criminal justice system authority positions, as this promotes good order and discipline in the force and is effective in providing justice for victims.



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Pentagon spokesman discusses variety of topics with reporters

by Jim Garamone

WASHINGTON - There will be grave consequences for Turkey should the country go ahead with buying the Russian S-400 anti-aircraft missile system, chief Pentagon spokesman Charles E. Summers Jr. said here March 8.

If Turkey goes ahead with plans to purchase the \$2.5 billion Russian system, the United States will withhold F-35 aircraft and Patriot Missile batteries earmarked for Turkey, Summers told reporters at the Pentagon.

U.S. officials have long said the Russian system is incompatible with NATO systems, he added, and that it represents another effort by Russia to disrupt the alliance.

Summers said the Defense Department continues to pursue the National Defense Strategy in transforming and improving the way it does business. "As always, Acting Defense Secretary Patrick M. Shanahan's priority remains executing the National Defense Strategy's three lines of effort: lethality, alliances and reform. We have made some exciting progress along those [lines of effort]," he said.



Charles E. Summers Jr., acting assistant to the secretary of defense for public affairs, speaks to reporters at the Pentagon March 8. Photo by Master Sgt. Angelita M. Lawrence

He cited DOD's proposal to create the U.S. Space Force as an advance in lethality. Building the sixth U.S. armed force

will allow the United States to continue to "be the best in the world in that domain," Summers said.

Building Alliances, Reforming the Department

Shanahan traveled to the Middle East, Central Asia and Europe last month to build alliances, participating in the NATO defense ministers conference in Brussels and co-chairing a Defeat-ISIS coalition meeting in Munich.

"On reform, the department released its new artificial intelligence strategy in line with the White House executive order that created the American Ar-

tificial Intelligence Strategy," Summers said. More recently, Summers said, the department has been focused on the president's upcoming fiscal year 2020 budget request, which will be made available to the public [March 12].

"The department has prepared a strategy-driven budget that will allow DOD to build on the successes derived from the fiscal 2018 bipartisan budget act," he said.

Summers also commented on a Maryland court's a ruling yes-

terday on transgender service. "Transgender service members that are currently serving may continue to serve," he said. People with gender dysphoria who have had medical treatment will not be allowed to join, he added.

Summers said no decision has been made yet about how DOD money will be reprogrammed for use by the Department of Homeland Security. Discussion on this issue continue inside the department and with other federal agencies, he said.

U.S. Fleet Forces commander announces 2018 Fleet Sea, Shore Sailors of the Year

NORFOLK - Commander, U.S. Fleet Forces (USFF) Command, announced the 2018 USFF Fleet Sea and Shore Sailors of the Year March 7.

Adm. Christopher W. Grady named Builder 1st Class Luke G. Johnson, of Naval Mobile Construction Battalion 1, as the 2018 Sea Sailor of the Year and

Electrician's Mate 1st Class Steffi M. Gutierrezlara, of Commander, Naval Surface Squadron 14, as the Shore Sailor of the Year.

"It's an indisputable fact that ours is the greatest Navy the world has ever seen, because of the world-class enlisted leaders that form our Navy's backbone,"

said Grady. "All of the Sailor of the Year candidates represent the best the United States Navy has to offer."

During the ceremony, all 12 of the SOY finalists were recognized for their hard work and awarded the Navy and Marine Corps Commendation Medal.

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African Partnership Flight Rwanda concludes, connecting militaries through safety

by Tech. Sgt. Timothy Moore

KIGALI, Rwanda - The African Partnership Flight Rwanda concluded with a closing ceremony in Kigali, Rwanda, March 8.

Hosted by U.S. Air Forces Africa and the Rwanda Defence Force, the weeklong event allowed 45 air force delegates from Rwanda, Cameroon, Ghana, Senegal and Zambia to learn from and share ideas with each other and the U.S. Air Force about their safety programs, particularly flight.

“The African Partnership Flight is (U.S. Air Forces in Europe and Air Forces Africa) premiere military-to-military engagement program, and the goal is primarily to build partnerships with various African nations and get them used to working with the United States as well as each other,” said Maj. Daniel Stephens, African Partnership Flight Rwanda mission commander.

Throughout the week, participants discussed various aspects of safety investigations, with each country discussing how they conduct them, culmi-

nating in a field familiarization exercise with teams investigating a simulated aircraft crash.

Each team was able to walk the scene and examine the damage to try to determine the cause of the aircraft mishap. To add a further step of realism to the scenario, the scene was littered with actual aircraft parts provided by the U.S. Air Force and the Rwanda Defence Force.

“We spent the past four days giving briefs, talking how to conduct a mishap investigation, and today is a culmination of that,” said Chief Master Sgt. Joe Winfield, USAFE-AFRICA Safety functional manager.

After investigating the scene, each team presented their findings, giving what they believed to be the cause of the crash and recommendations on how to prevent similar

future incidents.

“We look at safety as a force multiplier,” Winfield said. “It’s always ‘mission first, safety always.’ From any safety incident, you learn to better yourself essentially. So, when we do these mishap investigations, the cause and recommendations lead to better mission enhancement.”

To further help the sharing of ideas and cross-communication between the countries, teams consisted of delegates from multiple nations.

“The benefit of that is they don’t do a lot of cross-talk,” Winfield said.

“Having them all in a room and talking about the safety programs they have increased the whole because some nations have a fledgling safety program and some nations have a very robust safety program. Bringing



Participants in the African Partnership Flight Rwanda work together during an ice breaker - the marshmallow challenge - in Kigali, Rwanda, March 4. The challenge is designed to facilitate communication within teams and get them to look at a task from various perspectives. The African Partnership Flight program aims to build aviation capacity, enhance regional cooperation, and increase interoperability by creating opportunities for African nations to work and collaborate together. Air Force photo by Tech. Sgt. Timothy Moore

us all together to exchange ideas can bring everybody up.”

It’s through creating opportunities to work and collaborate together that the African Partnership Flight program aims to build aviation capacity, enhance regional cooperation, and increase interoperability.

“I enjoyed the interactions with other countries, learning how they do (safety) in their home (countries) and them learning from us how we operate about air safety,” said Rwanda Air Force Lt. Fernand Ruzigana. “That was the best experience throughout this week.”

“To the other countries that participated in this forum and the United States, we are honored to have hosted this event and hope, next time, to be invited to (future events),” Ruzigana added. “As we go on, we would like to have more cooperation with them but also with the U.S. Air Force.”

Army reveals plans to improve military housing to Congress

by Sean Kimmons

Army senior leaders introduced an action plan to lawmakers March 7 that outlines steps to remedy military housing issues.

The plan includes a draft Tenant Bill of Rights, which is a joint effort by all military services expected to be finalized in the coming weeks.

In it, there are 12 rights intended to protect residents of privatized military housing.

“The recent reports of substandard conditions in some of

our military housing units are deeply troubling,” said Secretary of the Army Mark T. Esper. “It is unacceptable for our families who sacrifice so much for our country to endure these hardships in their homes.”

Testifying before the Senate Armed Services Committee on Capitol Hill, Esper said garrison leaders will soon be given more oversight to ensure housing companies on installations are held accountable.

Current proposals are for garrison staffs to conduct qual-

ity control checks on all life, health and safety work orders performed by contractors. They will also be present every time a resident moves in or out of a home.

To better empower them, members of garrison staffs will even be trained on contracting and housing management, he added.

A reporting system is being developed as well that will allow residents to rate the timeliness, quality of work and customer service of contractors that will be

related to garrison teams.

“Many Army families are concerned that they lack the ability to hold the privatized housing companies accountable for poorly performed services,” Esper said, “and are inadequately protected from retaliation.”

The Army has about 104,000 houses and apartments worldwide, and of those about 89,500 have been privatized under the Residential Communities Initiative.

