

AutoMatters & More

This week with Jan Wagner ... enjoy your car more with club runs.



See page 9

Base Movie Schedule

SHAZAM! (ADVANCE SCREENING), What Men Want, Alita: Battle Angel, Isn't It Romantic.



See page 10

Your base offers adventure

MWR offerings. What do you like to do? Golf, swim, bowl, take trips to fun places? Try something new.

See page 11

Navy Marine Corps Coast Guard Army Air Force

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FIFTY EIGHTH YEAR NO. 43 THURSDAY, MARCH 28, 2019

April: What month is it?

- Adopt A Ferret Month
- Adopt A Greyhound Month
- Atlanta Food & Wine Month
- Arab American Heritage Month
- ASPCA Month
- Alcohol Awareness Month
- Amateur Radio Month
- Autism Acceptance Month
- Autism Awareness Month
- Black Women's History Month
- Cancer Control Month
- Car Care Month
- Celebrate Diversity Month
- Child Abuse Prevention Month
- Int'l Cesarean Awareness Month
- Community Spirit Days
- Confederate History Month
- Congenital Diaphragmatic Hernia Awareness Month
- Couple Appreciation Month
- Defeat Diabetes Month
- Distracted Driving Awareness
- Emotional Overeating Awareness
- Fair Housing Month
- Financial Literacy Month
- Fresh Florida Tomatoes Month
- Frog Month
- Genocide and Human Rights Awareness Month
- Global Astronomy Month
- Global Child Nutrition Month
- Grange Month
- Holy Humor Month
- Honor Society Awareness Month
- Informed Women Month
- Int'l Customer Loyalty Month
- Int'l Guitar Month
- Int'l Twit Award Month
- IBS (Irritable Bowel Syndrome) Mo.
- Jazz Appreciation Month
- Keep America Beautiful
- Library Snapshot Month
- Math & Statistics Awareness Mo.
- Month of the Military Child
- Month of the Young Child
- Move More In April
- Nat'l African American Women's Fitness Month
- Nat'l Autism Awareness Month
- Nat'l Cancer Control Month
- Nat'l Child Abuse Prevention
- Nat'l Card and Letter Writing
- Nat'l Decorating Month
- Nat'l DNA & Genomics & Stem Cell Education & Awareness Month
- Nat'l Donate Life Month
- Nat'l Facial Protection Month
- Nat'l Grilled Cheese Sandwich Mo.
- Nat'l Garden Month
- Nat'l Heartworm Awareness Mo.
- Nat'l Humor Month
- Nat'l Kite Month
- Nat'l Knuckles Down Month
- Nat'l Landscape Architecture Mo.
- Nat'l Lawn Care Month
- Nat'l Licorice Month
- Nat'l Minority Health Month
- Nat'l Multiple Birth Awareness Mo.
- Nat'l Occupational Therapy Month
- Nat'l Parkinson's Awareness Mo.
- Nat'l Pecan Month

More next week!

Celebrate Spring at The Flower Fields

Every year Southern California welcomes in the spring season with a very special attraction -- The Flower Fields at Carlsbad Ranch. Featuring over 50 acres, the ocean-view hillside is transformed into a dazzling rainbow of Giant Tecolote Ranunculus.



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April 5 - Sunset Wine & Music
April 6-7 - Arts & Crafts
April 14 - Canon Photography Workshop
April 21 - Easter Sunrise Service
April 28 - Music by Vulcan Mtn Boys
May 12 - Mothers Day Celebration
visit www.theflowerfields.com

The nearly fifty acres of Giant Tecolote Ranunculus flowers that make up The Flower Fields at Carlsbad Ranch® in Carlsbad, California, are in bloom for approximately six to eight weeks each year – from early March through early May – literally bringing the famous fields back to life. This annual burst of color, which has become part of the area's local heritage, also is one of nature's official ways of announcing the arrival of spring here in Southern California.

The Flower Fields will be open through May 12, 2019. 9am-6pm daily.

Adults \$18. Seniors 60+ \$16. Children 3-10 \$9.

The Flower Fields are an alcohol and tobacco-free environment, smoking and alcoholic beverages are not permitted onsite. No Pets, Bicycles, hoverboards or drones are permitted. For information, call (760) 431-0352 or visit www.theflowerfields.com.



Bolivar takes helm at Navy Region Southwest

SAN DIEGO - Relocating from Florida to California, Rear Adm. Bette Bolivar took command of Navy Region Southwest from Rear Adm. Yancy Lindsey last Friday at NAS North Island

Bolivar reports to San Diego from Jacksonville, Fla., where she



Rear Adm Bette Bolivar

served as Commander, Navy Region Southeast. This will be her first San Diego assignment.

At sea, Bolivar began her career as a Navy diver and served in various leadership positions aboard rescue and salvage ships USS Reclaimer, USS Grasp, USS Grapple and USS Recovery, culminating with the post of commanding officer of USS Salvor. In Afghanistan, she led a team using

electronic warfare techniques to detect and destroy improvised explosive devices.

CNIC works to build more ready, resilient Navy families

by Tim McGough

Commander, Navy Installations Command, is making strides to help forge Navy families into being more ready and resilient than ever before.

As the central advocate for Navy families, CNIC is committed to fulfilling requirements laid out by the CNO's Navy Family Framework, which describes the role Navy families play in mission success, the responsibilities that the Navy has for families, and outlines organizational goals to enhance the mutual support between the Navy and its families.

"When the Navy family's needs are taken care of, the Sailor can focus on the mission," said Shauna Turner, director of CNIC's Navy Family Support Program. "The Family Support Program portfolio collectively provide programs that ensure Sailors and families are mission ready and resilient, which increases the deployability, assignability and lethality of the force."

One of the first steps CNIC's Fleet and Family Support Program has taken in response to the priorities outlined by the CNO is a spouse engagement study, which asked for feedback from Navy spouses and leadership and CNIC headquarters staff regarding programs and services administered through Fleet and Family Support Centers at Navy installations.

"We conducted an online survey, held face-to-face focus groups, and finally we completed our study with focus groups," said Turner. "This study gave us the insight on what we needed to do to improve our program and to better inform our Navy families."

As a result of feedback received through the study and in response to the CNO's Navy Family Framework, CNIC also established a governance board with other Navy commands and non-federal agencies to seek out opportunities for program improvements.

Three sub-working groups were established within the board to focus on the key issues identified from the spouse study - awareness, perception, accessibility, and training.

"Many Navy spouses as well as commands who are aware of our programs and services view them as primarily reactive, rather than proactive," said Turner.

April is Sexual Assault Awareness and Prevention Month

The Fleet and Family Support Center, along with the Navy worldwide, strives to raise awareness about sexual assault through advocacy and prevention.

Fleet and Family Support programs encourage education through discussion and training by our Sexual Assault Response (SAPR) team. The SAPR Victim Advocate (VA) mandatory training provides command-appointed VAs with the necessary information to support, inform, and empower victims. Prior to attending this training, all SAPR VA candidates must successfully complete a screening interview. Space is limited, so don't wait to register. Please contact your command SARC for the next available training.

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

Sexual Assault Awareness
& Prevention Month
SAAPM

Speed of delivering technology to the fleet highlights Seaport Industry Day

by Elisha Gamboa

SAN DIEGO - Space and Naval Warfare Systems Command (SPAWAR) leaders and contracting experts participated in the National Defense Industry Association (NDIA) Seaport Next Generation Industry Day, engaging with more than 300 industry representatives March 20 at the Handlery Hotel here.