Seven private companies now see **Housing, next page**

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Social Security Matters

by Russell Gloor

Ask Rusty - Social Security for couple with large age difference

Dear Rusty: My wife is 63 and I'm 55. I've been the breadwinner for 37 years and draw almost \$2,000 per month tax free from VA disability for life. I'm also still working until I'm 60 or 62, not sure yet, and will have a pension of about \$1,900 per month. We have about \$300k put away in retirement accounts. Since I still have a few years I haven't really looked much into retirement. Is there anything you can recommend on how to go about Social Security with the age difference? Signed: Younger Husband

Dear Younger: With your VA disability benefit, your expected pension from work, your savings and your eventual Social Security benefit you are positioned better than many for your later retirement. You didn't say whether your wife is already collecting SS benefits on her own work record, and that can be a factor in deciding when you should apply. This is because (from what you've told me) your wife will eventually be entitled to spousal benefits from your record. To start, please note that your wife's full retirement age (FRA) for Social Security purposes is 66 years and 2 months, while your full retirement age is 67. Your full retirement age is when you get 100 percent of what you have earned from a lifetime of working, but if you claim benefits earlier than your FRA, they will be reduced and if you wait beyond your FRA you can earn more. When to claim your Social Security should always take several things into account - your health, your current (and future) financial needs and your expected longevity. You cannot claim your Social Security until you are at least 62 years of age, but if you claim at 62 you will incur a 30 percent cut in the benefit you would be entitled to at age 67, and that is a permanent reduction.

Assuming your wife will be eligible for a spousal benefit from your record, since she will have reached her FRA whenever you claim benefits she can get up to 50 percent of the benefit amount you are due at your full retirement age. But if she claimed her own SS retirement benefit before her FRA, her spousal benefit will be somewhat reduced. Your wife cannot get her spousal benefit until you start collecting your Social Security so that may be a factor influencing the decision of when you should apply. While that might suggest you should apply as soon as you're eligible, you should also remember you will take a cut in benefits by claiming earlier than your FRA. You can maximize your benefit by waiting beyond your FRA to apply and earning delayed retirement credits which would yield a benefit 8 percent higher for each year you delay, up to age 70 when you could get 24 percent more than you'll get at age 67. However, delaying would mean your wife can't collect her spousal benefit until you start your benefits, so you should weigh the loss of her spousal benefit against the increase you get by delaying (remembering that you would get the higher benefit for the rest of your life, which is where expected longevity comes into play). And one other point: if you claim before your FRA and continue to work, you will be subject to Social Security's annual earnings limit until you reach your FRA.

So, as you can see, there are numerous considerations when it comes to deciding when you should claim your Social Security. I suggest you get a Statement of Estimated Benefits from Social Security. You can do that by contacting your local office or by creating your personal "My Social Security" online account at www.ssa.gov. Your Statement of Estimated Benefits will show your estimated benefit at ages 62, 67 and 70, and you can evaluate which of those amounts is most beneficial, considering your financial needs, your wife's potential spousal benefit, and your anticipated longevity.



Precision health initiative brings genetic testing to vets

WASHINGTON - The Department of Veterans Affairs (VA) announced this week that, as part of an innovative partnership, VA and Sanford Health, one of the nation's largest nonprofit health care systems, will soon provide free genetic testing to some veterans cared for by VA.

The VA PHarmacogenomics Action for cancer SuRvivorship (PHASeR) testing program will begin a pilot program this year at the Durham VA Health Care System that will enroll all cancer survivors who receive treatment at the facility. The program eventually will expand to enrolling some 250,000 U.S. vets at 125 sites.

A recent Dartmouth study found that VA medical centers "outperform private hospitals

in most health care markets throughout the country."

VA Secretary Robert Wilkie lauded the partnership, and said relationships like this will continue to expand the department's delivery of world class health care.

"This screening test will help providers at the VA prescribe the most appropriate medications at the right dose for cancer survivors," Wilkie said. "Our goal is to continue delivering the best care possible for our nation's heroes, and this partnership helps us do just that."

PHASeR is funded by a \$25 million gift from philanthropist Denny Sanford, for whom the health system is named, and an effort by Sanford Health to raise matching funds.

Housing continued from page 4

manage the properties across 49 installations, he noted.

While the initiative helped tackle inadequate housing at the time, Esper said the Army eventually lost sufficient oversight of the program.

"In too many cases, it is clear that privatized housing companies failed to uphold their end of the bargain, a failure that was enabled by the Army's insufficient oversight," he said.

Within hours of the first Congressional hearing to address housing concerns last month, the Army took actions to fully understand the scope and scale

of the problems, he said.

Senior leaders have since visited families in homes affected by lead paint, mold and other toxic hazards at Fort Meade, Maryland; Fort Bragg, North Carolina; Fort Campbell, Tennessee; Fort Jackson, South Carolina; Fort Belvoir, Virginia; and the U.S. Military Academy in New York.

Garrison commanders have been ordered to complete a 100 percent screening of installation housing by March 18. Town halls have also taken place across the Army.

"This has provided families a forum to voice their concerns and to report problems directly to garrison commanders," the secretary said.

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Work-life balance never easy for parents

by Dr. Daneen Skube
Tribune Content Agency

Q: I just had a baby and I work part-time, but I am still finding juggling work and now three kids overwhelming. I read articles about moms that have it all and do it all and feel really inadequate. Are there really moms of multiple kids that find work-life balance easy?

A: No, three or more children is a full-time job and even one or two children and part-time work is stressful. The articles you are reading are public relations presentations of women who want to appear superhuman. The truth is no parent finds balancing work and kids an easy task.

Barbara Walters wrote an insightful biography, "Audition," about the challenge between parenting and work for her generation that is a worthy read for any mom feeling inadequate. Be reassured the fact you feel overwhelmed makes you normal, not deficient.

Once a man or woman becomes a committed parent, the daily question becomes: Will the kids or my job get less of me today? Women traditionally

have been the primary support for children so men sometimes have lower expectations of themselves. However, even women with a spouse that stays at home usually feel bad about being away from children.

We have a difficult situation economically for most parents

INTERPERSONAL EDGE:

in our society. Even if you get a tiny house and live minimally, children are expensive. The challenge becomes how do you provide a comfortable standard of living for your family and still be an engaged parent? Another economic challenge is how to afford quality help, which most working parents need.

The other reality I have observed in my clients is the tendency to think engaged parenting will always produce a productive, happy and high-functioning child. My clients who were stay-at-home parents and did everything right often feel betrayed if a child turns out

to struggle with mental health, addiction or unemployment.

Many parents who cannot be home baking cookies fear their children will turn out badly. These parents drive themselves crazy with unrealistic expectations. Consider instead that parenting is about the rule of thirds; a third of the way a child turns out is parenting, a third is the genetics the child has, and a third is what a

child decides to do with the first two-thirds. Yes, you want to do your part well but please know you cannot guarantee that perfect parenting will create perfect kids.

As you relax into knowing that the only perfect parents are the ones without children make sure you also put yourself on your daily list. If you fail to make self-care part of your schedule, neither your children nor your job will thrive.

The last word(s)

Q: I have an impossible customer who, no matter what I do, is furious at our company.

I am sick to death of trying to please him. Is there a way out of getting verbally beat up?

A: Yes, go to your manager and ask for a strategy (that you are certain he or she has) and ask him or her to show you how to

implement it with your customer. Most likely your manager will also get beat up and now your manager will see the problem.

Daneen Skube is an executive coach, trainer, therapist and speaker. She's the author of In-

terpersonal Edge: Breakthrough Tools for Talking to Anyone, Anywhere, About Anything. You can contact Skube at www.interpersonaledge.com or 1420 NW Gilman Blvd., #2845, Issaquah, WA 98027. Sorry, no personal replies.

Olmsted Scholar Program seeks FY-21 scholars

by Katrina Gergely

PENSACOLA, Fla. - The Olmsted Scholar Program is now accepting applications for fiscal year 2021 (FY-21) for career-driven officers interested in serving as senior leaders and in developing their global affairs capabilities, as announced in NAVADMIN 061/19, Mar. 11.

The program is a unique opportunity leading to a graduate degree from an overseas university, while perfecting foreign language skills and providing new cultural and travel opportunities.

Candidates must possess the qualities of dedicated career officers while also aspiring to command assignments. Traditionally, Olmsted scholars promote to senior leadership positions.

"My participation in the Olmsted Scholar Program has only brought tangible benefits to my career," said Olmsted Scholar Program graduate, Capt. David Sauve, who serves as a point of contact for interested applicants. "The most apparent benefit was earning a master's degree, but another direct benefit was studying defense issues including strategy, diplomacy and the economics of defense."

Strong leadership qualities and superior scholastic abilities are needed along with sustained superior performance to qualify for the Olmsted Program.

"The Olmsted Scholar Program is unique since it approximates the skills required for maneuvering in uncertain environments," said Sauve. "It's about managing the nuances of human interactions and relationships in unknown environments, an experience that can't be learned elsewhere in the military. The skills learned are directly applicable to leading operational units."

The Naval Education and Training Professional Development Center (NETPDC) is accepting applications from active-duty officers from eligible designators as outlined in the NAVADMIN. Applicants must submit a command-endorsed nomina-

tion package to NETPDC, Code N221B, Officer Special Education Program-Olmsted, no later than Aug. 23, 2019.

Most unrestricted and restricted line officers must have three years of commissioned service, but not more than 11 years of total active military service, as of April 1, 2020 to apply. The designators 1310 and 1320 have an expanded service eligibility of 13 years and six months.

Applicants should be available to start language training in the summer/fall 2020. A foreign language background is not a prerequisite for selection. Two years of study at a foreign university follow, beginning in 2021, with program completion in 2023.

For questions concerning application procedures, applicants can contact Elise McGuire using the contact information published in the NAVADMIN. All applications will be reviewed in November 2019 by a Navy selection board, and up to 12 finalists will be chosen and submitted to the Olmsted Foundation for consideration for acceptance into the program.

A comprehensive personal interview will follow, where foundation staff will examine nominees' academic and professional background, choice of foreign university, proposed course of study, language aptitude and career goals. The interview panel will make its recommendations to the board for final decisions to be announced in March 2020 for the FY-21 Olmsted Scholar class.

Program information and submission guidance for military applicants is available at <https://www.mnp.navy.mil/group/training-education-qualifications>, then click "Navy Olmsted Scholarship Program" in the "Looking For?" section.

Applicants selected for the Olmsted Scholarship Program will be contacted via e-mail and a list of selectees will be posted at <https://www.mnp.navy.mil/group/training-education-qualifications>.



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Zumwalt departs on first operational underway

PACIFIC OCEAN - Guided-missile destroyer USS *Zumwalt* (DDG 1000) departed San Diego March 8, for its first operational underway.

The milestone demonstrates the U.S. Navy's commitment to advancing the lethality of its surface combatants by integrating cutting-edge technologies in *Zumwalt's* combat systems, weapons, and engineering plants.

Zumwalt is designed for stealth," said Capt. Andrew Carlson, *Zumwalt's* commanding officer. "This aids her role as a multi-mission surface combatant and improves the fleet commander's options for delivery of naval combat power

to meet the Navy's emergent mission requirements."



Zumwalt is 100 feet longer and 13 feet wider than the Arleigh Burke-class destroyer at 610 feet long, providing the space required to execute a wider array of surface, submarine, and aviation missions. Observ-

Zumwalt arrives in British Columbia

ESQUIMALT, B.C. - After departing San Diego on March 8, he namesake of the Navy's newest class of guided-missile destroyer USS *Zumwalt*, arrived here March 11.

"We're excited for this opportunity to visit Canada and further strengthen the close partnership between our navies and communities," said Capt.

ers will also notice the angular design of *Zumwalt's* hull and superstructure.

Zumwalt's crew recently completed a post-delivery maintenance availability designed to thoroughly evaluate the ship's systems and equipment to include radars and engineering plant.

"My crew has been looking forward to continued testing and operations at sea, leveraging the newly installed capabilities of this platform," said Carlson. "Our primary focus is executing

Andrew Carlson, *Zumwalt's* commanding officer. "By working together with partners like the Royal Canadian Navy, we help ensure the security, stability and prosperity of the Indo-Pacific region."

The visit marks an opportunity for the crew to experience the hospitality of the Canadian port, as well as showcase the

a safe underway, while building both competence and confidence in operating *Zumwalt* across the spectrum of naval warfare."

Zumwalt is under operational control of 3rd Fleet. Third Fleet leads naval forces in the Pacific and provides realistic training necessary for an effective global Navy. Third Fleet coordinates with 7th Fleet to plan and execute missions based on their complementary strengths to promote ongoing peace, security, and stability throughout the entire Pacific theater of operations.

U.S. Navy's newest class of destroyers.

"*Zumwalt* possesses stealth, size, power and computing capacity that provide the Navy multiple-mission ships capable of meeting today's maritime missions, and to incorporate new technologies to counter emerging threats tomorrow," Carlson said.

USS Michael Monsoor welcomes new skipper

by Lt. Colleen Coombes

SAN DIEGO - Zumwalt-class destroyer USS *Michael Monsoor* (DDG 1001) held a change of command ceremony aboard ship, March 4, welcoming the crew's second commanding officer after the ship was commissioned in January.

Capt. James W. Edwards relieved Capt. Scott M. Smith while the ship was moored in San Diego homeport. Rear Adm. Alvin Holsey, commander, Carrier Strike Group 1, presided over the ceremony and Rear Adm. William Galinis, program executive officer for ships, was the honorary guest speaker.

"The most important task we charge our commissioning commanding officers with, is building and training the ship's first crew. Capt. Smith has done exactly that; where he is a shining example of servant leadership. He empowered his team to take ownership of every aspect of their pre-commissioning unit, which set a rock solid foundation for future *Monsoor* Sailors," said Galinis. "He was the right leader at the right time to command the USS *Michael Monsoor*."

The ship honors Petty Officer 2nd Class Michael Monsoor, a Navy SEAL who was posthumously awarded the Medal of Honor for his heroic actions in Ramadi, Iraq, Sept. 29, 2006. Smith discussed how the crew strived to embody the legacy of the ship's namesake during his tenure.

"Mike [Monsoor] demonstrated that with our families behind us, our friends beside us, and faith in the future, we can accomplish even the most difficult undertakings. These Sailors have proven that," Smith said before turning over command.

Having served as Smith's executive officer, Edwards assumed all duties and responsibilities after his official orders were read and thanked Smith.

"It is an absolute privilege and honor to assume command of such a motivated and capable crew that endeavors daily to serve in a manner which honors our namesake, Michael Monsoor," said Edwards. "Under Capt. Smith's leadership, this crew has met every expectation with vigor and zeal and it is a testament to his leadership that we are a cohesive team with mission accomplishment as our cornerstone."

USS *Michael Monsoor* was commissioned Jan. 26 at Naval Air Station North Island. The 16,000-ton ship is 610 feet in length, has a beam of 87 feet, and a navigational draft of 27 feet. It can sail at speeds of up to 30-plus knots.

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Carl Vinson earns 2018 Battle 'E'

BREMERTON, Wash. - USS *Carl Vinson* (CVN 70) was awarded the 2018 Battle Efficiency "E" for West Coast-based aircraft carriers in an announcement released by Commander, Naval Air Forces, March 7.

news briefs

Vinson's selection for the annual honor recognizes the crew's superior level

of sustained proficiency and readiness throughout the ship's 2018 operations.

"I'm very proud of our team," said Capt. Matt Paradise, *Carl Vinson's* commanding officer. "2018 was a busy year and we responded well by executing all of our operational commitments, inspections and training with excellence. This award reflects the entire crew's hard work above, on and below the flight deck each day."

Last year, USS *Carl Vinson* completed a three-month deployment to the Western Pacific that

included a visit to Vietnam, the first visit by a U.S. aircraft carrier in more than 40 years. The ship also participated in Rim of the Pacific Exercise 2018 with more than 50 surface ships and submarines from 26 nations.

In total, *Carl Vinson* spent 193 days operating away from its San Diego home at the time. In January 2019, the ship moved to Bremerton for scheduled maintenance.

"It feels great to be recognized as a ship for the hard work we did in 2018," said Hospital Corpsman 3rd Class Derrick Johnson. "We spent a lot of time away from family and friends, and winning the Battle 'E' shows that we really made the most of it."

The Battle "E" award recognizes exceptional shipboard performance during operations, inspections, certifications, assessments, and training events in a competitive cycle. A ship and its various departments must consistently demonstrate a high level of proficiency, safety awareness, operational risk management, and overall readiness in all phases of operations.