SeaPort NxG is an indefinite-delivery, indefinite-quantity (IDIQ), multiple-award contract vehicle providing a wide range of engineering and program management support services and solutions for DoD activities. It allows users to provide support in 23 functional areas to all Navy systems commands as well as Military Sealift Command, Strategic Systems Programs, Office of Naval Research and the Marine Corps.

SPAWAR Executive Director Pat Sullivan kicked off the event, emphasizing the importance of government and industry working together in today's increasingly competitive environment to efficiently and effectively deliver warfighting technologies now and into the future.

"Today we find ourselves in an era of great power competi-



Nancy Gunderson participates in the National Defense Industry Association Seaport Next Generation (NxG) Industry Day, engaging with more than 300 industry representa. Navy photo

tion, and now more than ever, we are looking to industry to help us increase the speed in which we get advanced capabilities into the hands of our warfighters," said Sullivan. "Seaport focuses on streamlining processes, allowing us to innovate and adapt technology faster than our adversaries, so that we can fight and win today and in the coming decades."

SPAWAR Director of Contracts Nancy Gunderson and Naval Information Warfare Center Pacific Contracts Sup-

port Branch Head Lee Anderson briefed industry attendees on the inner workings of SPAWAR's contracts department and updated them on SeaPort contracting actions across the SPAWAR claimency.

"This industry day is an excellent example of the benefits that constructive and open dialogue can have on government and industry partnerships," said Gunderson.

Gunderson and Anderson also stressed the value industry part-

ners bring to SPAWAR, and the integral support they provide in achieving the command's information warfare mission.

"It's important to engage with industry frequently in order to cultivate a mutually beneficial relationship," said Anderson.

SPAWAR hosted a Seaport NxG government only session at its headquarters facility where Seaport subject matter experts provided details on the mechanics of the system, concluding with an open discussion where government personnel asked questions and provided feedback on SeaPort NxG.

SPAWAR identifies, develops, delivers and sustains information warfighting capabilities supporting naval, joint, coalition and other national missions.

SPAWAR consists of more than 10,000 active duty military and civil service professionals located around the world and close to the fleet to keep SPAWAR at the forefront of research, engineering and acquisition to provide and sustain information warfare capabilities to the fleet.

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Contract awarded for multi-year procurement of F/A-18 E/F Super Hornet strike fighter

PATUXENT RIVER, Md. - The Navy has awarded The Boeing Co. a contract for the procurement of 78 F/A-18 E/F Super Hornet aircraft; a multi-year procurement (MYP) of 72 between fiscal years 2019-2021, and six from fiscal year 2018.

Navy officials estimate this multi-year model saves a minimum of \$395 million on this contract valued at approximately \$4 billion.

"This multi-year purchase is a great illustration of employing team effort to drive out cost and maximize efficiency in government procurement," said Rear Adm. Shane Gahagan, Program Executive Officer for Tactical Aircraft Programs. "This acquisition strategy secures cost savings to the Navy, and the contract provisions limit Navy liability while incentivizing the cost to the contractor."

"The program office was able to achieve significant savings while equipping our warfighters with the best capability on an accelerated timeline," Gahagan said. "This is how we keep pace with our adversaries."

There will also be opportunities in fiscal 2020 and fiscal 2021 to procure six more aircraft at the same reduced prices as those in MYP, via a variation in quantity. The Fixed Price Incentive (Firm Target) (FPIT) contract limits the Navy's liability and incentivizes the cost of production for industry. Under this contract, the Navy and its industry partners have agreed to share any monetary overrun or underrun once the production is completed.

Boeing's F/A-18E/F Block III Super Hornet is the next step in the aircraft's evolution. Equipped with an advanced cockpit system, advanced network infrastructure, reduced radar cross-section, conformal fuel tanks, and a 10,000-flight hour life span. It is the most lethal, interoperable, and sustainable Super Hornet model to date.

Dunford presents Legion of Merit to Japanese counterpart

by Jim Garamone

FORT MYER, Va. - Defense Department officials celebrated the U.S.-Japanese alliance here March 21 as the chairman of the Joint Chiefs of Staff presented the Legion of Merit to his Japanese counterpart during a full-honor arrival ceremony.

Gen. Joe Dunford presented Japanese Maritime Self-Defense Force Adm. Katsutoshi Kawano, Japan's chief of staff, with the highest military award the United States presents to foreign military officials.

Kawano steps down as the highest-ranking member of the Japan Self-Defense Force next month. He was honored "for his far-reaching vision, dynamic leadership and uncommon ability to transcend cultural and operational barriers" to make the U.S.-Japanese alliance stronger.

Under Kawano's watch, bilateral exercises between Japan and the U.S. military increased and the bonds between the two

allies grew stronger. His work to make the Japan Self-Defense Force far more capable contributed directly to increased stability in the Far East.

At a short news conference after the ceremony, Kawano thanked Dunford for the award. "Gen. Dunford and I have been working together closely on the security environment and I think the U.S.-Japan alliance will develop further in the future as well," the admiral said through a translator.

"The self-defense force and U.S. forces have been united together and we have been closely working together," he continued. "I think that this Japan and U.S. alliance will develop and promote in the near future as well. So, I would like [Americans] to know that the strong bond between the two countries will be stable."

Dunford said the award is America's way of saying thanks to Kawano for what he has done to advance the bilateral relationship. "He and I have worked

together since 2015," he said.

The two leaders speak together often and Dunford noted that, particularly when there was an active missile program in North Korea, "we spoke probably every two or three days."

The recognition is a reflection of Kawano's leadership and the contributions he has made in the deterrence and warfighting capabilities of the two nations, "but more importantly, the friendship

that he has demonstrated to the United States."

Dunford said the Japanese admiral has many friends in the United States and is a trusted partner. "His vision for the Japanese self-defense forces has brought Japan and the United States even closer together, and more importantly, his calm and very confident leadership in the region, has helped us maintain a degree of stability during a very, very turbulent time," he said.

Armed Forces Dispatch (619) 280-2985

Published by Western States Weeklies, Inc. 2604 B-280 El Camino Real, Carlsbad, CA 92008 E-mail: editor@navydispatch.com

Publisher.....Sarah Hagerty

The Dispatch is published weekly on Thursdays, by Western States Weeklies, Inc., as a commercial, free-enterprise newspaper. It does not necessarily reflect the opinion of the Department of the Navy and is in no way associated with the Department of the Navy. The editorial objective of the Dispatch, however, is to promote support for a strong military presence. The opinions and views of writers whose materials appear herein are those of the writers and not the publishers. Appearance of advertising does not constitute endorsement by the Dispatch or Western States Weeklies, Inc. Consumers should make informed decisions when purchasing products and services, and when considering business opportunities, and research before investing. Subscription by mail is \$65 per year to CONUS or FPO address.

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Berger nominated as next commandant of the Marine Corps

WASHINGTON, D.C. - President Donald J. Trump has nominated Lt. Gen. David H. Berger to serve as the 38th commandant of the Marine Corps, Acting Secretary of Defense Patrick Shanahan announced March 27. This appointment is pending Senate confirmation.



In this Aug. 8, 2018 file photo, Commandant of the Marine Corps Gen. Robert Neller, left, speaks to Lt. Gen. David Berger. Marine Corps photo

Berger is currently serving as Commanding General of Marine Corps Combat Development Command and Deputy Commandant for Combat Development and Integration.

If confirmed Berger will relieve Gen. Robert B. Neller, who will retire following his relief and appointment ceremony after 44 years of service.