Camp Pendleton's history in the movies

by Lance Cpl. Drake Nickels

CAMP PENDLETON - With its vast training areas and prime location along California's shorelines, Camp Pendleton is well known for producing the finest fighting forces on the West Coast. What it might be less known for is that it has been a backdrop to some of America's most famous films. Throughout the base's history, multiple movie producers have utilized its training grounds over Hollywood sets to recreate authentic war scenes of our country's most famous battles.

"[Working with the entertainment industry] gives us an opportunity to showcase assets and capabilities that are available to production companies," said Master Sgt. Katesha Washington from the Entertainment Media Liaison Office. "It allows us also to accomplish our mission of telling the story of Marines."

Camp Pendleton has a story to tell that continues each day. Since the base opened, over 20 films have been produced including "Sands of Iwo Jima." During the filming which also cast 2,000 Marines, producers transformed the installation to resemble the Japanese island also using elements to resemble the volcanic ash from Mt. Suribachi. Additional familiar titles include "The Last Ship" and "Battle Los Angeles."

With access to starstruck active-duty Marines and their familiar training grounds, producers are able to create authentic scenes without a need to hire actors or build sets in some cases. But the Marine Corps doesn't merely reduce production costs without some benefit. In giving Marines opportunities to share the limelight with some of their favorite characters, the Marine legacy is captured by telling its stories and reaching an audience, they might not typically reach.

For over a century, the Marine Corps has helped producers, writers and directors coordinate personnel, aircraft and equipment. "There are several steps leading up to filming a production," said Maj. Matthew Hilton, also with EMLO. "We figure out how and if we can or cannot support."

There have been countless stories told and countless stories yet to be told when it comes to Camp Pendleton's rich history and tradition. Watching the actions of its Marines and Sailors come to life on the big screen, both fictionally and non-fictionally only serves to preserve the Marine Corps heritage and real-life activities. And remember, the next time you watch your favorite action film, it just might have been filmed on the one and only Camp Pendleton.

Marines conduct systems operability testing

by Sky M. Laron

CAMP PENDLETON - Engineers and technical experts from Marine Corps Tactical Systems Support Activity conducted systems operability testing recently aboard USS *Wasp* in support of 31st Marine Expeditionary Unit operations in the Indo-Pacific region.

Amphibious warships must be able to sail in harm's way and provide a rapid buildup of combat power ashore in the face of opposition. This requires cyber-enabled network Marines to integrate shipboard systems, and provide combatant commanders real-time command and control capabilities.

"Having MCTSSA aboard proved to be an excellent experience," said Navy Lt. Blake Reynolds, *Wasp* communications officer. "They offered increased integration for ship-to-shore movement and proper communications between the Marine Corps and the Navy."

The 31st MEU, the Marine Corps' only continuously forward-deployed MEU, provides a flexible and lethal force ready to perform a wide range of military operations as the premier crisis response force in the Indo-Pacific region.

The primary objective for the MCTSSA team was to assist the 31st MEU in integrating tactical command, control, communications and comput-

ers - or C4 - systems into the afloat environment.

"Integration continues to evolve as new C2 systems are fielded and old systems are upgraded," said Marine Corps Capt. Caleb Wu, MCTSSA naval systems integration officer. "As our proficiency and experience increase, we can troubleshoot more rapidly."

As the MCTSSA Navy Integration team continues to support various MEUs, it is also collecting valuable lessons learned that can be applied on subsequent MEU systems operability testing, said Wu. "The capabilities between the Navy and Marine Corps communication suites were greatly enhanced by the experts who came aboard," said Reynolds.

In the end, ensuring Marines are capable of extending data services to distant sites through various systems specifically allowing for ship-to-tactical ashore data communications is crucial, said Wu.

"We truly appreciated [the integration] team's endeavors," said 1st Lt. Dakota Deter, 31st MEU communications platoon commander. "We are pressing forward and the Marines have conducted further testing, which would not have been possible without MCTSSA."

The MCTSSA team thought the testing event was a success as well.

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PACIFIC OCEAN (Feb. 24, 2019) - Marines and Sailors assigned to Maritime Raid Force, 11th Marine Expeditionary Unit (MEU), ride in a rigid-hull inflatable boat during a visit, board, search and seizure exercise. The Marines and Sailors of the 11th MEU are conducting routine operations as part of the Boxer Amphibious Ready Group in the eastern Pacific Ocean. Marine Corps photo by Cpl. Matthew Teutsch



MCAS MIRAMAR (March 8, 2019) - Maj. Robert M. Storck, operations officer for Headquarters and Headquarters Squadron, stands at attention during his retirement ceremony here. The ceremony officially recognized Storck for his 20 years of honorable service to the Marine Corps from May 1999 to March 2019. Photo by Cpl. Becky Cleveland



MCAS MIRAMAR (Feb. 26, 2019) - Cpl. Bobby Hayes, a motor transport Marine with Combat Logistics Battalion 13, 13th Marine Expeditionary Unit (MEU) reunites with his wife after his return from a successful, eight-month deployment to the Indo-Pacific, Middle East, Mediterranean, and Horn of Africa regions. Throughout deployment, the Essex Amphibious Ready Group/13th MEU team participated in exercises with partners throughout the Indo-Pacific, Mediterranean, and Middle East regions. The Navy/Marine Corps force supported Operation Inherent Resolve and Operation Freedom's Sentinel. In addition, the end of this deployment marked the inaugural combat deployment of the Marine Corps F-35B Lightning II. Photo by Sgt. Victoria Decker



Routine operations

AT SEA (March 11, 2019) - Petty Officer 3rd Class Krystal-Monae Johnson turns a valve on an emergency diesel generator during routine operations aboard USS Theodore Roosevelt in the Pacific Ocean. photo by Petty Officer 3rd Class Charles DeParlier

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Surface ship readiness

Rewarding a culture of excellence: Ship's crews can now earn certification early

NAVAL BASE CORONADO - Recent revisions to the Surface Force Training and Readiness Manual (SFTRM) now permit ships' crews to certify early when they demonstrate full proficiency during certification events.

Three surface ships have satisfied certification requirements under these changes, which increases commanding officer's discretionary crew training time. The changes also underscore the determined effort to foster a culture of excellence in the surface force.

Dock landing ship USS *Harpers Ferry* (LSD 49) completed their Basic Phase certification seven weeks early.

Guided-missile destroyer USS *Pinckney* (DDG 91) certified all Mobility-Engineering (MOB-E) CE requirements three weeks ahead of schedule during her first underway training/certification visit conducted by Engineering Assessments Pacific (EAP) and Afloat Training Group Sand Diego (ATG SD).

The MOB-E certification ensures Sailors have the necessary skills to operate the engi-

neering plant and respond to potential shipboard casualties.

USS *Charleston* (LCS 18) completed her New Construction Light Off Assessment (LOA) in three and a half days, half the time allotted for the visit. The ship accomplished more than 70 percent of her material checks in the two weeks leading up to the LOA, which greatly facilitated that early completion.

LOA is an assessment which ensures the ship is able to safely light-off and operate its engineering plant both in port and at sea. The assessment was performed by EAP/ATG SD as well.

Satisfactorily completing certification events early is a key focus area of the revised SFTRM, which was published on Nov. 1, 2018. It accomplishes two important goals.

First, it puts a big "T" (Training) and little "a" (assessment) into Afloat Training Groups (ATG), ensuring that ship's leadership focuses first on training Sailors. This underpins the Surface Force's rededication to command at sea and an insistence that crews work

hard to not just meet standards but strive for operational excellence.

Secondly, while meeting the same required standards, the SFTRM changes the delivery strategy of Basic Phase Training. ATG-led training and drills will first certify the ship's watch teams. Once the crew's watch teams have demonstrated proficiency, ATG will then focus on the ship's training team certification.

This crew-based training teams ensures that the ships are able to continuously train during the Optimized Fleet Response Plan (OFRP) cycle.

Importantly, ships that are able to demonstrate proficiency and meet standards during certification events will certify when they meet those standards. Under the previous approach, an unnecessarily artificial time-based, lock-step compliance method handcuffed crews both ready and capable of accelerated readiness certification.

Ship COs who build a culture of excellence within their crews and earn certification earlier will get the remaining



File photo: Sailors observe an MV-22B Osprey land on the flight deck of USS *Harpers Ferry* (LSD 49). Navy photo by MC3 Danielle A. Baker

Basic Phase time back to further build upon their culture of excellence and warfighting ethos.

Vice Adm. Rich Brown, the commander of Naval Surface Forces, emphasized this message to ship COs during his State of the Surface address at the 2019 Surface Navy Association (SNA) symposium.

"Imm your biggest advocate with your operational chain of command for giving time back to you and the ship," said Brown.

"We've set the conditions for our CO's to be more confident in taking risks by restoring firebreaks between maintenance, training, and operations and we improved training and assessments. So, we need COs to seize the initiative, and to be confident, sensible risk-takers because winning in combat demands it."

Winning in this era of a Great Power Competition demands embracing the concept of Mission Command.

"I've said this many, many times: As the CO goes, so goes

the ship," said Brown. "We've been making changes to the Surface Force for nearly a year now. 2018 was a year devoted to raising standards, improving training, tightening up qualifications, re-emphasizing certifications, and reasserting the primacy of command. 2018 was about being the best.

"It was a year of building readiness, but we don't build readiness for readiness' sake. We must turn that readiness into lethality. And we do that through an unrelenting pursuit of excellence over compli-

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by Jan Wagner

Do you want to race wheel-to-wheel? Try karting first

In the qualifying sessions, our quickest lap would determine whether we would race with the quickest group or the other group, as well as our starting grid position in that race.

Slow traffic in front of us would spoil our qualifying lap times. Our driving became more aggressive.

In one lap, just past the exit to a turn, my kart inexplicably lost all power and rolled to a stop. The driver of the following kart did not see me in time, and he hit me. An instant later, another kart slammed hard into him. The impacts were so forceful that they shoved me into the outside barrier and sent the contents of my shirt pocket flying.

I was dazed and instantly had a headache. Our qualifying session was stopped. A track worker rushed over to assess the situation and offer help.

He asked me if I wanted to continue or leave the track. My headache had begun to subside so I decided to continue. I was glad that I did. I scored the quickest qualification time in my group.

I began the quicker group's race in the third position on the grid. Since our karts were comparable in power, making up for track position would be difficult against these quick drivers. I knew that I would have to keep close to the two cars that were starting ahead of me, so that I would be in position to pass them if and when the opportunity presented itself. I carried out that plan well for a lap or two, all the while looking for an opportunity to overtake. However, I was still driving my qualifying lines, which would prove to be my downfall.

Approaching turns, I stayed wide to set up for quick, straighter lines through the tight turns. Unfortunately, my doing so created openings for those behind me to brake late, cut inside of me and thus take away my line. In retrospect, I understand that I was not defending my position.

As I stayed wide to prepare to take my preferred, quick line through the one of these tight turns, the driver of the kart behind me braked late, lunging forward and placing his kart between mine and the apex of the turn. He was probably moving too quickly to make the turn if he had been alone, but since I was on his outside, he was able to use my kart as a barrier. He spun me out, taking over my third place. My kart lost all power and stopped for what seemed like an eternity.

A track worker rushed over to restart my kart, but the damage had been done. The field wasn't bunched back up for the restart, and I was in last place. In the short time remaining I was only able to claw my way back up to eighth. Afterwards, the driver who had spun me out apologized.

Despite my disappointment, my karting experience had taught me the difference between negotiating a racecourse quickly on a clear track and using the racecraft necessary to successfully race wheel-to-wheel.

For more explanation, see <https://drivingfast.net/racecraft-overtaking-on-a-corner/>.

To see photos, visit www.drive-tribe.com, click on the magnifying glass, select "POSTS" and enter "AutoMatters & More #581" in their search bar. Copyright © 2019 by Jan Wagner - AutoMatters & More #581r1

Decades of autocrossing have given me a good working knowledge of quick racing lines, when and how much to accelerate, brake and coast, and so forth. However, more than that is needed to be successful in wheel-to-wheel racing.

Recently I met with fellow car club members at K1 Speed, in Carlsbad, (www.k1speed.com) for a friendly afternoon of go-kart racing. Our kart racing would include a 12-lap practice session, a 14-lap qualifying session and a 16-lap, wheel-to-wheel race. I learned more about how to race wheel-to-wheel in this one painful, ego-deflating, \$60 afternoon than in my many years of autocrossing.

In autocrossing, we are pretty much solely responsible for our results, whereas in wheel-to-wheel racing, competitors can literally have a big impact on our results too.

In my K1 Speed practice session, I familiarized myself with their electric go-karts and the twisty track layout. The karts were more or less equal in performance, so to get my quickest lap time I used my autocrossing skills. I reduced speed as late as possible before each turn, approached wide and then clipped the apex. I ended up turning in the second quickest single lap time of my practice session group.

Doodies of dog ownership, on & off base

The Meat & Potatoes of Life



by Lisa Smith Molinari

There's nothing that fights winter melancholy quite like a brisk dog walk on a brilliant, crisp, blue day. A bit of fresh air and sun does wonders for my soul during these long, chilly months. Moby trots happily a leash length ahead of me, with his tongue wagging from his stout English Lab frame. I sip my travel mug of coffee, communing with nature and my trusty canine companion.

Life is good.

However, our mutual bliss is inevitably interrupted by one goal of our outing - getting Moby to do his business. While he does his best kangaroo impression on someone's front lawn, I set my travel mug on the curb, then reach into my pocket. Every coat I own is stuffed with dog waste bags, so I invert one onto my gloved hand, and close my nasal passages in preparation for the loathsome task.

Even with my fingers fully ensconced in protective plastic, picking up dog feces is a revolting experience. I grab the pile quickly, then tie a knot in the top of the bag without breathing. My job is done. I am proud to be a rule-follower, a model citizen, a conscientious neighbor.

But how can I continue my soul-cleansing journey while carrying this disgusting bag of foulness? Having a bag of dog poo swinging from one's hand puts a significant damper on communing with nature and enjoying one's coffee. Do I find the nearest trash receptacle — usually a garbage can on the curb in front of a house or a dumpster at a construction site — and toss in the noxious bundle? Or, do I lug Moby's steamy business all the way home, ruining my daily sojourn?

With almost 90 million pet dogs in the United States, about 30,000 tons of dog poo is deposited on lawns, parks and sidewalks every day. Dog waste is not a natural fertilizer like cow dung; due to dogs' carnivorous diet, dog feces is full of acid, toxic bacteria, and parasites. Studies indicate that about 90 percent of fecal coliform bacteria, which is used as a measure of water health and quality, is mostly from abandoned canine feces. Two or three days worth of abandoned feces from 100 dogs can increase bacteria levels in water enough to warrant closing waterways to swimming and shell fishing.

So, it's no surprise that many municipalities, homeowner's associations, landlords and military base housing authorities have issued ordinances and policies requiring pet owners to pick up waste. Nowadays, most municipalities post signs, and provide biodegradable bag dispensers and waste receptacles in public spaces. But ironically, as the biodegradable dog waste bag industry booms, scientists warn that dog feces biodegrading in

landfills will eventually release methane gas and contribute to global warming.

Who knew the pooper scooper issue was this complex?

Despite it all, only about 59% of dog owners pick up their dogs' feces. That's more than 8 billion pounds of abandoned dog poo per year. One study attempted to profile dog walkers, finding five typologies: 1. Those "proud to pick up" and carry dog poo, 2. Those who "do the right thing" by picking up, but seek to dispose of the waste as soon as possible, 3. Those who feel they've "done their job" by bagging the poo but leave the bag for others to deal with, 4. Those who only pick up in the presence of others, and 5. Those who are so "disengaged" they won't pick up at all.

My sister-in-law, who carries a dog waste bag filled with two clementines to give the appearance of being a pooper scooper, but never actually picks up her boxer's business, is a four and a half. The last time we lived on a military base, there was an unidentified number five in our neighborhood that caused much drama and finger-pointing. And with a tiny pang of guilt, I admit that I am a number two. Since my daily dog walks serve the dual purpose of both cleansing Moby's bowels and cleansing my soul, I commit the minor infraction of throwing my dog's bagged poo into other people's trash cans.

I ask for leniency, because besides my dog Moby, nobody's perfect.

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'Paw it Forward' campaign to help pets of homeless; Donate before April 5

by Tracy DeFore
County of San Diego
Communications Office

Pet lovers - look around and see if you have any old pet sweaters that just don't fit Fido anymore and "Paw It Forward" to County Animal Services.