Since his commissioning in 1981, Berger has served in multiple prestigious assignments including Director of Operations for the Department of Plans, Policies, and Operations, Headquarters, Marine Corps; Commanding General, 1st Marine Division (Forward) in support of Operation Enduring Freedom; Commanding General, I Marine Expeditionary Force; Commander, Marine Corps Forces, Pacific. He currently serves as the Commanding General, Marine Corps Combat Development Command, and the Deputy Commandant for Combat Development and Integration, Headquarters, Marine Corps.

Pentagon official: U.S., partners must lead in 5G technology development

by C. Todd Lopez
WASHINGTON - The next advancement in cellular technology, 5G, is expected to be so fast that it's able to surpass the speed of wired internet now provided by cable companies.

Current 4G technology provides download speeds of about 1 gigabit per second. With 5G technology, download speeds are expected to increase to 20 gigabits per second, said Ellen M. Lord, the undersecretary of defense for acquisition and sustainment.

Lord spoke March 25 at the Atlantic Council here to discuss the Defense Department's efforts to advance 5G technology in the United States and to ensure that when 5G does make its debut,

it's secure enough to transmit information between U.S. military personnel and its allies without being intercepted by potential adversaries.

That means the U.S. and its allies will need to take the lead in developing this next generation of telecommunications technology, she said.

"When we talk about 5G, everything is going to be moving over it, eventually," Lord said. "What we need to do is make sure how that information is moving, and how you can get at it, and how you can keep it secure."

Lord likened development of the 5G infrastructure and technology to that of a new home. She said new home owners

certainly would want to know that whoever built their home, wired it for electricity, installed the communications systems, or installed the doors and windows hadn't also built in a way for them to sneak back into that house undetected after the new owners had moved in.

"That's where we are with 5G," Lord said. "If we're going to run our entire warfighting ecosystem through communications - which is where we are today - we need to make sure that when we send a critical message that others aren't hearing it. We need to be able to test that."

On the modern battlefield, and on the battlefield of the foreseeable future, communications is going to play a critical role, Lord

said. Information must flow between mounted and dismounted soldiers, from ships at sea and from those under the sea, as well as to space and aircraft.

"In order to get relevant situational understanding, we are trading information back and forth all the time," she said. "What will happen is, if we do not embrace 5G, and we are just getting going in 4G in a lot of areas, we are going to have a latency or a delay in those conversations that could render everything we have as ineffective."

Read this story in its entirety at <https://dod.defense.gov/News/Article/Article/1796437/pentagon-official-us-partners-must-lead-in-5g-technology-development/>.

Coast Guard commissions new cutter named after California native

SAN PEDRO, Calif. - Coast Guard Cutter *Terrell Horne* (WPC-1131), a California-based 154-foot Fast Response Cutter (FRC), was commissioned in San Pedro March 22.

Terrell Horne is the third FRC to be homeported at Coast Guard Base Los Angeles-Long Beach and will operate throughout the 11th C.G. District, which includes all of California and international waters off Mexico and Central America.

Senior Chief Petty Officer Terrell Horne III was killed by suspected drug smugglers who intentionally rammed the boat he and fellow Coast Guardsmen were aboard during law-enforcement operations near Santa Cruz Island off the Southern California coast in December 2012. Horne pushed one of his shipmates out of the way of the oncoming vessel attack and sustained fatal injuries.

FRCs feature advanced command, control, communications, computers, intelligence, surveillance and reconnaissance equipment as well as over-the-horizon response boat deployment capability and improved habitability for the crew. FRCs are named in honor of Coast Guard enlisted leaders, trailblazers and heroes.

Strategy is 'undisputed driver' in budget request, Shanahan says

by Terri Moon Cronk

WASHINGTON - The National Defense Strategy is the undisputed driver of the president's fiscal year 2020 budget request for the Defense Department, Acting Defense Secretary Patrick Shanahan said March 26 on Capitol Hill.

Shanahan and Gen. Joe Dunford, chairman of the Joint Chiefs of Staff, told the House Armed Services Committee the \$718 billion request for DOD is justified. "The strategy you supported last year is the same strategy we're asking you to fund this year," the secretary told committee members.

The \$718 billion military budget is critical for continuing to execute the strategy and "reflect difficult, but necessary, decisions that align finite resources with our strategic priorities," Shanahan said.

The proposed budget is the largest research, development, testing and evaluation budget in 70 years, the secretary said. It includes double-digit increases to U.S. investments in space and cyber, modernization of the nuclear triad and missile defense capabilities, and the largest shipbuilding request in 20 years, when adjusted for inflation, he said.

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Ask Rusty - Spousal Benefits and Enrolling in Medicare

by Russell Gloor

Dear Rusty: I will be 65 in March. Husband will be 61 in August. If I started collecting Social Security now would I only be able to collect on myself? My husband plans on collecting at 62. Will I be able to collect some of his when he starts collecting at age 62? Also, who can advise me about Medicare? Do I have to apply now? Signed: Needing Advice

Dear Needing: Yes, if you start your Social Security benefits now, you can only collect your own benefits - you can't collect a spousal benefit until your husband starts collecting his benefits. Whether you will get a spousal benefit from your husband's record depends upon whether your own benefit at your full retirement age of 66 is less than 1/2 of your husband's benefit at his full retirement age, or FRA.



If your husband will be 61 in 2019 his full retirement age for Social Security purposes is 66 and 8 months and if he starts his benefit at age 62 it will be 28.3 percent less than it would be at his full retirement age. If you start your benefit at age 65, it will be reduced by 6.7 percent from what you would get at your FRA of 66. Your spousal benefit will be based upon both of your FRA benefit amounts and, if your husband claims his benefit in August 2020 when he is 62, you will have already reached your FRA. So, if 50 percent of your husband's FRA benefit amount is more than your FRA benefit amount you'll get a spousal boost. But since you are taking your own benefit one year earlier than your FRA, the spousal boost will be added to your own reduced benefit amount, which means your total spousal benefit will be slightly less than half of your husband's FRA benefit amount. To summarize: you can't get a spousal benefit until your husband starts collecting his; you will only get a spousal benefit if 50 percent of your husband's benefit at his FRA is more than your FRA benefit amount; and your spousal benefit amount will be slightly less if you claim your own benefit one year earlier than your FRA.

Regarding Medicare, whether you need to apply now depends on your current health insurance. If you have "creditable health insurance" coverage through an employer (either your own employer or your husband's) which will continue after you are 65, you do not need to enroll in Part B or Part D at this time. You should check with the employer's Human Resource department to make sure their coverage will remain first payer now that you are Medicare eligible. If you do not now have creditable coverage you need to enroll in Medicare now. You are still in your initial enrollment period, which begins three months before the month you turn 65 and ends three months after the month you are 65. If you do not apply within this time frame and you don't have other creditable coverage you will be subject to a 10 percent Part B penalty (that never goes away) for each year you delay. If you apply now for your Social Security benefits to start in March, you'll be automatically enrolled in Medicare Part A (hospitalization) and Part B, but you can choose to opt out of Part B (doctors and outpatient services) as part of the application process. However, if you change your mind and decide to wait to claim your Social Security benefits and you do not have other creditable coverage, you should still enroll in Medicare during your initial enrollment period by contacting your local Social Security office or by enrolling online at www.ssa.gov. The current monthly premium for Medicare Part B is \$135.50 for a married couple filing a joint income tax return with a combined income (from all sources) of \$170,000 or less. - Russell Gloor is a Social Security advisor with the Association of Mature American Citizens.

New destroyer to honor Navy, Korean War veteran

WASHINGTON - Future Arleigh Burke-class guided-missile destroyer, DDG 131, will honor Korean War veteran, and Navy Cross Recipient, Aviation Machinist's Mate 3rd Class George M. Neal.



Neal, a native of Springfield, Ohio, served with Helicopter Utility Squadron ONE (HU-1), a Navy helicopter rescue unit embarked from Australian light cruiser HMAS Sydney during the Korean War.

"At significant risk to his personal safety, Petty Officer Neal distinguished himself by volunteering to go into harm's way into North Korea to rescue a fellow service member," said Secretary of the Navy Richard V. Spencer. "He was a hero, and I'm proud his legacy will live on in the future USS George M. Neal (DDG 131)."

Neal was awarded the Navy Cross for his actions on July 3, 1951, when, while serving with Helicopter Utility Squadron ONE, he and pilot Lt. j.g. John Koelsch attempted to rescue Marine Corps Capt. James Wilkins. Wilkins crashed near Yondong in North Korea after his Corsair took antiaircraft fire.

Keolsch and Neal located Wilkins and under increased enemy fire lowered the rescue sling, however the helicopter was soon disabled and crashed. For nine days, Neal assisted Keolsch and Wilkins in evading enemy forces before being captured and held as a Prisoner of War. Keolsch died during captivity but Wilkins and Neal

were released and returned to the United States with more than 320 fellow POWs in 1952. Arleigh Burke-class destroyers conduct a variety of operations from peacetime presence and crisis response to sea control and power projection.

Future USS George M. Neal will be a Flight III destroyer capable of fighting air, surface and subsurface battles simultaneously, and will contain a combination of offensive and defensive weapon systems designed to support maritime warfare, including integrated air and missile defense and vertical launch capabilities.

The ship will be constructed at Huntington Ingalls in Pascagoula, Miss. It will be 509 feet long, have a beam length of 59 feet and be capable of operating at speeds in excess of 30 knots.



MCAS MIRAMAR (March 22, 2019) - Master GySgt. (Ret.) Len Maffioli, an Iwo Jima veteran, poses with Lance Cpl. Vincent King, left, and Lance Cpl. Lucas Harrington, right, Super Hornet mechanics with VMFAT 101, during an Iwo Jima veterans reunion tour here. Marine Corps photo by Sgt. Jake McClung

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Preserving Midway

by MC3 Cosmo Walrath

SAN DIEGO - Sailors assigned to amphibious assault ship *Bonhomme Richard* participated in a community relations (COMREL) event on the USS Midway Museum March 21.

Sailors volunteered their time to preserve the museum by renovating parts of the ship.

"The purpose of this COMREL is to get more engaged with the community," said Religious Program Specialist 2nd Class Luis Castro. "Our commanding officer encourages us to get out there and be more involved and show how much we care about our new home [San Diego]. This COMREL is a little different as we're working to preserve some of our history as Sailors and I think this is a great opportunity to get out to the public."

The USS Midway Museum is a former Navy aircraft carrier that was operational from 1945 until 1992 and now serves as a museum in downtown San Diego.

"Our crew is about 280 paid staff and 800 volunteers," said Daniel Buscemi, a retired Navy Master Chief and the senior ship repair and maintenance supervisor of the USS Midway Museum. "Eight hundred volunteers that make this thing work. I say it's a dead carrier but it's really a live carrier; it's just that its mission has changed. You walk through the hangar bay and your still ducking aircraft and there are people everywhere. If you don't look outside it still has the feel of a functioning carrier."

Bonhomme Richard Sailors like Airman Reese **Midway, page 8**

Aviation Boatswain's Mate (Handling) 1st Class Wei Zhou wipes down a paint locker on the flight deck of the USS Midway Museum. Navy photo by MC3 Cosmo Walrath





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CAMP PENDLETON (March 21, 2019) - Marine Corps Sgt. Troy Yakin, a landing support specialist with 1st Marine Logistics Group, secures a rope to the static hook of a CH-53E Super Stallion helicopter during a sling loading drill here. Sling loading is a heavy lift method used to transport a variety of equipment, vehicles and other assets in an expedient and efficient manner. Photo by Cpl. Dylan Chagnon

SAN CLEMENTE ISLAND (March 16, 2019) - Sailors assigned to Underwater Construction Team 2 (UCT-2) transit in a rigid-hulled inflatable boat after picking up divers conducting a scuba dive off the coast of San Clemente Island as part of Exercise Pacific Blitz 2019. Photo by MC3 Jack D. Aistrup



PACIFIC OCEAN (March 20, 2019) - Amphibious dock landing ship *Harpers Ferry* and guided-missile destroyer *Michael Murphy* transit the Pacific Ocean in front of amphibious assault ship *USS Boxer*. *Harpers Ferry* and *Michael Murphy* underway conducting routine operations as a part of *USS Boxer* Amphibious Ready Group. Navy photo by MC2 Dale M. Hopkins



Photo by Cpl. Gabino Perez

CAMP PENDLETON (March 18, 2019) - Marines and contractors receive "thank you" letters from students at Santa Margarita Elementary School. Students wrote the letters thanking for building a bridge over and repairing a sinkhole in Carnes Road that resulted in the evacuation and temporary closing of the school on Feb. 4.



KETCHIKAN, Alaska (March 24, 2019) - Visitors line up along the pier for a tour of guided-missile destroyer *Zumwalt* here. *Zumwalt* is conducting the port visit as part of its routine underway operations in the eastern Pacific. *Zumwalt*-class destroyers provide the Navy with agile military advantages at sea and with ground forces ashore. Navy photo by MC2 Jonathan Jiang

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USS Zumwalt arrives in Ketchikan, Alaska

by MC2 Natalie M. Byers
KETCHIKAN, Alaska – The lead ship of the Navy's newest class of guided-missile destroyer, USS *Zumwalt* (DDG 1000), arrived here March 23.

"Our crew is excited for this outstanding opportunity to visit Ketchikan," said Capt. Andrew Carlson, *Zumwalt's* commanding officer. "Alaska is a strategic location when it comes to maintaining peace and stability in the Indo-Pacific region, and we value Alaskan communities like Ketchikan for their consistent support of our nation's military."

The visit marks an opportunity for the crew to experience the hospitality of the Alaskan port, as well as showcase the UNavy's newest class of destroyers.

"I speak for *Zumwalt's* entire

crew when I say that we are grateful to the citizens of Ketchikan for the warm welcome; we are excited to get out in town, and we are honored to connect this community with its Navy," Carlson said.

During the scheduled port visit, Carlson will meet with Lew Williams III, mayor of the city of Ketchikan, David Landis, mayor of Ketchikan Gateway Borough, and local tribal communities.

Zumwalt is making the stop in Ketchikan after completing a visit to the Naval Surface Warfare Center, Caderock Division's Southeast Alaska Acoustic Measurement Facility. SEAFAC is part of the Naval Surface Warfare Center community providing engineering expertise and technical assessment for the Navy's operational units.

"The facilities and technical expertise of the SEAFAC and Naval Surface Warfare Center personnel are critical



components for the continued maturation and ultimately the delivery of *Zumwalt* capabilities to the fleet commander," said Carlson. "SEAFAC absolutely has a significant role in the ship's development, as do the Alaskan communities of Ketchikan and Saxman that are simultaneously neighbors and hosts for the U.S. Navy. Our country's global Navy is a success because of local partnerships like this."

The *Zumwalt*-class destroyer is designed and built to execute multiple maritime missions including deterrence and power projection. The ships' stealth and ability to operate in both the open ocean and near-shore environments creates a new level of battlespace complexity for potential adversaries.

Zumwalt is 100 feet longer and 13 feet wider than the Arleigh Burke-class destroyer at 610 feet long, providing the space required to execute a wider array of surface, undersea, and aviation missions.

Zumwalt is under operational control of 3rd Fleet. Third Fleet leads naval forces in the Pacific and provides the realistic, relevant training necessary for an effective global Navy.