The department is collecting new and gently used pet sweaters, leashes, collars and toys to give out at the Project Homeless Connect event in El Cajon.

A couple hundred people are expected to show up to take advantage of a mobile shower unit, a mobile medical clinic and services to help the homeless. Some come with pets in tow. While their owners get some much needed help, the animals get some TLC of their own.

County Animal Services will be providing free pet vaccinations, wellness exams and microchips. As an

added bonus, staff will give out pet sweaters, leashes, collars and toys.

"The owners often take better care of their pets than they do themselves so they're extremely grateful for cozy sweaters or coats for their furry companions," said Veterinarian Dr. Cassie Hamilton, D.V.M.

Crisis House is hosting the Project Homeless Connect event from 10 a.m. to 2 p.m. on April 12 at the Ronald Reagan Community Center.

County Animal Services is collecting pet items from now until Friday, April 5. All sizes will be accepted.

The donations can be dropped off during regular business hours Tuesday through Sunday at either of the County's shelters in Bonita or Carlsbad. For more information about the "Paw It Forward" campaign, contact County Animal Services at 619-767-2675.

Extraordinary SoCal summer camp for grieving boys & girls offers free one-week, sleep-away experience; Application process underway

This summer, August 5-17, at Green Oak Ranch in Vista, CA, boys and girls from the West Coast will come together to spend a week at the "California Experience". Experience Camps provide free, one-week camps for children who have experienced the death of a parent, sibling or primary caregiver. Along with swimming, arts and crafts, and team sports, the kids take part in bereavement activities including sharing circles where they are encouraged to talk about their grief.

Currently accepting referrals and applications for boys and girls entering grades 4-12 in the 2019/20 school year.

California (Girls): August 5-10, 2019

California (Boys): August 12-17, 2019

According to the U.S. Census Bureau, approximately 1.5 million children are living in a single-family household because of the death of one parent. Grieving children are at higher risk than their non-grieving peers for depression, anxiety, poor school attendance or dropping out, isolation, behavior problems, lowered academic achievement, drug and/or alcohol abuse, incarceration or suicide. Experience Camps Help. <https://www.experience.camp/>



Non-active duty personnel are invited to join the Navy League. No military service required, just a desire to serve those that serve.

Call Jay Lott at 619-230-0301 or email him at jay@navyleague-sd.com for more information.

MOVIES at the Bases

Lowry Theater - NASNI, 619-545-8479, Bldg. 650

Thursday, March 14
5:50pm LEGO Movie 2: 2nd Part
7:50pm The Prodigy

Friday, March 15
5:50pm Alita: Battle Angel
8:10pm Isn't It Romantic

Saturday, March 16
12:50pm Alita: Battle Angel
3:10pm Isn't It Romantic

Sunday, March 17
12:50pm LEGO Movie 2: 2nd Part
2:50pm Isn't It Romantic

Monday, March 18
5:50pm Alita: Battle Angel
8:10pm Isn't It Romantic

Tuesday, March 19
5:50pm Kid Who Would Be King
8:10pm What Men Want

Wednesday, March 20
5:50pm Alita: Battle Angel
8:10pm The Prodigy

Thursday, March 21
12pm Navy's Got Talent Prep**
LIVE Show Saturday, 6 pm

Friday, March 22
12pm Navy's Got Talent Auditions, LIVE Show Sat., 6 pm

NAB Theater - NAB, Q-Zone
619-437-5487, Bldg. 337

Thursday, March 14
11am The LEGO Ninjago Movie
5pm Overlord

Friday, March 15
5pm Aquaman
Saturday, March 16
2pm Second Act

Sunday, March 17
5pm Unthinkable
Monday, March 18
5pm The Meg

Tuesday, March 19
11am Ralph Breaks Internet
5pm The Nutcracker and The Four Realms

Wednesday, March 20
5pm Possession of Hannah Grace
Thursday, March 21
11am A Bug's Life

5pm Bohemian Rhapsody

Bob Hope Theater 577-4143
Miramar Bldg 2242
* indicates last showing

Thursday, March 14
6:30pm Miss Bala

Friday, March 15
6:30pm What Men Want
9pm The Prodigy

Saturday, March 16
3pm The LEGO Movie 2: The Second Part

6:30pm Alita: Battle Angel
9:20pm Isn't It Romantic

Sunday, March 17
1pm Alita: Battle Angel (3-D)
6:30pm The LEGO Movie 2: The Second Part

Wednesday, March 20
6:30pm Alita: Battle Angel
Thursday, March 21
6:30pm Kid Who Would Be King

Community Rec Center
- NBPL, Main Base,
619-553-9138, Bldg. 546

Thursday, March 14

5pm Unbreakable

Friday, March 15

5pm Pitch Perfect 3

Saturday, March 16

5pm Star Wars: The Last Jedi

Sunday, March 17

5pm Father Figures

Thursday, March 21

5pm Ferdinand

Naval Base Theater - NBSD,
619-556-5568, Bldg. 71

Thursday, March 14

5:50pm Kid Who Would Be King

8:10pm The Prodigy

Friday, March 15

5:50pm Isn't It Romantic

7:50pm Alita: Battle Angel

Saturday, March 16

12:40pm LEGO Movie 2: 2nd Part

3pm Alita: Battle Angel

5:50pm Isn't It Romantic

7:50pm Alita: Battle Angel

Sunday, March 17

1pm LEGO Movie 2: 2nd Part

3:20pm Alita: Battle Angel

5:50pm What Men Want

Monday, March 18

5:50pm Isn't It Romantic

7:50pm Alita: Battle Angel

Tuesday, March 19

5:50pm What Men Want

8:10pm Isn't It Romantic

Wednesday, March 20

5:50pm Miss Bala

8pm The Prodigy

Thursday, March 21

5:50pm Alita: Battle Angel

8:20pm Miss Bala

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Movies/times subject to change

Thursday, March 14

1/2 price admission

6:30pm Miss Bala (PG13)

Friday, March 15

6pm What Men Want

9pm The Prodigy

Saturday, March 16

1pm Kid Who Would Be King

3:45pm LEGO Movie 2: 2nd Part

6:30pm What Men Want

Sunday, March 17

1pm LEGO Movie 2: 2nd Part

4pm The Prodigy

6:30pm What Men Want

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Around Town

San Diego Latino Film Festival at AMC Fashion Valley. Thur, Mar 14-Sat, Mar 24. www.sdlatinofilm.com

LA Clippers vs. Chicago Bulls at Staples Center, Fri, Mar 15, 7:30pm. Watch on Fox Sports Prime Ticket & NBA TV. www.nba.com/clippers

Foreign Film Friday: Shoplifters at Carlsbad City Library, Fri, Mar 15, 4 & 7pm. Free admission. www.carlsbadca.gov

SD Sockers vs. Turlock Express at Pechanga Arena San Diego, Fri, Mar 15, 7:35pm. www.sdssockers.com

Camino Ruiz Rim to the Creek Hike, Sat, Mar 16, 8-10am. Free. Join naturalist for hike mostly in shade of tall Chaparral vegetation, nice switch-back trail from the rim of canyon down to valley floor and stream side. Camino Ruiz trailhead, 11489 Camino Ruiz, Mira Mesa.

Guided Bird Walk, Sat, Mar 16, 8-10am. Free. Join expert MTRP birders for adventure in bird watching. ring binoculars and/or a field guide if you have them. Meet at ball fields by entering from Murray Park Dr and Belle Glade Ave. Lake Murray Community Park, 7001 Murray Park Dr, San Diego.

SD Super Run 5K at Embarcadero Marina Park North, Sat, Mar 16, 8am. www.thesuperrun.com

Tip Top Run Leprechaun Dash & Bash at Agua Hedionda Lagoon Discovery Center, Sat, Mar 16, 7am-1pm. www.aguahedionda.org

Got Green at SD Botanic Garden, Sat, Mar 16, 10am-4pm. www.sdbgarden.org

St. Patrick's Day Parade on 5th Ave. & Laurel St. in San Diego, 1Sat, Mar 16, 0:30am. www.stpatsparade.org

Irish Festival in Balboa Park, Sat, Mar 16, 1-6pm. stpatsparade.org

ShamROCK Block Party in the Gaslamp Quarter, Sat, Mar 16, 2pm-12am. www.sandiegoshamrock.com

Dogs That Serve. Sat, Mar 16, 1 & 2pm. (Two 30-min demos) More than great companions, dogs provide life-changing assistance. See incredible skills of talented service dogs in live demo in the rotunda. San Diego Museum of Man, 1350 El Prado, Balboa Park. Free for museum members or w/general admission.