See related photo on page 7.



Sailors assigned to *Boxer* recite the Sailor's Creed on mess decks during the ship's Ney Memorial Award inspection. *Boxer* is pier-side in its home-port. photo by MC3 Alexander C. Kubitza

Ney every day: *Boxer* wins Ney Award

PACIFIC OCEAN - "Ney every day." The words are written on plaques adorning each of the main entrances into the mess decks of amphibious assault ship *Boxer*. It's a small message, but a powerful mission statement for the Sailors of the supply department aboard.

Boxer was recently awarded the 2019 Navy Captain Edward F. Ney Memorial Award in the Large Afloat category, for the first time in her 24 years of service.

Cmdr. Phoebe Tamayo, *Boxer's* supply officer, equates winning a Ney award to the supply equivalent of winning the Super Bowl, and recognized the crew for their overwhelming support in making it happen.

"Winning this award, *Boxer* holds the bragging rights as having the best food service operation amongst all large afloat platforms for 2019," said

Tamayo. "The entire crew provided overwhelming support, constructive feedback, and high level of motivation during the Ney inspection. This was a big part as to why *Boxer* won this prestigious award."

What's even less common is that two ships in the same amphibious ready group would receive a Ney award. Amphibious transport dock ship *John P. Murtha* received a Ney award as well for the Small-Medium category.

While the award is a nice gesture for a job well done, *Boxer's* Master Chief Culinary Specialist Jade Metz believes its larger purpose is to encourage high-performance and improve the quality of life for Navy personnel. "The Ney program recognizes excellence in food service," said Metz. "It's one of the biggest ways that leadership within food service can give back to the junior Sailors for all their hard work."

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Midway continued from page 6

cruit Leopoldo Lopez Hernandez, from Houston, Texas, spent time cleaning up some of the more neglected parts of the ship in an effort to keep the museum up to standards.

"It's a piece of our history and we have to preserve it," said Lopez Hernandez. "The same way we preserve our ship to keep us ready, we should try and preserve this one and keep this ship ready for the people who come here to see our history."

"The volunteers, from *Bonhomme Richard* for example, come over and give their time to help us preserve this ship and its mission," said Buscemi. "The volunteers make this place work, without them we could not be successful. The volunteers create the Midway magic that people love about this place. You guys are what help us keep this place clean and functioning and we couldn't function without people like you."

Bonhomme Richard is in its homeport of San Diego.

8 www.armedforcesdispatch.com THURSDAY, MARCH 28, 2019

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Enjoy your car more with club runs



by Jan Wagner

Membership in an active, local car club adds greatly to the enjoyment of a car. Club runs are one of their most popular activities. Likeminded people who drive a particular make or model of car meet to go for a fun drive somewhere.

Over the years I've belonged to several active car clubs, including the San Diego chapters of the Porsche Club of America and the BMW Car Club of America, the Mustang Club of San Diego, and the San Diego Miata Club.

I've owned three Miatas (not all at once) in my lifetime. Then I decided that I wanted something brutally powerful, so I sold my Miata to buy a 2011 Mustang GT. It has a beautiful red leather interior and a 6-speed manual transmission. It was a Pioneer Audio project car. As much as I enjoy its power and space, driving it on public roads requires holding it back. To exercise its big, 412 horsepower V-8, it demands a race track, not public roads. Miatas, with their much smaller engines, can be driven aggressively while remaining within safe, legal speeds. I miss that.

With only about 14,000 miles, my Mustang GT is still like new, but I placed a deposit on another Miata (see AutoMatters & More # 577: Mazda MX-5 Miata 30th Anniversary Edition). I need to sell my

Mustang before that car arrives.

In anticipation of taking delivery of my new Miata, I rejoined the San Diego Miata Club - to go to their well attended club meetings and get back on their email list, to find out about upcoming events.

Even though I've been away for almost ten years, I recognized many familiar faces at my first meeting. They recognized me too, and welcomed me back.

From the club emails I learned about several upcoming club runs. One in particular got my attention. It was to be a run to see the wildflowers bloom in the Anza-Borrego Desert east of San Diego, near the town of Borrego Springs. Due to the unusually frequent rains this past winter, we have a bumper crop of wildflowers in the desert - so much so that they have made the national news several times.

The only problem is, I do not yet have a Miata. I asked the run's organizer if I could participate in the run in my decidedly un-Miata-like, 2012 Toyota Prius Plug-in Hybrid. Ken replied, telling me that "You're welcome to come in an OTM (Other Than Miata) at the back, if you'd like." It was settled. I was going.

To beat the anticipated crowds, we agreed to meet at 6:45 a.m. Waking up to what looked like a beautiful day, I decided to leave my Prius in the garage and fire up the Mustang. The only problem is, it did not have the required full tank of gas.

At our drivers' meeting, directions were distributed and volunteers agreed to be "sweeps." They would follow our group, to shepherd any stragglers back to the route.

Even though my car had a big

power advantage over the Miatas, I could not use much of that power because I needed to maximize my fuel economy. That is not easy to do with a big, thirsty V-8.

Our first stop was at the famous Dudley's Bakery.

When we resumed our journey, the roadways transitioned from what had been relatively straight and flat to a seemingly never-ending series of very short straights followed by low-speed, tight turns on narrow, two-lane mountain roads. My Mustang felt too wide as I followed Miatas and avoided the rocks and vegetation beside me, on our way to the fields of wildflowers.

Once there, we stopped at several places shown on the Borrego Springs Flower Map. Our customary group photo was taken by the head of a large metal sculpture of a serpent. Other nearby sculptures included a Jeep.

After we'd enjoyed the flowers, we caravanned to La Casa del Zorro resort in Borrego Springs, where we had lunch.

After lunch we commenced our drive back to San Diego. My car indicated less than 80 miles to empty, and the distance to our gas station stop (at Harrah's Rincon Casino) would be 55 miles. I went into full fuel-saving mode, actually increasing my remaining driving range by another nine miles. A gas station never looked so good.

To see additional photos, visit www.drivetribe.com, click on the magnifying glass, select "POSTS" and enter "AutoMatters & More #583" in their search bar. Send comments to AutoMatters@gmail.com.

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The Meat & Potatoes of Life



by Lisa Smith Molinari

In 1998, our son, Hayden, was diagnosed with "atypical autism." After recovering from the shock, my husband and I inundated ourselves with information, desperate to provide our three-year-old boy with whatever might help him lead a relatively normal life.

We embarked on a home therapy program called "Floortime," a type of play therapy developed by Dr. Stanley Greenspan, in which the primary caregiver, often a parent, follows the child's lead while opening and closing "circles of communication." The thought was that Floortime helped children who hadn't met necessary milestones for social-emotional growth which affected their ability to relate and communicate.

A few civilian friends I knew with autistic children were paying for Applied Behavior Analysis therapy, which rewards positive behaviors during task oriented sessions conducted 20 to 40 hours per week by trained ABA therapists. Back then, most insurance companies did not cover autism therapies which were considered "experimental" or "not medical in nature." At that time, I didn't know any military families who could afford ABA.

Although I believed that Floortime would be more effective than ABA for Hayden, I also had no choice but to pick the therapy that I could do myself. ABA was done by paid professionals, so it was out of the question. But Hayden's doctor also prescribed physical, occupational and speech therapies, as well as special diets, evaluation by a nutritionist, and regular doctor's appointments. Like other insurance carriers, Tricare didn't recognize autism as a coverable diagnosis, but offered a small financial supplement for certain individual symptoms

Autism awareness: What a difference 2 decades make

that significantly impaired the "activities of daily living" through its Program For Persons With Disabilities, now known as Extended Care Health Option. Hayden's autism profile included a speech disorder and motor planning delays which qualified, so we received a small stipend each month to pay part of the speech and occupational therapy bills.