Storybook Princesses Sing-a-long at California Center for the Arts, Escondido, Sat, Mar 16, 10:30am. www.artcenter.org

CRY San Diego Color Festival, Sat, Mar 16, 11am-3pm. \$5-\$15. Indian Holi Festival signifies victory of good over evil, arrival of spring, and is festive day to meet others, play, laugh. People apply (safe and hypoallergenic) colors on each other and have fun. Color packets for sale! DJ: live Bollywood, hip-hop, dance tunes! Games. Indian food for sale. Free parking at park/school. Hourglass Field Community Park, 10440 Black Mountain Road, Mira Mesa.

Inspirational talk for the community. Sat, Mar 16, 2pm. Free. Enrique Smeke, C.S.B., shares "Are you ready to take the first step?" When we find ourselves in difficult situations and can't see how to go

forward, God is there to support and guide us. We all can experience inspiration, healing and progress in our lives. Chula Vista Public Library Civic Center, 365 'F' St. @4th Ave. (619) 422-6400.

Paint Your Pet's Portrait at San Diego Humane Society Oceanside Campus, Sat, Mar 16, 10am. www.sdhumane.org

Help Restore Coastal Sage Scrub, Sat, Mar 16, 1-4pm. Free. Join SD Audubon to coastal sage scrub habitat. Replacing non-native plant species with natives to create better habitat for birds. RSVP or find out more at flaherty@sandiegoaudubon.org. Grand Caribe Shoreline Park, 598 Grand Caribe Causeway, Coronado

San Diego Cake Show at Del Mar Fairgrounds, Sat-Sun, Mar 16-17, 10am-5pm. www.sandiegocakeshow.com

Shades of Green, Sat-Sun, Mar 16-17, Mar 30-31, Wed, Mar 20 & Apr 3. 9:30-11am. Free. Observe shades of green and more on guided hike. Meet inside the Visitor Center. Mission Trails Regional Park, One Father Junípero Serra Trail, San Carlos

National Scholastic Surfing Association Southwest Conference Open Season surfing competition at Oceanside Pier. Sat-Sun, Mar 16-17. www.nssa.org

SUPERSEAL Olympic & Sprint Triathlon in Coronado. Sun, March 17. www.ironman.com/search/SUPERSEAL

SD Fleet vs. Birmingham Iron. Sun, Mar 17, 5pm game time. New pro football team in The Alliance of American Football plays at SDCCU Stadium. SD Fleet takes on Eastern Conference Birmingham Iron. SD Fleet, 9449 Friars Rd, Mission Vly. 619-881-0606. sandiegofleet.com/

LA Clippers vs. Brooklyn Nets at Staples Center, Sun, Mar 17, 6pm. Watch on Fox Sports Prime Ticket. www.nba.com/clippers

Carmel Mountain Tadpole & Fairy Shrimp Hike, Sun, Mar 17, 4-6pm. Free. Join anthropologist on hike to look for, learn about fairy shrimp, tree frog tadpoles, spadefoot toad tadpoles — short term inhabitants of rain pools and road puddles that form during "wetting" phase of vernal pool cycle. Carmel Mtn trailhead, 4730 Fairport Way.

Teen Night at Poway Center for the Performing Arts, Sun, Mar 17, 5-9pm. www.poway.org

Walk With Nature, Sun, Mar 17, 12:30-2:30pm. Free. Join outdoor educator on easy, slow-paced interpretive nature walk along Dixon Lake's Chaparral Nature Trail. 1.5-2 hours, on 2mi-easy, mostly flat terrain. Meet: Daley Ranch La Honda parking lot by water fountain. Rain cancels. Dixon Lake, 1700 North La Honda Drive, Escondido.

TASTE California: Wine Tasting by Family Winemakers of California at Del Mar Fairgrounds, Sun, Mar 17, noon. www.familywinemakers.org/taste

Mexico vs Chile. Fri, Mar 22. Tix start \$39. Come see the Mexican National Team play Chile. SDCCU Stadium, 9449 Friars Rd, Mission Valley. www.mextour.org/events/mextour-sandiego

The Flower Fields. Thru May 12. \$9-\$18. Nearly 50 acres of Giant Tecolote Ranunculus bloom for 6-8 weeks each year. The Flower Fields of Carlsbad, 5704 Paseo del Norte, Cbad. theflowerfields.com/

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Mar 16	Shamrock Stampede at Marine Corps Air Station
Apr 27	Heartbreak Ridge Run
Jul 19	Tails 'n Trails PacViews
Jul 30	Sunset Run and Stroller Challenge
Aug 21	Teufel Hunden Toughman Competition
Sep 20	Tails 'n Trails Las Flores Ranch
Oct 5	Buffalo Alley Run
Oct 25	Trick or Treat Trail
Dec 15	Semper Fit-mas Santa Run

RACE/EVENTS OPEN TO ACTIVE DUTY ONLY

May 1	CG Cup Oscar Mike Hill Challenge
Jun 7	CG Cup Mud Run Team Challenge
Aug 7	CG Cup Water Warrior Relay Challenge
Aug 21	CG Cup Teufel Hunden Toughman Competition

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Fun with MWR

The Navy's 33rd Bay Bridge Run/Walk Sun, May 19, 8am. Participate in the Navy's 33rd Bay Bridge Run/Walk. Your only chance to walk across the Coronado Bridge! Register at www.navybaybridgerun.com

Prime Rib Lunch Special Tue, March 19, 11am-1pm, \$16. Enjoy terrific food with a great, social atmosphere! Reserve your table today! Call 619-487-0016. Don't forget...Admiral Baker is open to the public! Admiral Baker River's Edge Café, Mission Gorge.

Navy's Got Talent Show Fri, March 22, Auditions Noon-8pm. Sat, March 23, LIVE Show 6-9pm. Variety of categories; 2 divisions: adult (18 yrs+) and child (17/under) at NavBase Coronado's competition. Register early for space in Friday auditions. Cash prize for 1-2-3 place adult division; prizes for child divisions in Saturday's LIVE show. Sound check attendance req. for show participation. NASNI, Lowry Theater, Bldg. 650. Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Farm Day. Sat, March 23, 2-4pm, Free. Farm animals visit Admiral Baker! Get up close and personal, and see which animals like to be petted the most. Admiral Baker Picnic Grounds. Presented by Edens Realty Team. Register: navylifsw.com/sdcr, Info: 619-556-9597

Wild Willow Farm Visit Sun, March 24, 10am-Noon, \$12. Here's your chance to get an up-close and personal tour of a working farm, right here in San Diego! The tour includes a walk through a sensory garden, a visit to the goats and chickens, exploration of the compost

pile, and a stroll through the end product...vegetable beds and orchard. Meet at 2225 Hollister St, San Diego, 92154. Register: www.navylifsw.com/sdcr, Info: 619-556-9597

Academy of Circus Arts Sun, March 24, 1-3pm, \$22.50 (8 yrs.+)
Try out your circus skills in handstands, ball balancing, aerial, juggling, unicycle, and more with trained staff! Adults and children welcome to see what the circus has to offer. Meet at 1279 Weaver St, San Diego, 92114. Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Black Canyon Canoe Trip Thur-Sun, March 28-31, 1pm, \$90 MWR patron/\$80 Liberty (18 yrs.+)
The Colorado River has much beauty to explore and experience: hot springs, gorgeous canyon walls and those majestic waters (perfect for paddling). This trip includes transportation, seven meals, and camping/paddling equipment. Must register by March 22. NBPL, Main Base, Community Recreation Center, Bldg. 546. Register: www.navylifsw.com/sdcr, Info: 619-553-9138

Comedy Night Friday, March 29, 7pm (Doors open at 6:30pm), FREE (18 yrs.+)
Laugh the night away with top local talent from the SD/LA Comedy Circuit. Add an appetizer bar for only \$10 to make the show complete. Beverages also available for purchase at no-host bar. Ensure yourself a seat, register online, print your ticket and pre-purchased appetizer voucher! NASNI, Sea 'N Air 19th Hole Clubhouse. Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Woof Walk Sat, March 30, 9-11am, FREE. Join MWR's walk on base that's going to the dogs! It's fun for the whole family. You choose the course length to walk, 1 or 2 miles! Admiral Prout Picnic Grounds, NBSD, Bldg. 3417. Register today! Info: 619-556-9509

Book Now for Easter & Mother's Day Brunches Enjoy special time with loved ones, and leave the cooking to us! Easter Brunch ~ Sunday, April 21. Mother's Day Brunch ~ Sunday, May 12. \$35 pp (per event). Call for your reservation today! We offer 3 beautiful and convenient locations: • Admiral Baker Rivers Edge, Mission Gorge, 619-487-0016. • Island Club, Naval Air Station North Island, 619-545-9199. • Admiral Kidd Catering & Conference Center, Naval Base Point Loma, Harbor Drive Annex, 619-524-6287

GOLF

Demo Day. Saturdays, 10am-2pm. Head over to Admiral Baker & Sea 'N Air Golf Courses to try the latest drivers, fairway metals, hybrids and irons. Get fitted by one of our certified fitters/PGA staff. For more information call 619-487-0090 or 619-545-9659.