As for the rest of Hayden's autism symptoms, we were financially on our own. We paid for expensive liquid nutritional supplements since Hayden's sensory imbalances made him reject many food textures and tastes. We paid for expensive mail order flours and consultations with a specialized nutritionist when Hayden's doctor ordered a gluten-free, casein-free diet. (Gluten-free foods were not prevalent like they are today.) After applying the money received from our monthly PFPWD stipend, we paid the thrice-weekly speech and occupational therapy bills. We paid to see a developmental psychiatrist once or twice a year to the tune of \$500 a pop, and a psychologist who trained us in Floortime at \$250 per session.

But like many parents of children with autism spectrum disorder who desperately hoped for progress, we were more than willing to go into debt if we thought it would help our son. And go into debt we did. In a big way.

As a Brookings Institute fellow astutely observed in 2008, "Many military families choose to pay for medically

prescribed autism treatment themselves, to the extent possible, and incur significant debt. This unduly burdens already stressed families, which often have one parent deployed abroad these days."

By age nine, Hayden had made so much progress, his autism diagnosis was downgraded to "regulatory disorder," and although he still struggled with social delays and sensory processing, he no longer needed intensive therapies.

Ironically, at the very same time there was a movement to reform autism insurance coverage in the US. Although Tricare considered ABA therapy to be "educational rather than medically necessary," it began allowing families to use the monthly ECHO supplement to go toward limited ABA costs. Then in 2007, U.S. states began passing laws requiring insurers to cover autism. And finally, in July 2014, Tricare began fully covering ABA and other autism treatments through its Autism Care Demonstration program which will remain in effect through December 2023.

Although Tricare still considers its program to be "experimental," it has been forced to change its policies toward autism significantly. When Hayden needed treatment, autism wasn't recognized as a coverable diagnosis. Two decades later, 48 states have mandated autism coverage.

The system is certainly not perfect, but it's come a long way, baby.



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Midway-Class "3 Sisters" Reunion On May 6-9, 2019, a very special and unique reunion will take place for those veterans who served on any or all of the Midway-Class aircraft carriers - USS Midway, USS Franklin D. Roosevelt, or USS Coral Sea. Three days of tours and activities will be followed by a Grand Banquet on the flight deck of the USS Midway Museum, on Thursday, May 9. Reunion planners have been working with the Public Affairs Office of the Secretary of the Navy, Richard Spencer; and in our communications we feel we have a reasonably good chance that he will accept our invitation to be our honored guest and banquet speaker. If you served on any or all of these mighty aircraft carriers of the 20th century, you and your guests are cordially invited to attend. Register for this reunion at <https://www.af-reg.com/midway2019/>, which gives you several options, including registering online by credit card. Questions? Contact Tim Miller at (619) 942-2554 or email yokohamakid01@gmail.com

USAA helps military families save at the ballpark all season long

Padres opening day 2019 is Thursday, March 28, at home at Petco Park against the San Francisco Giants. The first pitch will be hurled at 1:10pm, a day game. It is the first in a 4-game series, the opening homestand at Petco Park! The San Diego Padres and USAA, the Official Military Appreciation Partner of the Padres, are helping military, veterans and their families enjoy Padres games all season long - at a discounted rate! During "Military Sundays presented by USAA" military, veterans, and their families will receive a 50% ticket discount; the discount is 25% for all other home games.

Upcoming 'Military Sundays' include:
Military Opening Day, March 31
Welcome Home USS Essex, April 21
Air Force and Air National Guard Appreciation Day, May 5
Salute to the Military Spouse, May 19
75th Anniversary of D-Day, June 2
Navy Appreciation Day, June 9
POW/MIA Recognition Day, June 30
Coast Guard Appreciation Day, July 14
Marine Corps Appreciation Day, July 28
Salute to the Military Family, Aug. 11
Military Appreciation Day, Aug. 25
Salute to Veterans, Sept. 8
Army and Navy National Guard Appreciation Day, Sept. 22

The military discounts are available online at padres.com/military through verification by GovX.com and at Petco Park Advance Ticket Windows with proof of active-duty, reserve, veteran, dependent or retired status.

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Lowry Theater - NASNI,
619-545-8479, Bldg. 650

Thursday, March 28
5:50pm Alita: Battle Angel
8:10pm The Prodigy

Friday, March 29
5:50pm Fighting w/My Family
7:50pm Tyler Perry's A Madea Family Funeral

Saturday, March 30
12:50pm How To Train Your Dragon: The Hidden World
5pm SHAZAM! (advance screen)

Sunday, March 31
1pm Train Your Dragon: HW
3pm Alita: Battle Angel
5:20pm Isn't It Romantic

Monday, April 1
5:50pm Fighting w/My Family
8pm Tyler Perry's A Madea Family Funeral

Tuesday, April 2
5:50pm Alita: Battle Angel
8:10pm What Men Want

Wednesday, April 3
6pm Train Your Dragon: HW
8pm Fighting With My Family

Thursday, April 4
6pm Isn't It Romantic
7:50pm The Prodigy

NAB Theater - NAB, Q-Zone
619-437-5487, Bldg. 337

Thursday, March 28
11am Cars 2
5pm Fantastic Beasts: The Crimes of Grindelwald

Friday, March 29
5pm The Mule

Saturday, March 30
2pm Aquaman
5pm Bumblebee

Sunday, March 31
5pm Venom

Monday, April 1
5pm Avengers: Infinity War

Tuesday, April 2
11am Ralph Breaks Internet
5pm The Predator

Wednesday, April 3
5pm The Wood

Thursday, April 4
11am Isle of Dogs
5pm Peppermint

Bob Hope Theater 577-4143
Miramar Blding 2242
* indicates last showing

Thursday, March 28
6:30pm LEGO Movie 2: 2nd Part

Friday, March 29
6:30pm Tyler Perry's A Madea Family Funeral
9pm Happy Death Day 2U

Saturday, March 30
3pm Train Your Dragon: HW
6:30pm Fighting w/My Family
9pm Isn't It Romantic

Sunday, March 31
1pm Alita: Battle Angel
6:30pm The Prodigy

Wednesday, April 3
6:30pm What Men Want

Thursday, April 4
6:30pm The Prodigy

Community Rec Center
- NBPL, Main Base,
619-553-9138, Bldg. 546

Thursday, March 28
5pm Paddington 2

Saturday, March 30
5pm Batman: The Dark Knight

Thursday, April 4
5pm The LEGO Batman Movie

Naval Base Theater - NBSD,
619-556-5568, Bldg. 71

Thursday, March 28
5:50pm Alita: Battle Angel
8:10pm Happy Death Day 2U

Friday, March 29
5:50pm Fighting With My Family
8:10pm Tyler Perry's A Madea Family Funeral

Saturday, March 30
12:50pm How To Train Your Dragon: The Hidden World
3pm Fighting With My Family
5:40pm Tyler Perry's A Madea Family Funeral

Monday, April 1
5:50pm Fighting With My Family
8pm Tyler Perry's A Madea Family Funeral

Tuesday, April 2
5:50pm Happy Death Day 2U
7:50pm Alita: Battle Angel

Wednesday, April 3
5:50pm Tyler Perry's Family Funeral
8pm Isn't It Romantic

Thursday, April 4
5:50pm How To Train Your Dragon: The Hidden World
8pm Tyler Perry's Family Funeral

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Active Duty adults \$7/3D-\$9
Kids (6-12) \$3/3D-\$4
\$5/under free/3D \$1 for glasses
Half price Thursdays admission
and \$1 regular popcorn!