Junior Golf Clinics. Every Wednesday, 3:30-4:30pm and Saturday, 10-11 am • \$20. Kid's 6-17 years, learn fundamentals, etiquette and golf rules in fun, friendly environment. For details contact the Sea 'N Air Golf Course-619-545-9659 or Admiral Baker Golf Course-619-487-0090.

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Concerts

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

March

Masters of Hawaiian Music. Fri, March 15, 7:30pm. Acoustic/world. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

Banda MS. Fri, March 15, 7:30pm. Latin. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Aro Guthrie. Sat, March 16, 8pm. Folk/rock. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Chris Tomlin. Sat, March 16, 7pm. Gospel. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Randy Rainbow. Sat, March 16, 7pm. Comedy/music/pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Dream Theater. Wed, March 20, 7:30pm. Rock. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Ringo Starr and his All Starr Band. Thurs, March 21, 7:30pm. Rock. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.

Motown With A Twist. Sun, March 24, 2pm. Funk/pop. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Blues Brothers Revue. Sun, March 24, 6pm. Blues. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Earth, Wind & Fire. Sun, March 24, 7:30pm. Funk/pop. Pechanga Resort & Casino, 45000 Pechanga Pkwy, Temecula. (951) 693-1819.

Roberto Carlos. Sun, March 24, 8pm. Latin. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

Michael Buble. Sun, March 31, 7:30pm. Pop. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd, San Diego. (619) 224-4171.

Dustin Lynch. Sun, March 31, 7:30pm. Country. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.

April

Massive Attack: Mezzanine XXI. Tues, April 2, 8pm. Rock. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.



Earth, Wind & Fire
Sun, March 24, 7:30pm • Pechanga Resort & Casino

Kansas. Thurs, April 4, 8pm. Rock. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

MercyMe and Crowder. Sat, April 6, 2019, 7:30pm. Rock. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Steven Curtis Chapman. Thur, April 11, 7:30pm. Gospel. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Kenny Wayne Shepherd and the Beth Hart Band. Fri, April 12, 7:30pm. Blues/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

One Night in Memphis. Sat, April 13, 8pm. Covers. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Los Angeles Azules. Sun, April 14, 7:30pm. Latin. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

Joe Rogan. Sat, April 20, 7:30pm. Comedy. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Raffi. Sat, April 27, 1pm. Kids music/pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

The Kingston Trio. Sun, April 28, 3pm. Folk. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

May

Capitol Steps. Fri, May 3, 8pm. Comedy. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Colin Hay. Fri, May 3, 7:30pm. Pop/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

Violent Femmes and X. Sun, May 5, 7:30pm. Punk/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

Lila Downs. Sat, May 11, 7pm. Latin/pop. California Center for the Arts, Escondido, 340 N. Es-

condido Blvd., Escondido. (760) 839-4438.

Trevor Noah. Sat, May 11, 8pm. Comedy. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Tedeschi Trucks Band. Sun, May 12, 7:30pm. Country/rock. San Diego Civic Theatre, 1100 Third Ave, San Diego. (619) 570-1100.

Sebastian Maniscalco. Thur, May 16, 8pm. Fri, May 17, 7pm. Comedy. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

Eric Church. Fri-Sat, May 17-18, 8pm. Staples Center, 1111 S. Figueroa St., Los Angeles, 90015. staplescenter.com

Keb'Mo'. Sat, May 18, 8pm. Acoustic/blues. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

Gary Clark Jr. Wed, May 22, 7:30pm. Blues/rock. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.

New Kids On The Block. Thurs, May 23, 7:30pm. Pop. Viejas Arena at SDSU, 5500 Can-

yon Crest Dr., San Diego, CA. (619) 594-6947.

Wisn & Yandel. Fri, May 24, 7pm. Latin. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Kidz Bop. Fri, May 31, 7pm. Pop. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

Justin Moore. Fri, May 31, 7pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

June

Brad Paisley. Sat, June 1, 7:30pm. Country. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Jim Gaffigan. Sat, June 1, 7:30pm. Comedy. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Father John Misty and Jason Isbell & the 400 Unit. Thur, June 6, 8pm. Rock. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

The Fab Four. Thur, June 6, 7pm. Covers. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Hillsong United. Fri, June 7, 7:30pm. Acoustic/gospel. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

Jeff Dunham. Fri, June 7, 7:30pm. Comedy. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Bad Company. Sat, June 8, 7:30pm. Rock. Starlight Theater, Pala Casino, 11154 CA-76, Pala, CA 92059. (877) 946-7252.

Jennifer Lopez. Mon, June 10, 7:30pm. Pop. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd, San Diego. (619)

224-4171.

Johnnyswim. Wed, June 12, 7:30pm. Pop/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

Toby Keith. Fri, June 14, 7:30pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Train and the Goo Goo Dolls. Fri, June 14, 7:30pm. Alt/rock. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Flotsam and Jetsam. Fri, June 14, 7pm. Rock. 21+. Brick by Brick, 1130 Buenos Ave, San Diego. (619) 276-3990.

Rebellion and Protoje. Sat, June 15, 7:30pm. Regga/ska/rock. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Smokey Robinson. Sat, June 15, 7:30pm. Pop. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Mariachi Sol de México. Sun, June 16, 6pm. Latin. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Impractical Jokers. Thur, June 20, 7:30pm. Comedy. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Hootie & the Blowfish and Barenaked Ladies. Fri, June 21, 7:30pm. Pop. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Paul McCartney. Sat, June 22, 7:30pm. Rock. Petco Park, 100 Park Blvd, San Diego, 92101. (619) 795-5000.

Gospel Festival featuring The Clark Sisters. Sat, June 22, 7pm. Gospel. Del Mar Fairgrounds, 2260 Jimmy Durante

Blvd, Del Mar. (858) 755-1161.
Santana and the Doo-bie Brothers. Sun, June 23, 7:30pm. Latin/rock. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.

Grupo Intocable. Sun, June 23, 7:30pm. Latin. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Cohed & Cambria and Mastodon. Wed, June 26, 7:30pm. Rock. Petco Park, 100 Park Blvd, San Diego, 92101. (619) 795-5000.

Killer Queen. Thur, June 27, 8pm. Covers. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

Lost Monarchs. Fri, June 28, 4pm. Rock. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

July

Trace Adkins. Tues, July 2, 7:30pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Brad Upton. Thur, July 4, 7:30pm. Comedy. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

Shawn Mendes: The Tour. Fri, July 5, 7:30pm. Pop. Staples Center, 1111 S. Figueroa St., Los Angeles, 90015. staplescenter.com

Ian Anderson: Jethro Tull 50th Anniversary Tour. Sun, July 7, 8pm. Rock. San Diego Civic Theatre, 1100 Third Ave, San Diego. (619) 570-1100.

Shawn Mendes. Mon, July 8, 7:30pm. Pop. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd, San Diego. (619) 224-4171.

Jon Bellion. Wed, July 10, 7:30pm. Pop. SDSU Open Air Theatre, 5500 Campanile Dr., San Diego. (619) 594-6947.

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