Movies/times subject to change

Thursday, March 28
1/2 price admission
6:30pm Alita: Battle Angel

Friday, March 29
6pm How to Train Your Dragon: The Hidden World
9pm Happy Death Day 2U

Saturday, March 30
1pm How to Train Your Dragon: The Hidden World
4pm Isn't It Romantic
6:30pm Happy Death Day 2U

Sunday, March 31
1pm How to Train Your Dragon: The Hidden World
4pm Happy Death Day 2U
6:30pm The Prodigy

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Around Town

East Village Baseball Opening Day Block Party, Thur-Fri, Mar 28-29. Free. Family friendly event between 6th & 10th. Fan-favorite in welcoming back the "Boys of Summer!" J St between 6th & 10th, downtown SD.

Fishing Tackle & Boat Show. Thur-Sun, March 28-31, noon. 500 booths, hundreds of boats. 200+ outdoor recreation seminars. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd. www.fredhall.com/sandiego/

SD Padres vs. San Francisco Giants at Petco Park, Fri-Sun, Mar 29-31, (Fri 7:10pm; Sat 5:40pm; Sun 1:10pm). www.mlb.com/padres

SD Gulls vs. Bakersfield Condors at Pechanga Arena San Diego, Fri, Mar 29, 7pm. www.sandiegogulls.com

LA Lakers vs. Charlotte Hornets at Staples Center, Fri, Mar 29, 7:30pm. Watch on Spectrum Sportsnet. www.nba.com/lakers

La Jolla Music Society presents Ukulele Orchestra of Great Britain at Balboa Theatre, Fri, Mar 29, 8pm. www.sandiegotheatres.org

Encinitas Half Marathon & 5K @ Moonlight Beach (Sun, Mar 31-7:30am) **Race Expo** (Fri-Sat, Mar 29-30) at Encinitas Community Center. www.encinitashalfmarathon.com

WonderCon at Anaheim Convention Center. Fri-Sun, March 29-31. www.comic-con.org/wca

Cowles Mountain Hike, Ongoing Saturdays thru June 1, 5:30-6:30am. Free. Looking for an adventure? Join us! Group photos will be taken at the summit and water will be provided. Meet at Cowles Mountain Staging Area (corner of Golfcrest Dr & Navajo Rd) at the trail head south of the comfort station. Cowles Mountain, San Carlos.

SD Gulls vs. Stockton Heat at Pechanga Arena San Diego, Sat, Mar 30, 7pm. www.sandiegogulls.com

LA Clippers vs. Cleveland Cavaliers at Staples Center, Sat, Mar 30, 12:30pm. Watch on Fox Sports Prime Ticket. www.nba.com/clippers

Water Lantern Festival, Sat, March 30, 4-9pm. \$1-\$45. Witness the magic of lanterns as they light up the water. Chollas Lake, 6350 College Grove Dr, Oak Park.

7th Annual smART Festival at California Center for the Arts, Escondido, Sat, Mar 30, 10am. www.artcenter.org

Birding Basics Class, Saturdays March 30, April 27, May 25, 1-2:30pm. Free. Learn five simple techniques to identify birds at a glance. Taught by experienced birder and Trail Guide, Winona, Sollock, yalso get tips on field guide use. Bring your field guide if available. Meet in Visitor Center Classroom A. Held on the last Saturday of the month from January 26 through October 26. Mission Trails Regional Park, One Father Junipero Serra Trail, San Carlos.

Reptilian Nation Expo at Del Mar Fairgrounds, Sat-Sun, Mar 30-31, 10am-5pm. www.reptilianationexpo.com

USA Surfing Prime Junior Event at San Onofre State Beach. Sat-Sun, Mar 30-31. www.usasurfing.org

LA Clippers vs. Memphis Grizzlies at Staples Center, Sun, Mar 31, 7:30pm. Watch on Fox Sports Prime Ticket. www.nba.com/clippers

Rolando Street Fair, Sun, March 31, 10am-6pm. Free. One of San Diego's only neighborhood street fairs. 6 bands, local performances, 150+ vendors, beer garden, an interactive kids' area. Rolando Blvd, between El Cajon Blvd and Solita Ave. www.rolandocc.org/street-fair/

San Diego Tour de Cure at Del Mar Fairgrounds, Sun, Mar 31, 8am. www.diabetes.org/sandiegotourdecure

Goodguys 19th Meguiar's Del Mar Nationals, Fri-Sun, April 5-7, 8am. Spectators \$6-\$25. Colorful "Full Throttle Fun" hot rod & custom car automotive themed festival featuring 2,500+ hot rods, customs, classics, street rods, muscle cars & trick trucks through 1987 vintage. Besides acres of gleaming vintage vehicles, see vendor exhibits, indoor car show, swap meet & cars-for-sale area, special "themed" parking

areas on Saturday, Nitro Thunderfest, Goodguys Autocross (to test vehicle agility and performance), model car show, kids fun - PPG Coloring contest, Revell model car kit make 'take sessions, and lots of fun for the entire family! Del Mar Fairgrounds, 2260 Jimmy Durante Blvd.

Theatre
Carmen presented by SD Opera at San Diego Civic Theatre. Sat, Mar 30-Sun, April 7. www.sandiegotheatres.org

'Life After' at The Old Globe Theatre. Fri, thru Thur, April 28. www.theoldglobe.org

'Freaky Friday' pre-professional production by San Diego Musical Theatre at Horton Grand Theatre. Thru Sun, March 31. www.sdmt.org

'Our Town' presented by Patio Youth Theatre at Patio Playhouse. Thru Sun, April 7. www.patioplayhouse.com

Ongoing
The Flower Fields. Thru May 12. \$9-\$18. Nearly 50 acres of Giant Tecolote Ranunculus bloom for 6-8 weeks each year. The Flower Fields of Carlsbad, 5704 Paseo del Norte, Cbad. theflowerfields.com/

Fun & Fitness Hiking Series at Blue Sky Ecological Reserve, thru Jan 28, 9am, every Monday. www.poway.org

Daley Ranch Open House, Open to public 2nd Sunday of every month. 11am-2pm. Free. Approximately 1 mile from the La Honda entry is the Historic Daley Ranch House. Ranger staff/docents provide info and insights into the history of the ranch. Steady rain cancels. Daley Ranch, 3024 La Honda Dr, Escondido.

Baby Time, Ongoing Tuesdays 3-3:30pm, thru Dec 31, 2019. Free. Join us for a program that is perfect for babies and young toddlers: short, fun and interactive. Mission Valley Library, 2123 Fenton Pkwy, Mission Valley, 92108

Fun with MWR

The Navy's 33rd Bay Bridge Run/Walk Sun, May 19, 8am. Participate in the Navy's 33rd Bay Bridge Run/Walk. Your only chance to walk across the Coronado Bridge! Register at www.navybaybridgerun.com

Comedy Night Friday, March 29, 7pm (Doors open at 6:30pm), FREE (18 yrs.+). Laugh the night away with top local talent from the SD/LA Comedy Circuit. Add appetizer bar for \$10 to make the show complete. Beverages also available for purchase at no-host bar. Ensure a seat, register online, print your ticket and pre-purchased appetizer voucher! NASNI, Sea 'N Air 19th Hole Clubhouse. Register: www.navylifsw.com/sdcr, Info: 619-437-3190

Woof Walk Sat, March 30, 9-11am, FREE. Join MWR's walk on base that's going to the dogs! It's fun for the whole family. You choose the course length to walk, 1 or 2 miles! Admiral Prout Picnic Grounds, NBSD, Bldg. 3417. Register today! Info: 619-556-9509

Belmont Park Experience Fri, April 5, 10:15am, \$28. Meet at Belmont Park 3146 Mission Blvd, SD. Enjoy an exclusive behind the scenes visit to Belmont Park! Learn how the rides are designed, maintained, and operated before riding them yourself. Offer includes unlimited ride pass, pizza meal, and Dole whip dessert. Meet at Belmont Park 3146 Mission Blvd, San Diego. Register: www.navylifsw.com/sdcr, Info: 619-556-9597

Seussville by the Sea Sat, April 6, 12-4pm, FREE. Family fun and then some - for all ages! Enjoy an afternoon of crafts, games, face painting, bounce houses and a petting zoo! NBPL, Main Base, Smuggler's Cove Park. Info: 619-553-9138

Cuyamaca Camping Trip Sat, April 6, 3pm-Sun, April 7, 10am, \$30 adults/\$25 kids (3-12 yrs.) Meet at the campground for fun night of camping. We provide your tent, sleeping bag, dinner,

dessert and breakfast! Meet at Paso Picacho Campground, 13652 CA-79, Julian. Register: www.navylifsw.com/sdcr, Info: 619-556-9597

Joshua Tree Climbing and Camping Fri-Sun, April 12-14, 4pm, \$135 MWR patron/\$125 Liberty (18 yrs.+). Weekend camping & climbing in Joshua Tree Nat'l Park. Includes transpo, 4 meals, camping gear, climbing guides. Departs from NBPL, Main Base, Community Rec Center, Bldg. 546. Register: www.navylifsw.com/sdcr, 619-553-9138

Spring Fling, Sat, April 13, 9 am-1 pm, FREE. Join in the fun! Family event includes an egg hunt with 30,000 eggs, Amusement Fun Zone and inflatables, face painters, balloon artists, arts & crafts, resource fair, All-Hands Car Show, petting zoo and Armed Forces Kids Run. Presented by San Diego Zoo & San Diego Zoo Safari Park. NBSD Admiral Prout Fields. Info: 619-284-4054/619-556-7444

LIBERTY Beach Day at Ocean Beach Sun, March 31, 10 am, FREE. A

fun day at the beach with food, water activities, and fishing on the OB Pier! Trip open to junior Sailors, E1-E6, and active duty geo-bachelors, plus a guest 18+.

Q-Zone Liberty, NAB: 619-437-3190
Carlsbad Flower Field Day Sun, March 31, 11 am, \$18 active/\$20 guest. Stroll the fields of thousands of blooming flowers, enjoy live blues music. Trip open to junior Sailors, E1-E6, and active duty geo-bachelors, plus a guest 18+.

VADM Martin Liberty Center, NASNI: 619-545-3331
Big Laguna Trail Hike Sun, April 7, 7:30 am, \$7 Liberty/\$10 guest. Come smell the pine trees and see the wildlife now that spring has sprung. Moderated rated 6+ mile hike. Trip open to junior Sailors, E1-E6, and active duty geo-bachelors, plus a guest 18+.

NBPL Liberty: 619-524-0961 or 619-553-9138

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Lease for **\$315** PER MONTH PLUS TAX 36 MONTHS V6 Automatic



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FRANK HYUNDAI

3150 NATIONAL CITY BLVD.
866.542.8238
www.frankhyundai.com

2019 HYUNDAI ELANTRA SE
NET PRICE **\$12,777**
-\$750 EVENT CASH
-\$1,500 RETAIL BONUS CASH
-\$500 MILITARY INCENTIVE
-\$500 HMF BONUS CASH



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer expires 4/1/19. 6 at this price.

2019 HYUNDAI KONA SEL
PER MONTH PLUS TAX **\$197**



*\$197 per month for 36 months with \$0 Due at Signing. Plus government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge \$0.15 per mile over 10,000 miles per year. Security Deposit Not Required. Subject to Above Average Credit by Hyundai Finance. Offer expires 4/1/19. 2 at this price #200618, 323824.

2019 HYUNDAI SONATA
NET PRICE **\$16,777**
\$23,310 FRANK'S PRICE
-\$4,033 FRANK'S DISCOUNT
-\$2,000 RETAIL BONUS CASH
-\$500 HMF BONUS CASH
-\$500 MILITARY INCENTIVE



All advertised prices exclude government fees and taxes, any finance charges, any dealer document processing charge, any electronic filing charge, and any emission testing charge. \$500 Military Incentive, must be active duty or veteran to qualify. Offer expires 4/1/19. 6 at this price.

FRANK SUBARU

2829 NATIONAL CITY BLVD.
888.207.1891
www.franksubaru.com

2019 SUBARU OUTBACK
LEASE FOR **\$249** PER MONTH PLUS TAX 36 MONTHS



ZERO DOWN!

*1 at this payment, STK# 20647, VIN# K3276942, Model# KDB 01. \$249 plus tax monthly for 36 months with \$0 Due at Signing. \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/31/19.

2019 SUBARU CROSSTREK
LEASE FOR **\$279** PER MONTH PLUS TAX 36 MONTHS



ZERO DOWN!

*1 at this payment, STK# 20571, VIN# K8263983, Model# KRB 03. \$279 plus tax monthly for 36 months with \$0 Due at Signing. \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/31/19.

2019 SUBARU ASCENT
LEASE FOR **\$399** PER MONTH PLUS TAX 36 MONTHS PREMIUM 7-PASSENGER



ZERO DOWN!

*1 at this payment, STK# 20461, VIN# K3437276, Model# KCB 12. \$399 plus tax monthly for 36 months with \$0 Due at Signing. \$0.15 per mile over 10,000 miles per year. \$85 Dealer Document Preparation Charges, any Electronic Filing Fee. Security Deposit Not Required. On Approved Above Average Credit through JP Morgan Chase. Offer Expires 3/31/19.

4-WHEEL ALIGNMENT

\$89⁹⁵ + tax



WAS ~~\$119⁸⁵~~

- Precision computerized wheel alignment
- Adjust caster, camber & toe
- Inspect suspension for wear
- Center steering wheel • Inspect tires

Toyota, Hyundai, or Subaru only. Most models. Must present coupon. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Offer expires 4/30/19.

ATTENTION: ACTIVE DUTY, RETIRED & DEPENDENTS

Frank Motors is now hiring part-time & full time employees. Apply on-line www.FrankToyota.com

Military Special Only

OIL & FILTER CHANGE

\$29⁹⁵ + tax

WAS ~~\$39⁸⁵~~

- Install Genuine Toyota, Hyundai or Subaru oil filter
- Replace engine oil (up to 5 qts conventional oil)
- Top off under the hood fluids
- **FREE** Check & set tire pressure to vehicle specifications
- **FREE** Multipoint inspection
- **FREE** Car Wash
- **FREE** Battery Test

Synthetic, V6 & V8 additional. Toyota, Hyundai, or Subaru only. Please present coupon at time of purchase. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Please present coupon at time of write up. Offer expires 4/30/19.

FRONT BRAKE SPECIAL

FRONT BRAKE SPECIAL
\$50^{OFF}

- ✓ Inspect and Resurface Rotors
- ✓ Inspect Brake Hardware
- ✓ Replace Front Brake Pads

Toyota, Hyundai, or Subaru only. Most models. Must present coupon. Not valid with any other offer or discount. Valid only at Frank Auto Motors locations. Cannot be combined with any other offer or discount and cannot be applied toward previous purchases. Offer expires 4/30/19.

Plus **10% OFF**

Any recommended Services or Repairs. May not be combined with any other special.

WE HONOR OUR MILITARY!!